



N-117: Nursing Care of the Chronically-III and the Older Persons
Second Semester, AY 2024-2025

Study Guide

Module 1
Epidemiologic Data on Aging

Introduction

Population aging has become a significant societal transformation of the 21st century drawing implications in all sectors of society including labor and demand for goods and services (transportation, housing, social welfare protection, living arrangements). Although the aging phenomenon in the Philippines is comparatively slower than neighboring countries in the Southeast Asian region at 8.6% in 2019 of the total population, policies must be in place to ensure integrated care for older adults early on in life.

This module identifies individual characteristics and living arrangements of older adults in the Philippines and globally, the factors affecting population aging, common issues and challenges faced by older adults, and implications to health and society of an aging population.

Learning objectives

At the end of Module 1, you should be able to:

1. Define population aging in contrast to individual aging
2. Compare the trends in population nationally and globally
3. Identify factors affecting population aging
4. Discuss the issues and challenges in older age
5. Discuss the implications of an aged society to health and healthcare provision

Readings

1.1. Trends and factors of population ageing

Global ageing

1. Dobriansky PJ, Suzman RM, Hodes RJ. Why Population Aging Matters - A Global Perspective. US Dep State [Internet]. 2007;1–32. Available from: [papers2://publication/uuid/4B8865DB-5866-4285-A74D-168F45ED1109](https://publication/uuid/4B8865DB-5866-4285-A74D-168F45ED1109). Pages 6-11.
2. World Health Organization. World Report on Ageing and Health. World Health Organ [Internet]. 2015;4–260. Available from: http://apps.who.int/iris/bitstream/10665/186463/1/9789240694811_eng.pdf%0Ahttp://www.ncbi.nlm.nih.gov/pubmed/15003161%5Cnhttp://cid.oxfordjournals.org/lookup/doi/10.1093/cid/cir991%5Cnhttp://www.scielo.cl/pdf/udecada/v15n26/art06.pdf%5Cnhttp://www.scopus. Pages 43-51.



Ageing in the Philippines

1. <https://ageingasia.org/ageing-population-philippines/>
2. Abalos JB. Older Persons in the Philippines: A Demographic, Socioeconomic and Health Profile. *Ageing Int.* 2020;45(3):230–54.

1.2. Issues and challenges in older age

1. https://www.who.int/docs/default-source/ageing/ea-infographic-en-jun-18-web.pdf?sfvrsn=6dc7f167_2
2. <https://www.who.int/westernpacific/news/q-a-detail/ageing-ageism>
3. <https://apps.who.int/iris/bitstream/handle/10665/332493/Eurohealth-25-4-3-5-eng.pdf?sequence=1&isAllowed=y>

1.3. Implications of population aging

1. Dobriansky PJ, Suzman RM, Hodes RJ. Why Population Aging Matters - A Global Perspective. *US Dep State [Internet].* 2007;1–32. Available from: papers2://publication/uuid/4B8865DB-5866-4285-A74D-168F45ED1109. Pages 12-26.

Pre-test

Please refer to the link in your VLE account.

Post-test

Please refer to the link in your VLE account.

Other references

1. https://www.who.int/images/default-source/health-topics/ageing/multimedia/populations-are-getting-older-full.gif?sfvrsn=88070494_2
2. <https://www.who.int/news-room/fact-sheets/detail/ageing-and-health>