



University of the Philippines Manila

The Health Sciences Center

COLLEGE OF NURSING

WHO Collaborating Centre for Leadership in Nursing Development

Commission on Higher Education Center of Excellence

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N226.7-Teaching Mental Health and Psychiatric Nursing

1st SEMESTER 2024-2025

CLINICAL GUIDE

Introduction

In nursing education, particularly at the graduate level, preparing future educators for the challenges of teaching mental health and psychiatric nursing is essential. Nursing education must foster both theoretical knowledge and practical skills to ensure that nursing graduates are prepared to deliver compassionate and evidence-based care across diverse healthcare settings. The complexities of mental health care demand that educators skillfully bridge classroom learning, simulation, and clinical practice to provide a comprehensive learning experience.

Graduate nursing educators play a pivotal role in creating and delivering curricula that effectively integrate theoretical frameworks with clinical realities. This involves employing innovative teaching methodologies that inspire critical thinking and emotional resilience among learners. The mental health clinical teaching component of this course aims to equip you with the pedagogical and practical skills necessary to mentor and guide students in psychiatric nursing. By transforming theoretical knowledge and clinical expertise into meaningful teaching strategies, educators can prepare students to deliver quality care while addressing the stigma and challenges inherent in mental health nursing.

This guide provides an overview of the expected outcomes and learning experiences you will encounter as part of this course. You will engage in activities that simulate the clinical teaching of nursing students in psychiatric settings, reflecting the realities of mental health care delivery in both inpatient and community environments.

The ongoing impact of global health challenges, such as the COVID-19 pandemic, underscores the importance of adaptability in nursing education. As educators, you must prioritize the safety and well-being of students, patients, and the healthcare team. Adhering to health and safety protocols will remain a critical component of this clinical teaching rotation.

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Learning Outcomes

As a graduate student in the Master in Nursing Education program specializing in Mental Health and Psychiatric Nursing, you will be able to:

1. Reflect on your evolving role and responsibilities as a clinical instructor in psychiatric nursing.
2. Develop and implement effective strategies for teaching mental health nursing concepts in both clinical and simulated settings.
3. Identify and plan teaching-learning activities that facilitate the integration of theoretical and clinical components in psychiatric nursing education.
4. Apply clinical teaching principles and practices to manage and mentor nursing students during psychiatric nursing rotations.
5. Evaluate your own teaching performance to identify strengths and areas for improvement, fostering continuous professional growth.
6. Demonstrate UPCN core values: integrity, nationalism, caring, excellence, leadership, and love for learning, in all aspects of teaching and mentoring.

Clinical Focus: Clinical teaching principles, strategies and activities in the management of nursing students in Mental Health and Psychiatric Nursing in a clinical setting.

General Instructions: Refer to the following schedule and set of activities during the clinical teaching rotation. ***Please note that the Faculty/Clinical Preceptor may change or vary the activities according to the clinical set-up/situation of the ward or patient assignments the students may receive.*

Clinical Teaching Schedule and Activities

Day	Activities
1	<ol style="list-style-type: none">1. Pre-Conference2. PGH Tour3. General Orientation of Ward 7 (<i>Personnel, physical set-up, patient flow of activities, etc.</i>)4. Observation on clinical teaching activities of UPCN faculty/PGH preceptor and conduct of students' bedside/ward activities5. Post-Conference <p>Output:</p> <ol style="list-style-type: none">1. Reflection Journal How would you handle nursing students assigned for the first time in the clinical/hospital setting in terms of the following:<ol style="list-style-type: none">(1) Communication(2) Bedside skills(3) Student challenges(4) Patient safety<ul style="list-style-type: none">- <i>Support your answers by published journals or articles; use APA format in referencing</i>

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Day	Activities
	<p>2. Journal article Do library research on a journal or research article on Clinical Teaching. From your article of choice, how does this reflect the importance of clinical duty of nursing students. <i>Use APA format in referencing.</i></p> <p>Submit your output in the N226.7 VLE course site</p>

Day	Activities
2 - 3	<p>1. Pre-Conference</p> <p>2. Observation on clinical teaching activities of UPCN faculty/PGH preceptor and conduct of students' bedside/ward activities</p> <ul style="list-style-type: none"> a Pre-/Post conference b Ward or bedside class/conference c Giving feedback to student performance or output d Coordination between clinical instructor and ward personnel <p>3. Post-Conference</p> <p>Output:</p> <ul style="list-style-type: none"> 1. Reflection Journal: Critical reflection of your clinical teaching experience using John's Model 2. Time and Activity Plan for a group of nursing students
4	<p>1. Pre-Conference</p> <p>2. Attend the Case Presentation of nursing students</p> <p>3. Reflect on the role and activities of the clinical teacher/instructor during a case presentation (asking questions, clarifying concepts, filling in gaps in knowledge, directin, giving feedback)</p> <p>4. Post Conference/Evaluation of the Clinical Teaching Experience</p> <p>Output:</p> <ul style="list-style-type: none"> 1. Reflection Journal <ul style="list-style-type: none"> a. Answer the reflection stated in the learning outcomes b. The current BSN curriculum does not include a clinical rotation in Fundamentals of Nursing or is scheduled on a separate semester or academic period. Reflect on the need for an integrated clinical rotation of students in the Fundamentals of nursing. <ul style="list-style-type: none"> - <i>Use the APA format for referencing, as needed</i>

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Clinical Paper Requirements:

1. Reflection Journal
2. Time and Activity Plan
3. Clinical Guide/RLE Plan of Activity

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