# N123- Community Mental Health Nursing

2nd Semester AY 24-25 Group Reporting

# **Objective:**

To enhance students' understanding of mental health issues across different population groups, including risk factors, common mental health conditions, interventions, and community-based approaches to care.

#### **Instructions:**

# 1. Group Assignment:

- The class will be divided into 4 groups, each assigned a specific population group. Please see groupings below.
- Population groups:
  - Group 1- Children and Adolescents
  - Group 2- Older Adults
  - Group 3- LGBTQ+ Community
  - Group 4- Persons with Substance Use Disorders

### 2. Research and Preparation:

- Each group will conduct research on their assigned population group, covering:
  - Prevalence and common mental health conditions
  - Risk factors and protective factors
  - Cultural and societal influences on mental health
  - Available community-based interventions and programs
  - Challenges and barriers to mental health care
- Groups must integrate evidence-based resources and policies relevant to the Philippine context.

#### 3. Presentation Format:

- Each group will have 15–20 minutes to present their findings.
- Presentations should be **interactive** and use a mix of methods such as:
  - PowerPoint slides
  - Case studies
  - Short video clips
  - Role-playing or skits
  - Audience participation activities
- A **5-minute Q&A session** will follow each presentation.

#### 4. Discussion and Reflection:

- After all groups have presented, a class-wide discussion will be facilitated to compare the mental health needs of different populations.
- Reflection questions:

- What are the key similarities and differences across population groups?
- How can nurses advocate for equitable mental health care?
- What role do community health programs play in addressing mental health disparities?

### 5. Evaluation Criteria:

- Content (40%) Depth and accuracy of research, relevance to the Philippine context
- Engagement (20%) Creativity and effectiveness of presentation methods
- Critical Analysis (20%) Ability to analyze issues and propose solutions
- Collaboration (10%) Teamwork and coordination among group members
- **Q&A and Discussion (10%)** Ability to respond to questions and engage the audience

# Grouping:

| Group 1: Children and Adolescents  | Group 2: Older Adults   |
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| Ascaragga, Abegail Solomon, Aira Balilo, Aira Marie Gonzales, Aldrix Arago, Allesandra Paningsoro, Anna Roselle Navarette, Sofia | Garay, Audrelyn Bautista, Ayeicza Uy, Christian Guillen, Corinne Rivera, Diana Tagamtam, Gian Carla Villanueva, Uoiea |
| Group 3: LGBTQ+ Community  | Group 4: Persons with Substance Use<br>Disorders  |
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