

The Health Sciences Center

Sotejo Hall, Pedro Gil Street, Ermita, Manila 1000 Philippines Tel Nos. (02) 85231472, (02) 85231477, (02) 85231494 • TeleFax: (02) 85231485 Email: upm-cn@up.edu.ph



### N-108 Care for Clients with Problems in Adaptation and Adjustment 1st Semester, AY 2024-2025

### **Guidelines for Secondary-Level Clinical Experience**

#### **CLINICAL OBJECTIVES:**

Given an individual with problems in psychosocial adjustment, the student will be able to:

- 1. Establish trust and rapport with the patient.
- 2. Utilize therapeutic communication techniques in the nurse-patient interaction.
- 3. Assess the health status based on the following:
  - psychiatric nursing history
  - anamnesis
  - mental status exam
  - diagnostics exam
  - physical assessment
  - psychodynamic paradigm
  - other psychiatric assessments
- 4. Analyze client data utilizing various theoretical perspectives
- 5. Formulate a plan of care based on priority nursing diagnosis
- 6. Implement appropriate interventions such as:
  - Promoting ADLs and self-care activities
  - Milieu therapy
  - Psychopharmacology
  - Psychoeducation
  - Socialization
- 7. Evaluate psychiatric nursing care rendered
- 8. Record data accurately
- Demonstrate integrity, culture and gender sensitivity and respect for human dignity in client care.
- 10. Identify opportunities for collaboration with other healthcare professionals
- 11. Mobilize resources for continuity of care

### **CLINICAL POLICIES:**

- 1. All students will report to the clinical area 15 minutes before the scheduled duty. A student is considered late if arrival is 1-15 minutes after the designated time of the clinical rotation. The student who reports to the area 15 minutes after the start of duty is considered absent but can continue to work in the clinical area.
- 2. The uniform is the prescribed UPCN hospital uniform WITHOUT the apron for the PGH-W7 groups and the COMPLETE UPCN hospital uniform for NCMH groups. Well-pressed uniform should be clean. Observe appropriate grooming.
  - For females: do a hair bun for long hair, apply light make-up, wear a
    wristwatch with a second hand, avoid wearing jewelry, trim nails, and
    avoid nail polish. Hairpins/strings will be colored black or dark



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- For males, fix their hair neatly, have no mustache or beard, wear a watch with a second hand, avoid wearing jewelry, trim nails, and avoid nail polish.
- 3. Written requirements will be submitted depending on the date/time agreed upon by the faculty.
- 4. The minimum passing grade for secondary clinical duty is 70.
- 5. You should embody the UPCN core values of integrity, Nationalism, Caring, Excellence, Learning, and Leadership.

### **HEALTH AND SAFETY PROTOCOLS**

- 1. The students are required to wear a KN95 mask all the time.
- 2. The students are required to report to UPM BESTS daily in the morning and afternoon before the start of clinical duty.
- 3. If the student is experiencing any COVID-19-associated symptoms, they are <a href="NOT ALLOWED">NOT ALLOWED</a> to go on duty and should inform their FIC and wait for further advice.
- 4. Suppose the student had a known high-risk exposure to COVID-19. In that case, they should inform their faculty in charge but if they are not experiencing any symptoms they could still come for duty as long they will maintain strict safety protocols and monitoring of symptoms.



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**Secondary-Level Clinical Schedule** 

Secondary-Level Clinical Schedule				
Day	Activities	Requirements		
	Wellness Check Expectation Setting Orientation Clinical Guidelines	Create a Google Drive folder for secondary papers with the following:		
Day 0 (Pre-duty)	Groupings & Schedule Performance Evaluation	Psych Assessment Papers		
	Checklist (VLE) Ward 7 Orientation Video (VLE)	NCP & Nurses' Notes (per day)		
	In-person Hospital Orientation (NCMH)	Student Journal/Diary		
Day 1	Ward Orientation Observation of Ward Activities Patient Assignment and Rapport Setting	Student Diary Assign the following: - Group Leader/ Coordinator Medication Nurse** - (Day 2-6) Facilitator of Ward Exercise - (Day 2-6) Facilitator of Group Psychoeducation		
Day 2-3	Preparation of Medications** Establish a nurse-client relationship Review of the client's psychiatric history Assess the client's mental health state Group Psychoeducation Documentation Ward conference with faculty	Submit the following: a. Psychiatric History b. PE c. MSE d. Drug study e. Laboratory study f. Nursing Care Plan (standard format) g. Nurses' Notes h. Student Diary		



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	Morning Exercise	
Day 4-5	Preparation of Medications** Implementation of appropriate	Nurses' Notes
	nursing interventions (based on NCP)	Journal Report
	Review and carry out of doctor's orders** Provide psychoeducation to	Case Presentation with Psychodynamic Paradigm
	patient and caregiver Documentation of care given	Student Diary
	Journal reporting/ Ward conference with faculty Case Presentation	Process recording
	Morning Exercise	
	Preparation of Medications**	
Day 6	Review and carry out doctor's orders	Nurses' Notes
	Group Socialization Termination of nurse-client	Student Diary
	relationship Contract setting for Tertiary	Final Clinical Papers
	Documentation  Evaluation of the experience	
	Evaluation of the experience	

<sup>\*\*</sup>PGH Group



### **REQUIREMENT FORMAT**

## **Nursing Care Plan Format**

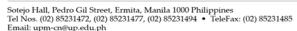
					EVALUATION	
ASSESSMENT	NURSING DIAGNOSIS	BACKGROUND KNOWLEDGE	GOAL AND OBJECTIVES	INTERVENTIONS AND RATIONALE		
					Standard	Criteria

## **Drug Study Format**

DRUG NAME	DOSE, ROUTE, FREQUENCY	ACTION	INDICATION	CONTRAINDICATION	NURSING CONSIDERATIONS



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### List of Students and Faculty in Charge

NCMH Group 1 (Pavilion 4- Forensic Ward)

<u>Duty Days: Monday, Tuesday, Thursday (7-12)</u>

Faculty: Julienne Ivan Soberano, MISW, MSN, RN

YAGO, JAN BAGUNU

AGUILAR, HACELLE CHYAH DUMAGUIN

AMADAR, KRISTINE GABRIELLE AVENTURADO

ASMIRALDE, ALYANNA SALAMAT

BAUTISTA, VINCE PANA

RAMOS, RIA GRACE REYES

CANDELARIA, KIMBERLY ANNE PANGAN

CASTILLO, JUSTINE ANTIG

DELA VEGA, PRINCESS ALLEN CARANDANG

NCMH Group 2 (Pavilion 3- Female Chronic Ward)

<u>Duty Days: Monday, Tuesday, Thursday (7-12)</u>

Faculty: Kathryn Lizbeth Siongco, PhD, RN

LOPEZ, CARLOS GABRIELLE TAN

GO, CAITLIN ONG

SISON, AFLLY YSABEL GALANG

BUSTOS, MATTHEW DANIEL GUTIERREZ

BIANZON, RHEA ALEGRE DELEON

NIETES, THERESE GAIL MAGOS

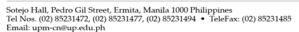
BARLAAN, MARIELLE LOIE ARCANO

OMANDAM, ANGEL DHYRIEL NELLAS

SORSOGON, KRISHNA MAE MILLENA



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PGH-W7

<u>Duty Days: Monday (6-11), Tuesday (6-11), Wednesday (6-9 am)</u>

Preceptor: JMaglalang, RN

FABRIGAS, JASON RAFAEL MAKALINAW

BATAC, PATRICIA MARI MONTERO

OLEDAN, CHARLENE MARIELLE PONGASE

BUCO, VANESSA LORRAINE IBALE

AGUILAR, JULIANA CARMELA LOPEZ

REYES, ELYZZA NICKAYLE VILLAMIL

LIM, CHARLES JASPER TAN

MORENO, ROGELSA MAE GUMAGAY

MAGNO, JESSE CYRILLE CASTOR

PGH-W7

Duty Days: Wednesday (9-12 am), Thursday (6-11), Friday (6-11)

Preceptor: JBBernardo, RN

MATA, AUDREY KEZIAH BAROLA

MONTAÑEZ,ALLYSSA LHYE MORALES

SIY,TRISHA DENISE T.

VELEZ, ANALI LIBRADILLA

PACHECO, MA VICTORIA PLACIDO

PADRE, SAMANTHA MAUREEN MICHAELA SUING

PATRICIO, PIOLO MIGUEL LAPUZ

RACAL, KRIZIA NICOLE PAGAR

VARGAS, KAREN ANNE PASCUA