

N-12 Public Health Nursing I

Second Semester, Academic Year 2024-2025 Second Year, Bachelor of Science in Nursing

Course Description

Nursing care of **families and their members** across variant family forms using the concepts and principles from public health nursing, environmental health, and subfields of community health nursing, namely, school health nursing, occupational health nursing, and community mental health nursing. In the context of global and local healthcare systems and socio-economic and cultural realities of society, this course highlights the steps of the **family health nursing process** and the roles of nurses towards **enhancing family competence for better health outcomes**.

Course Credits 5 units (3 units lecture, 0.5 unit laboratory, 1.5 units clinicals)

Prerequisite Courses N-5, N-8, N-9, N-10, N-11, Micro-20, Para-10

Corequisite Course N-13 Maternal and Child Nursing

Course Schedule Monday to Friday (7:00 AM – 12:00 PM)

Course Faculty

Associate Professor Luz Barbara P. Dones, MPH, RN
Assistant Professor Jan Vincent T. Delos Santos, MAEd, RN

• Assistant Professor Jeremiah Carlo V. Alejo, RN, MCD, MD

Assistant Professor Erickson R. Bernardo, MAN, RN

Component

Lecture, Clinicals Lecture, Clinicals Course Coordinator Lecture, Clinicals Clinicals

Course Outcomes

At the end of the course, the students will be able to:

- 1. **Integrate** knowledge from the physical, social, natural, and related health disciplines, and the humanities in *understanding the family* as a unit of society
- 2. Perform safe, quality, holistic and compassionate **care** to *healthy, well, and at-risk members of the family* utilizing the family health nursing process
- 3. **Assess** the health status of the *family and its members* using appropriate family assessment models and tools
- 4. State the **health and nursing problems** of the family

- 5. Rank the health and nursing problems of the family based on a specific scale or criteria
- 6. Develop a family nursing care plan
- 7. **Implement** nursing interventions in the context of *basic public health programs and* services to maintain family wellness and achieve family competence
- 8. **Evaluat**e the effectiveness of family health nursing interventions
- 9. Adhere to **standards and practice guidelines** in the provision of care to the family and its members who are *well*, *at-risk*, *or with mild physiologic alterations and psychosocial concerns*
- 10. Demonstrate beginning skills in **health promotion and disease prevention** towards a *higher level of wellness of the family and its members*
- 11. Adhere to existing **laws**, **policies**, **regulations**, **code** of **ethico-legal** and **moral principles** in the *provision* of *nursing* care to the family and its members
- 12. Demonstrate integrity, respect for human dignity, gender and culture sensitivity, and social justice in the practice of family health nursing
- 13. Communicate effectively with clients emphasizing **shared decision-making** throughout the nurse-family working relationship
- 14. **Document** nursing care, family's response to interventions, and other pertinent information using appropriate forms in a *timely, complete and accurate manner*
- 15. Demonstrate **skills in nurse-family relationship** toward achievement of health goals, client empowerment, and family competence
- 16. Recognize the **role of a nurse** in facilitating and coordinating the delivery of safe, quality care to the family and its members in the home and community setting
- 17. Recognize the importance of **evidence-based practice** in the *provision of care* to the family and its members
- 18. Appreciate the value of **lifelong learning and keeping current** with national and global developments in nursing and health for better care of the family and its members
- 19. Appreciate the significance of being a **caring and competent family health nurse** in *improving health care of Filipino families*

Course Evaluation

Given that Family Health Nursing and Environmental Health are the major concepts of this course, each of these two topics is equivalent to 40% of the theoretical grade. The remaining 20% shall be allocated for the Basic Concepts and Other Settings of Practice.

Criteria	Weight
Lecture (3 units)	
Basic Concepts and Other Settings of	f Practice (20%)
Long Examination	20%
Family Health Nursing (40%)	
Long Examination	20%
Case Study Presentations	10%
Peer Evaluation	10%
Environmental Health (40%)	
Long Examination	20%
Site Visit, Presentation of	10%
Findings, and Application to	
Case	
Peer Evaluation	10%
TOTAL	100%

- The long examination is comprised of 3 units:
 - Basic Concepts and Principles of Public Health Nursing Practice; Subfields of Community Health Nursing
 - Family Health Nursing
 - Environmental Health
- The minimum passing score for each of the 3 units of the long examination is **60%**.
- A student who has a failing mark per unit of the long examination (below 60%) can take a reexamination of the failed unit/s. Passing this (at least 60%) gives the student a score of 60% for the respective previously failed unit/s.
- In case the student receives a failing mark (below 60%) in the reexamination, a **removal exam** can be taken by students who received a mark of at least 50%. If passed (at least 60%), the student receives a score of 60%. If failed (below 60%), the student cannot proceed to the clinicals and shall re-enroll the entire course next Academic Year.
- All reexaminations and removal exams shall consist of a new set of questions.
- Students are advised not to miss any exam. Make-up examinations will not be given, unless there is an excused absence. *University rule on absence shall apply.*

Laboratory (O.E. unit)	
Laboratory (0.5 unit)	
0:	
Simulation	

Clinicals (1.5 units)
Performance Evaluation [Minimum Passing Score: 141 / 235 (equivalent to 3.0)]
225-235 = 1.0
213-224 = 1.25
201-212 = 1.5
191-200 = 1.75
181-190 = 2.0
171-180 = 2.25
161-170 = 2.5
151-160 = 2.75
141-150 = 3.0

Course Policies

- 1. University rule on attendance and absence shall apply.
 - a. The course will be delivered face-to-face. The UP Manila Virtual Learning Environment shall serve as a learning resource, where recordings, references, and other materials are uploaded. As adult learners, all students are expected to come to class <u>prepared</u>, with the recordings watched and the materials read. The classroom sessions shall provide the avenues for discussions, presentations, and feedback.
 - b. Students shall come to all scheduled classes and activities promptly.
 - c. A student is considered late if arrival is **1 to 15 minutes** after the designated time of lectures and clinicals.
 - d. A student is considered absent if arrival is **more than 15 minutes** after the designated time of all scheduled activities.
 - e. Three (3) incidences of tardiness (consecutive or not) during all academic activities are also equivalent to **one (1) unexcused absence**.
 - f. Students who are absent (excused or unexcused) for 20% or more of the lectures (equivalent to 3 days of absences or more) or of the clinicals (equivalent to 4 days of absences or more) will be given a final grade of 5.0 for this course. Reenrollment of the entire course shall be done next Academic Year.
 - g. Be guided by the course schedule. *Refrain from planning vacations or travels within the course schedule.* Requests to be excused shall not be entertained.
- 2. The following are strictly **NOT allowed** and will be sanctioned based on the implementing rules reflected on the UPCN Catalogue of Information, Student Handbook, and UP Manual:
 - a. Intellectual or academic dishonesty, cheating, plagiarism, or misconduct
 - b. Video recording, voice recording, or photography, of any kind, of the lectures or any activities, unless properly consented
 - c. Any form of replication or copying of examinations, or its distribution, including collation, sharing, or dissemination of questions and answers post-examination
 - d. Accessing or sharing any confidential data beyond agreed contract with the clients, the student, and the faculty
 - e. Any form of malicious, disrespectful, or insensitive posting, sharing, or communicating of any course-related information
 - f. Any form of social media posting that may violate patients' rights, privacy, and confidentiality
 - g. Discussion of client data outside academic venues and sessions
 - h. Granting of access to shared drives, folders, files to people outside the respective student-in-charge and their faculty
- 3. Communicate with the Course Faculty through designated and appropriate channels.
 - a. Communicate first with the respective faculty-in-charge for the unit (lectures and examinations) and for the group (clinicals), then with the Course Coordinator.
 - Be mindful of class hours and consultation hours.
 - c. E-mail addresses of the course faculty are as follows:

i. Assoc. Prof. Dones: lpdones@up.edu.ph
ii. Asst. Prof. Delos Santos: itdelossantos1@up.edu.ph

iii. Asst. Prof. Alejo: jvalejo@up.edu.ph

iv. Asst. Prof. Bernardo: erickbernardo.rn@gmail.com

- 4. Suggested reference: Maglaya, A. S. (2018). Nursing Practice in the Community, 5th edition.
 - a. Each student is encouraged to have an available physical copy (may be bought, borrowed) of the book which they can use. Digital copies and/or reproduction in any form, and in whole or in part, are prohibited, with respect to copyright regulations.
- 5. Since N-13 is a corequisite course and N-12 is the integration course,
 - a. A student who fails N-13 cannot proceed to N-12. Reenrollment of N-13 and N-12 shall be done next Academic Year.
 - b. A student who passes N-13 but fails N-12 has to re-enroll N-12 next Academic Year. The student is advised to join the lecture sessions of N-13. This is to help them be refreshed with the concepts and skills necessary for integration.

COURSE SYLLABUS

N-12 BATCH 2:

Week	Date, Day	Learning Outcomes Learning Content		Faculty	
4	February 14, Fri	Course Orientation (N12 Batch 2) Environmental Health		Delos Santos, JVT	
5	February 18, Tue			Delos Santos, JVT	
	February 19, Wed	Manila Health Department Ori			
	February 20, Thu	- Explains the nature and scope of public health nursing - Explains the role of the public health nurse - Explains factors affecting public health nursing practice		Dones. LBP	
			> School health nursing > Occupational health nursing > Community mental	Dones, LBP	
6	February 24, Mon	- States the reasons for considering the family as a	Unit 2: Family Health Nursing	Alejo, JCV	

	unit of care in public health nursing - Explains the concept of family-centered care - Illustrates the roles and functions of the nurse in family care practice - Differentiates between health deficit, health threat, foreseeable crisis / stress point, and wellness state /	> Introduction to concepts of the family > Assessment	
February 25, Tue		> Assessment > Case Presentation	Alejo, JCV
February 26, Wed	nursing needs - Selects appropriate methods of data gathering and the type of nurse-family contact appropriate to the situation - Obtains and analyzes data necessary for the assessment of health and nursing needs / problems of the family - Defines the health and nursing needs / problems of the family - Determines priorities among a list of health problems based on specific criteria	> Workshop	Alejo, JCV
February 27, Thu	Site Visit		
February 28, Fri	 Formulates a nursing care plan based on identified needs / problems Defines goals and objectives of care Determines appropriate nursing interventions and 	> Workshop	Alejo, JCV

		resources that may be utilized or mobilized for particular problems - Carries out with the family the plan of care		
7	March 3, Mon	- Formulates the evaluation plan specifying criteria, methods, and tools	> Planning, Implementation, Evaluation > Case Presentation	Alejo, JCV
	March 4, Tue	- Evaluates with the family the outcomes of care	> Case Presentation	Alejo, JCV
	March 5, Wed - Discusses the nature and scope of the different aspects of environmental health - Discusses the available and recommended methods of promoting the different aspects of environmental health - Explains the role of the nurse in relation to the		Unit 3: Environmental Health - Presentation of Findings, and Application to Case > Water Quality and Wastewater Management > Waste Management and Sewage Disposal > Vector Control	Delos Santos, JVT
	March 6, Thu	different aspects of environmental health - Discusses the effects of the different aspects of environmental health to families and their members	> Air Quality Control and Sustainable Climate Resilience > Provision of Adequate Housing > Food Protection and Safety	Delos Santos, JVT
	March 7, Fri	Long Examination		Dones, LBP Alejo, JCV Delos Santos, JVT

N-12 BATCH 1:

Week	Date	LEARNING ACTIVITY
8	March 10-14	Clinicals: Assessment
9	March 17-21	Clinicals: Planning
10	March 24-28	Clinicals: Implementation
11	March	Clinicals: Evaluation

	31	I-April					
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Week	Date	LEARNING ACTIVITY		
12	April 7-11	UPCN Foundation Week April 9 - No classes (<i>Araw ng Kagitingan</i>)		
		[NOTE: This is N-13 Batch 1's Fifth Week of Clinicals]		
13	April 14-18	Reading Break and Holy Week		
		[NOTE: April 16 - Deadline for dropping]		

N-12 BATCH 2:

Week	Date	LEARNING ACTIVITY		
14	April 21-25	Clinicals: Assessment		
15	April 28-May 2	Clinicals: Planning		
16	May 5-9	Clinicals: Implementation		
17	May 12-16	Clinicals: Evaluation [NOTE: May 16 - End of classes; June 4 - Submission of grades]		

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LEARNING CONTRACT

As a **UP Student Nurse**, I commit myself:

- 1. To actively engage in the different learning activities of this course this semester;
- 2. To **ensure academic honesty** by keeping confidence all my course requirements and not copying from nor sharing to other students;
- 3. To **safekeep all learning resources** for my personal use and will not share the same to others who are not currently enrolled in this course this semester;
- 4. To be **careful and conscious** not to plagiarize myself and others;
- 5. To give **consent for the use/sharing** of my course requirements for official academic and administrative purposes;
- 6. To **regularly communicate** with members of my group and my faculty for updates, clarifications, and feedback;
- 7. To **uphold the highest standards of ethics and academic honesty and integrity**, as defined by the University of the Philippines' Code of Student Conduct (2012) and the University of the Philippines Manila's Student Handbook (2019);
- 8. To **maintain confidentiality of all data** from clients, as well as information shared from lectures, clinicals, and other learning activities.

I understand that should I violate any of the above provisions, appropriate administrative sanction may be imposed on me after due process.

Student's signature over printed name:	 	 	
Date signed:			