

Meeting summary for HP 225 Tuesday 3-5 (02/11/2025)

Quick recap

The meeting focused on community-based health programs, discussing their implementation, challenges, and importance in various healthcare contexts. Participants shared experiences and proposals for programs targeting different health issues, emphasizing the need for community involvement, appropriate training, and contextual adaptation. The group also explored the role of medical education in promoting primary healthcare and universal health coverage, highlighting the importance of stakeholder participation in program design and implementation.

Next steps

- Develop a community-based training program rationale addressing specific health needs and involving community participation.
- Incorporate health data and indices in the rationale for the community-based training program.
- Consider multiple determinants and holistic approaches when designing the community-based training program.
- Prepare to present and discuss updated course designs at the next meeting on March 4.
- Adapt the high-risk pregnancy checklist training program for a specific community in Northern Samar.
- Revise the IUD insertion training program to address myths and misconceptions about contraceptive methods.
- Integrate community-based experiences into the pediatric residency program.
- Announce the final date for the face-to-face session.
- Design a community-based training program for public health nurses on utilizing the high-risk pregnancy checklist.
- Develop a curriculum for midwives on educating patients about IUD usage, incorporating role-playing and demonstration techniques.

- Integrate current public health programs into pediatric residency training, emphasizing residents' roles in community children's health.
 - Prepare and research materials for the next meeting.
 - Consider sending an updated version of the program for further review.
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Summary

Community-Based Health Development Program

Nemuel welcomed new members, Jose and Nymia, to the community-based program. The program, which is unique compared to other medical schools, is a community-based Health Development Program. The team plans to schedule a visit to Magdale in a month's time. The program involves going to the field and joining students as they visit the community. The faculty members, including Aimee, rfranola@up.edu.ph, and Christine, discussed their experiences and roles in the program. The program also includes a field health allowance.

Justifying Course Creation and Impact

Nemuel emphasized the importance of justifying the creation of a course, considering its impact on society and labor. He used the example of a Community-Based Health Program, highlighting its relevance to current healthcare developments such as universal healthcare and primary healthcare. Nemuel also discussed the potential of dental public health, using his own experience as a scholarship recipient in Korea for a Master's in Public Health in Community Dentistry. He shared his experience as a technical advisor for a community program in the Philippines, which involved training community health workers. Nemuel also mentioned a research study on the effectiveness of dental health promotion by public school teachers, which showed significant differences in performance between the control and experimental groups.

Contextualizing Training Programs for Health Workers

Nemuel discusses the importance of contextualizing training programs for health workers, particularly in relation to climate change and public health. He emphasizes the need to start with relatable topics, such as observed changes in local health patterns, rather than beginning with abstract concepts. Nemuel shares a personal experience of designing a training program that was too academic for its audience, highlighting the importance of

considering the learners' background and immediate needs when developing educational content.

Expanding Palliative Care Training Program

The discussion focuses on a proposed community-based palliative care training program for residents at a cancer center. Dr. Franola explains that the program aims to educate residents from various specialties about palliative care, not just for cancer cases but also for other chronic illnesses. The group debates expanding the program's scope beyond cancer to include other conditions like chronic kidney disease and post-stroke care. They also discuss the importance of incorporating early detection and prevention strategies, as well as preparing residents for community work. The conversation highlights the need to address late-stage diagnoses and improve community awareness for better health outcomes.

Community Involvement in Healthcare Models

Nemuel discussed the importance of community involvement in health care, emphasizing the need for primary care physicians to return to their communities. He also mentioned the role of radiologists and ultrasound specialists in improving community health profiles. Theodore then presented on the Sayup, Cm, Sarina, model, which involves community-based programs and rotations. He highlighted the benefits of this model, including increased access to health care and improved community health profiles. He also discussed the implementation of primary care and community-oriented primary care in their residency program. The discussion ended with a focus on community-based education and the role of doctors in empowering individuals and communities.

Copper IUD Workshop for Midwives

Mariamids presents a workshop on copper intrauterine device (IUD) insertion for rural health unit midwives. The program aims to improve midwives' knowledge and skills in IUD provision, addressing barriers such as provider bias and lack of confidence. The goal is to decrease maternal mortality and teenage pregnancy rates by increasing the use of long-acting reversible contraception. Nemuel suggests incorporating community-based education and sustainability elements to improve coverage and community ownership. Beatrice shares her experience with teen parent clinics, focusing on sex education and preventive measures for adolescents.

Community-Based Programs and Healthcare Providers

The meeting revolved around the discussion of community-based programs and the role of healthcare providers in promoting health and well-being. The team discussed the importance of addressing myths and misconceptions about reproductive health, particularly among young people. They also discussed the need for a holistic approach to problem-solving, considering multiple determinants. The team also discussed the role of medical education in promoting primary health care and universal health care. They emphasized the need for medical students to understand the complexities of the healthcare system and to demonstrate the ability to utilize community resources. The team also discussed the challenges of implementing community-based programs and the need for a bigger support program.

Community Healthcare Approaches and Challenges

The discussion covers various aspects of community healthcare, including palliative care, preventive care, and community-based medical education. Nemuel shares experiences from different countries, such as the Netherlands' home birth policy and China's one-child policy, to illustrate diverse approaches to healthcare. The conversation also touches on the importance of family involvement in patient care and the challenges of implementing new healthcare programs in conservative communities. Elizabeth notes that all the mentioned individuals have medical school training.

Improving Maternal Health and Training

Elizabeth discussed the challenges faced by public health nurses in identifying high-risk pregnancies and the need for early management to prevent complications. She mentioned the development of a high-risk pregnancy checklist to aid in the identification and referral of patients to the provincial hospital. Elizabeth also highlighted the issue of maternal mortality in their region, which has seen a significant drop during the pandemic. She emphasized the need for training and capacitation of frontline healthcare workers to improve maternal and neonatal outcomes. Nemuel and Aimee participated in the discussion, with Nemuel expressing interest in the implementation of the checklist in a community setting.

Community Participation in Training Programs

The group discusses the importance of community participation in training program design and implementation. Nemuel emphasizes that stakeholders should be involved in decision-making processes to avoid blame for program failures. They plan to meet on March 4 to

continue work on the course, with Elizabeth seeking clarification on the community-based approach. The group also discusses scheduling challenges due to holidays and existing commitments, eventually agreeing to meet face-to-face on March 11. Nemuel encourages participants to start writing and refining their existing programs to incorporate more community involvement.

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