



**N108- Nursing Care of Patients with Problems in Psychosocial Adaptation and Adjustment**  
First Semester AY 2024-2025  
**Guidelines for PRIMARY LEVEL Clinical Experience**

**CLINICAL OBJECTIVES:**

Given an individual and population group in a state of wellness, the student will be able to:

1. Establish a trusting relationship with the client
2. Utilize effective communication strategies in client interaction
3. Assess the client's mental health status
4. Analyze factors that hinder or promote the mental wellness of the client
5. Implement a plan of care for mental health promotion
6. Evaluate plan of care
7. Document client responses and outcomes of care based on data privacy guidelines
8. Identify community resources for mental health promotion
9. Demonstrate integrity, culture, and gender sensitivity, and respect for human dignity in client care
10. Facilitate group sessions on mental health and psychosocial wellness in selected at-risk population group

**SUGGESTED POPULATION GROUPS:**

First-year UP Manila College of Nursing Students  
PGH Cancer Institute Caregivers

**ACTIVITIES:**

1. Choose individuals and population groups you want to work with
2. Coordinate with appropriate institutions/agencies
3. Meet in person and/or virtually with individuals and selected population groups to assess their mental health promotion needs and a plan of care to address identified needs
4. Implement mental health promotion activities (individual/ group)
5. Evaluate plan of care

**REQUIREMENTS:**

1. Attend individual/ group consultation meetings with the faculty in charge. Create a portfolio of printed individual and group requirements. It should include:
  - a. Psychiatric nursing health history
  - b. PE/mental status exam
  - c. Results of psychological tests as appropriate
  - d. Nursing Care Plan
  - e. Progress notes
  - f. Evaluation



2. Submit one (1) process recording (assessment is not included). See separate format/guide.
3. Submit a written group report which includes the following:
  - background of the population group selected (characteristics of the population group that may hinder and promote mental health)
  - assessment of actual mental health promotion needs identified
  - interventions that addressed the mental health promotion needs
  - evaluation of the interventions
3. Submit individual student diary. Use the following format
  - a. objectives for the day
  - b. narration of what transpired
  - c. evaluation of the set objectives
  - d. insights/reflections and analysis of what happened
  - e. Submit accomplished individual performance evaluation checklist and peer evaluation for the primary level at the end of the course.

**GRADE BREAKDOWN:**

Individual Grade: 70%

Group grade 20%

Peer evaluation 10%

**SCHEDULE:**

<b>Freshies Group Schedule</b>			
<b>Date</b>	<b>Activity</b>	<b>Requirement for Submission</b>	<b>Action</b>
DAY 1	Recruitment of Clients (Freshies Group Activity 1)		Submit in VLE Submission Bin
	Informed Consent Form		
DAY 2	Individual Session 1: Assessment	Group Activity 1 Report	
DAY 3	Individual Session 2: Assessment	Psychiatric nursing health history (Draft)	To send through email to the assigned faculty by 5PM in word format
		PE/mental status exam (Draft)	
		Results of psychological tests (as appropriate)	
		Nursing Care Plan (Draft)	



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		Progress notes (Day 1 and 2)	
DAY 4	Group Consultation - Individual Case Presentation and discussion	Psychiatric nursing health history	Printed out portfolio
		PE/mental status exam	
		Results of psychological tests (as appropriate)	
		Nursing Care Plan	
DAY 5	Individual Session 3: Implementation		
	Group Activity 2		
DAY 6	Individual Session 4: Implementation	Group Activity 2 Report	
DAY 7	Group Activity 3		
DAY 8 (Friday)	Individual Session 5: Evaluation and Termination	Group Activity 3 Report	
NOV. 24 11:59 PM	FINAL PAPER SUBMISSION		Submit to VLE in PDF Format

Cancer Institute Schedule			
Date	Activity	Requirement for Submission	Action
Day 1	Recruitment of Clients		Submit in VLE Submission Bin
	Informed Consent Form		
Day 2	Individual Session 1: Assessment		Submit in VLE Submission Bin
	Group Activity 1		
	Informed Consent		
Day 3	Individual Session 2: Assessment	Psychiatric nursing health history (Draft)	To send through email to the assigned faculty by 5 PM
		PE/mental status exam (Draft)	
		Results of psychological tests (as appropriate)	
		Nursing Care Plan (Draft)	
		Progress notes (Day 1 and 2)	
		Group Activity 1 Report	



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**Grouping**

**PGH Cancer Institute**

Group 1 Faculty: JIDSoberano Preceptor: MTVillanueva	Group 2 Faculty: MRVTamse
ACOSTA,ERITZ JAN ALFARO	GARTALLA,CHRISTIAN MAGAYON
AGUILA,MA ABEGAIL TOLENTINO	ILLANA,BIANCA PATRICIA MAE AGUIRRE
ALPAS,MARIEL CELINE FRANCISCO	JAMPAS,LYKA JENNIFER LIPAYON
AVENIDO,MARY ELIZABETH GACIS	LIGERALDE, EVANGELINE
AYALA,ANNE MAEGAN BARROMA	NICANOR,JHON RIC BUTARDO
BUSACO,BILL JESUS MASAPEQUEÑA	CORTEZ,ALIANA MEI QUITALIG
CASTILLA,PHOEBE LOUISE DEL ROSARIO	PALESTROQUE,CHELSEA MARIE ZALDARRIAGA
PADUA,JOHN CHRISTOPHER MADRID	PASAHOL,PATRICIA AQUINO



**1st Year UPCN Students**

Group 1 Faculty:BBVilarta	Group 2 Faculty: JIDSoberano
CUSTODIO,DANICA BAGTAS	RAMOS,KRISTINE BERNADETTE ELAINE
DELA FUENTE,MARIANNE FLORES	ROSETE,MICHAELA MAE ILAO
DELEN,LUIS BERNARD MONTECINO	SIATON,ANDREA ELAINE PANGILINAN
SOLAIMAN,ALAMINA DIMASANGKAY	TUAZON, THERESE D.
ESPIRITU,ANIKA TRIXIE DAYAO	VELASCO,ARTHIEZA DANIELLE BALDEMOR
FALDAS,MARIA ELIZA MAY MONTILLANO	VIVES,LATIFAH EIDANROSE ALLID
FULGENCIO,MARCK ANGELO AGRIMANO	ZULUETA,CHRISTINE JOSELLE DAMIAN
GAANAN,MARIA ELIGIA BANO	ESPERA, TYRONE VICTOR PASCUAL
CRISOSTOMO,ALYSSA MADLA	GARCIA,CARMELA SANEDRIN
PINEDA,MICHAEL REYMUNDO VIRAY	

Progress Notes Format

Name of the client: \_\_\_\_\_

Date: \_\_\_\_\_

Objectives

- *Develop at least three specific, measurable, achievable, relevant, and time-bound (SMART) objectives for the client.*

Interventions

- *Outline focus nursing interventions for the particular session to address the identified objectives, rationale, and plan of evaluation*

Evaluation

- *Assess the client's progress toward achieving the objectives*
- *Evaluate the effectiveness of the interventions.*
- *Identify any modifications or adjustments needed to the plan.*



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