



N-108 Care for Clients with Problems in Adaptation and Adjustment
1st Semester, AY 2024-2025

Guidelines for Secondary-Level Clinical Experience

CLINICAL OBJECTIVES:

Given an individual with problems in psychosocial adjustment, the student will be able to:

1. Establish trust and rapport with the patient.
2. Utilize therapeutic communication techniques in the nurse-patient interaction.
3. Assess the health status based on the following:
 - psychiatric nursing history
 - anamnesis
 - mental status exam
 - diagnostics exam
 - physical assessment
 - psychodynamic paradigm
 - other psychiatric assessments
4. Analyze client data utilizing various theoretical perspectives
5. Formulate a plan of care based on priority nursing diagnosis
6. Implement appropriate interventions such as:
 - Promoting ADLs and self-care activities
 - Milieu therapy
 - Psychopharmacology
 - Psychoeducation
 - Socialization
7. Evaluate psychiatric nursing care rendered
8. Record data accurately
9. Demonstrate integrity, culture and gender sensitivity and respect for human dignity in client care.
10. Identify opportunities for collaboration with other healthcare professionals
11. Mobilize resources for continuity of care

CLINICAL POLICIES:

1. All students will report to the clinical area 15 minutes before the scheduled duty. A student is considered late if arrival is 1-15 minutes after the designated time of the clinical rotation. The student who reports to the area 15 minutes after the start of duty is considered absent but can continue to work in the clinical area.
2. The uniform is the prescribed UPCN hospital uniform WITHOUT the apron for the PGH-W7 groups and the COMPLETE UPCN hospital uniform for NCMH groups. Well-pressed uniform should be clean. Observe appropriate grooming.
 - For females: do a hair bun for long hair, apply light make-up, wear a wristwatch with a second hand, avoid wearing jewelry, trim nails, and avoid nail polish. Hairpins/strings will be colored black or dark



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- For males, fix their hair neatly, have no mustache or beard, wear a watch with a second hand, avoid wearing jewelry, trim nails, and avoid nail polish.
- 3. Written requirements will be submitted depending on the date/time agreed upon by the faculty/preceptors.
- 4. The minimum passing grade for secondary clinical duty is 70.
- 5. You should embody the UPCN core values of integrity, Nationalism, Caring, Excellence, Learning, and Leadership.

HEALTH AND SAFETY PROTOCOLS

1. The students are required to wear a KN95 mask all the time.
2. If the student is experiencing any COVID-19-associated symptoms, they are NOT ALLOWED to go on duty and should inform their FIC and wait for further advice.
3. Suppose the student had a known high-risk exposure to COVID-19. In that case, they should inform their faculty in charge but if they are not experiencing any symptoms they could still come for duty as long they will maintain strict safety protocols and monitoring of symptoms.

Duty Schedule:

NCMH Group 1 and 2:

Time: 06:00 AM to 11:00 AM

Dates: November 25- NCMH Orientation

November 26, 28, December 2, 3, 5

November 27, 29 (make up duty for November 25), 2024-MNE Laboratory/Lecture (02:00-05:00 pm)

December 04- MNE Laboratory/Lecture (01:00-05:00 pm)

December 08- MNE Laboratory/Lecture (02:00-05:00 pm)

PGH Group:

Group 1:

Time: 06:00 AM to 12:00 AM

Dates: November 26, 27 (06:00-09:00), December 02, 03, 04** (06:00-09:00)

November 27, 29 (make up duty for November 25), 2024-MNE Laboratory/Lecture (02:00-05:00 pm)

**MNE Laboratory/Lecture (01:00-05:00 pm)

Group 2:

Time: 06:00 AM to 12:00 AM

Dates: November 27 (09:00-12:00), 28, 29, December 04** (09:00-12:00), 05, 06 (06:00-09:00)

November 27, 2024-MNE Laboratory/Lecture (02:00-05:00 pm)



December 04- MNE Laboratory/Lecture (01:00-05:00 pm)

December 08- MNE Laboratory/Lecture (02:00-05:00 pm)

Secondary-Level Clinical Schedule

Day	Activities	Requirements
Day 0 (Pre-duty)	Wellness Check Expectation Setting Orientation Clinical Guidelines Groupings & Schedule Performance Evaluation Checklist (VLE) Ward 7 Orientation Video (VLE) In-person Hospital Orientation (NCMH)	Create a Google Drive folder for secondary papers with the following: Psych Assessment Papers NCP & Nurses' Notes (per day) Student Journal/Diary
Day 1	Ward Orientation Observation of Ward Activities Patient Assignment and Rapport Setting	Student Diary Assign the following: - Group Leader/ Coordinator Medication Nurse** - (Day 2-6) Facilitator of Ward Exercise - (Day 2-6) Facilitator of Group Psychoeducation
Day 2-3	Preparation of Medications** Establish a nurse-client relationship Review of the client's psychiatric history Assess the client's mental health state Group Psychoeducation Documentation Ward conference with faculty	Submit the following**: a. Psychiatric History b. PE c. MSE d. Drug study e. Laboratory study f. Nursing Care Plan (standard format) g. Nurses' Notes h. Student Diary



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Day 4-5	Morning Exercise Preparation of Medications** Implementation of appropriate nursing interventions (based on NCP) Review and carry out of doctor's orders** Provide psychoeducation to patient and caregiver Documentation of care given Journal reporting/ Ward conference with faculty Case Presentation	Nurses' Notes Journal Report Case Presentation with Psychodynamic Paradigm Student Diary Process recording
Day 6	Morning Exercise Preparation of Medications** Review and carry out doctor's orders Group Socialization Termination of nurse-client relationship Contract setting for Tertiary Documentation Evaluation of the experience	Nurses' Notes Student Diary Final Clinical Papers

**PGH Group

NOTE: Submission of Requirements will be arranged by your Faculty/Preceptor in Charge



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REQUIREMENT FORMAT

Nursing Care Plan Format

ASSESSMENT	NURSING DIAGNOSIS	BACKGROUND KNOWLEDGE	GOAL AND OBJECTIVES	INTERVENTIONS AND RATIONALE	EVALUATION	
					Standard	Criteria

Drug Study Format

DRUG NAME	DOSE, ROUTE, FREQUENCY	ACTION	INDICATION	CONTRAINDICATION	NURSING CONSIDERATIONS



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List of Students and Faculty/Preceptor in Charge

no.	NCMH Group 1 Faculty: JIDSoberano
1	ACOSTA,ERITZ JAN ALFARO
2	AGUILA,MA ABEGAIL TOLENTINO
3	ALPAS,MARIEL CELINE FRANCISCO
4	AVENIDO,MARY ELIZABETH GACIS
5	BUSACO,BILL JESUS MASAPEQUEÑA
6	CASTILLA,PHOEBE LOUISE DEL ROSARIO
7	PADUA,JOHN CHRISTOPHER MADRID
no.	NCMH Group 2 Faculty: KLSiongco
1	RAMOS,KRISTINE BERNADETTE ELAINE
2	ROSETE,MICHAELA MAE ILAO
3	SIATON,ANDREA ELAINE PANGILINAN
4	TUAZON, THERESE D.
5	VIVES,LATIFAH EIDANROSE ALLID
6	ZULUETA,CHRISTINE JOSELLE DAMIAN
7	GARCIA,CARMELA SANEDRIN
8	GARTALLA,CHRISTIAN MAGAYON



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no.	PGH W7 Group 1 Preceptor: JSMaglalang
1	PINEDA,MICHAEL REYMUNDO VIRAY
2	ILLANA,BIANCA PATRICIA MAE AGUIRRE
3	JAMPAS,LYKA JENNIFER LIPAYON
4	LIGERALDE, EVANGELINE
5	NICANOR,JHON RIC BUTARDO
6	CORTEZ,ALIANA MEI QUITALIG
7	PALESTROQUE,CHELSEA MARIE ZALDARRIAGA
8	PASAHOL,PATRICIA AQUINO
9	VELASCO,ARTHIEZA DANIELLE BALDEMOR
10	AYALA, ANNE MAEGAN
no.	PGH W7 Group 2 Preceptor: JBBernardo
1	CUSTODIO,DANICA BAGTAS
2	DELA FUENTE,MARIANNE FLORES
3	DELEN,LUIS BERNARD MONTECINO
4	SOLAIMAN,ALAMINA DIMASANGKAY
5	FALDAS,MARIA ELIZA MAY MONTILLANO
6	FULGENCIO,MARCK ANGELO AGRIMANO
7	GAANAN,MARIA ELIGIA BANO
8	CRISOSTOMO,ALYSSA MADLA
9	ESPERA,TYRONE VICTOR PASCUAL