N121.1 Intensive Clinical Nursing Experience AY 2023-2024

CRITERIA FOR PATIENT CLASSIFICATION ACCORDING TO LEVELS OF CARE

LEVEL I: Self Care or Minimal Care
(30 minutes of care)

Patient requiring minimal nursing care is characterized by:

- Mild symptoms, usually considered already in the later stages of convalescence;
- Little or no alteration from acceptable behaviour patterns;
- No restriction of activity, can take a bath /feed himself/perform ADLS, and almost entirely self-sufficient;
- Simple treatment and few medications;
- Follow-up instructions and supervised practice in self-care measures during preparation for discharge;
- Non-emergency, newly admitted, do not exhibit unusual symptoms, may be scheduled for surgeet;
- Requires little treatment/observation/instruction;
- Discharge preparation
- Follow-up at the our-patient department

<u>LEVEL II: Moderate or Intermediate Care</u> (1 hour of care)

Patient requiring moderate amount of nursing care is characterized by:

- Sub-acute symptoms, usually either in early stages of convalescence or chronically ill, but not completely dependent on others for ADLs;
- Intermittent/occasional deviation from normal (acceptable) behaviour patterns;
- Periodic restriction of activities;
- Needs some assistance on bathing/feeding/ambulating for short periods of time;
- Have slight emotional needs; vital signs required up to 3x/shift; with IV lines for fluids/blood transfusions;
- Semi-conscious/exhibits some psychosocial problems;
- Periodic treatment/observation/instructions

Level III: Total/Complete/Intensive Care (4 hours of care)

A patient whose activities are initiated, performed and/or supervised by nursing personnel; or who is confined to bed for the major portion of the 24-hour period; requires considerable direct care, and with condition characterized by:

- Acute symptoms that may already be subsiding/impending or symptoms of chronic condition that makes the patient almost completely dependent on nursing personnel for ADLs; usually seriously ill;
- Significant deviation from normal (acceptable) behaviour patterns;
- Need for general control/limitation of activities;
- Full dependence on bathing/feedng/ADLs; with marked emotional needs; vital signs monitoring >3x/shift; may be on continuous O2 therapy; with chest/abdominal tubes;
- Required close observation at least every 30 minutes for impending hemorrhage/hypo or hypertension/cardiac arrhythmias;
- Frequent treatment/observation/instructions; with psychotic and suicidal manifestations/poor impulse control

<u>LEVEL IV: Complex/Highly Specialized Care</u> (8 hours of care)

A patient whose nursing care is so intricate, or time-consuming as to require the equivalent of a special duty nursing service; requires highly specialized nursing care, and with condition characterized by:

- A need for life-saving measures promptly and constantly;
- Extreme symptoms usually termed as acutely/critically ill;
- Pronounced deviation from normal (acceptable) behaviour patterns;
- A need for continuous treatment/ observation/monitoring/instructions; vital signs monitoring every 15-30 miutes; hourly output monitoring;
- Homicidal/suicidal/escape tendencies;
- Command hallucinations and responds to this.