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The Health Sciences Center
COLLEGE OF NURSING

WHO Collaborating Centre for Leadership in Nursing Development
Commission on Higher Education Center of Excellence

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N13 Maternal and Child Nursing
DELIVERY CHECKLIST
(Three-Person Team)

DELIVERY OF THE BABY AND THE PLACENTA	Items (20-items)
Inspect the perineum and look for signs that the baby is about to be delivered	1
Apply perineal support (Ritgen's Maneuver)	1
Assist the newborn to external rotation	1
Deliver the upper shoulder with downward movement	1
Deliver the lower shoulder with upward movement	1
Deliver the newborn supporting the head and back, then the whole body	2
Call out: "Baby out!" Sex of the newborn, time (Place the newborn on the abdomen of the mother)	3
Check for second baby and announce if there is no second baby	2
Wait for strong uterine contractions and deliver the placenta by applying traction and counter traction (Brandt Andrew's Maneuver)	2
Call out: "Placenta out!", time	2
Check for completeness of the cotyledon and announce if complete; massage the uterus until firm	3
Inspect for lacerations and tear	1
Total	20

ASSISTING IN THE DELIVERY OF THE BABY AND THE PLACENTA	Items (20-items)
Perform perineal preparation. Pour water then apply 7% Povidone Iodine on: symphysis pubis, clitoris to vagina, labia minora, labia majora, clitoris to vagina, vagina to anus	8
Rinse with water then apply 10% Povidone Iodine on: symphysis pubis, clitoris to vagina, labia minora, labia majora, clitoris to vagina, vagina to anus	8
Apply the drapes	1
Inject Oxytocin IM	2
Document the procedures, including the time the baby and placenta were delivered	1
Total	20

IMMEDIATE CARE OF THE NEWBORN	Items (20-items)
Place the newborn on a clean dry cloth on the mother's abdomen; prone and face on the side; note the following: appearance, color, grimace and crying, movement, and breathing (APGAR score)	2
Thoroughly dry the newborn by wiping the eyes with cotton; Wipe the face, head, back of the head, back, chest, abdomen, upper extremities, lower extremities with a clean cloth	9
Remove the wet cloth and cover the back with a dry one; place the bonnet	3
Remove first set of sterile gloves and feel for the pulsation of the cord	2
Cut the cord by place the plastic umbilical cord clamp 2 cm from the base of the cord; the place the Kelly forceps 3 cm from the plastic umbilical cord clamp or 5 cm from the base; cut the cord	3
Keeping the baby warm by placing the newborn skin to skin with the mother	1
Total	20

Prepared by:

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