



N13 - LABORATORY

PREPARING INSTRUMENTS FOR NORMAL DELIVERY

The PRIMISET:

This set is prepared by the Central Supply Room (CSR) of the hospital and packed in a sterile sheet with cloth of appropriate size. The content are to be used for normal vaginal deliveries:

- kidney basin (1)
- ovum forceps (1)
- curved kelly clamp (2)
- straight kelly clamp (1)
- curved mayo scissors (1)
- tissue forceps (1)
- needle holder (1)
- sterile gauze (5 pieces)
- EINC kit
 - sterile towel (2)
 - sterile newborn cap (1)
 - straight mayo scissors (1)
 - straight kelly clamp (1)

The following are used during normal vaginal deliveries but outside the pack:

- sterile gloves
- cord clamp
- 1 suture (Chromic Gut 2-0) -for episiorrhaphy
- French 16 straight urinary catheter (for drainage of urine from the bladder)
- 10cc/5cc syringe with G23 needle
- local anesthetic lidocaine
- forceps with long shank
- Chlorhexidine Digluconate 2mg/mL solution or Povidone iodine 10% solution -for perineal wash
- Stainless pitcher with clean water
- Mayo table -where all instruments are placed

Delivery Room (DR) Pack (This can be disposable or reusable. If linens are reusable, it is also sent to the CSR for sterilization:

- Delivery drape (1)
- DR gowns (2)
- towels (2)

Medical Equipment in DR that are always available:

- DR table
- Oxygen tanks with gauge and tubings
- Sphygmomanometers
- Stethoscope
- Fetal doppler
- Fetal monitors
- Anesthesia machine
- Suction machine

Nurses DR apparel:

- Clean scrub suit/gown
- Disposable mask and cap or made of cloth
- Scrub shoes
- Stockings
- No jewelries

Patient/Mother's Apparel:

- DR gown
- disposable adult diapers
- wash cloth

OPENING OF PRIMISET:

1. Wash hands properly before opening the DR pack and primiset. Touch the outside cover only.
2. Place the mayo cover into the mayo table.
3. Use forceps immersed in disinfectant and open the inside cover.
4. Put on sterile gloves before touching any sterile instrument. Arrange it as necessary.
5. Don't touch anything unsterile. Keep hands upward and wait till you need to handle the delivery.

AFTERCARE (after delivery):

Principles to follow:

Always provide privacy, comfort, and warmth as needed.

Materials needed:

- clean gown
- new adult diaper
- wash cloth
- gauze
- blanket as needed

Procedure:

1. Observe for bleeding and blood clots expelled from the perineum, and record.
2. Do adequate perineal wash and perineal care after the delivery and/or episiorrhaphy (see checklist for perineal washing).
3. Remove the DR drape slowly and gently.
4. Remove the legs from the stirrups and put it down on the DR table one at a time.

5. Provide privacy as you remove the soaked gown and linens¹, and clean her up with washcloth and dry her after.
6. Put on diapers from back to front.
7. Provide sheet or blanket as needed.
8. Record the amount of blood loss during delivery, and record. Note the number of diapers used and how soaked it is.
9. With gloved hands, throw all soiled gauze and cotton balls. Dispose the placenta according to hospital policy. Put all soiled gowns and linens in the designated container. Throw all sharps in a punctured-resistant container. Wash all instruments and dry it before packing. Send the instruments for sterilization.
10. Transfer the mother safely from the DR table to the stretcher and to the recovery room. Take the client's vital signs every 30 minutes after delivery for the first hour and every hour in the next 6 hours.
11. Palpate for the uterine fundus. The uterus will immediately contract after placental expulsion. Assist the mother in urinating whenever necessary.

DO NOT REPRODUCE

¹ KBBACCAY 09.22.2020