

N - 11 Nursing Foundations II
 Skills Lab Sched Activities and Room
 1st Semester, AY 2024-2025

Week	Date	Time	LAB Sched/Topic	Room Requirement	
4	9	M	7 - 12 nn	LAB I-II: Oxygen Therapy -Familiarization with oxygen devices and use of Oxygen tank -Incentive spirometry -Deep breathing and coughing exercises -Nebulization -Inhalation therapy -Oropharyngeal, Nasopharyngeal, and Nasotracheal suctioning -Chest Physiotherapy (pulmonary clapping, vibration and postural drainage) -Administering Oxygen by Nasal Prong (Low flow), Face Mask, or Face Tent -Chest Tube Thoracostomy	RM 208, 213 4 beds each room with the required materials (please see Skills Lab Materials Tab)
	10	T	7 - 12 nn	LAB III-IV: Fluid and Electrolyte/ Intravenous Therapy and Blood Transfusion -Starting an IV Infusion (IV Tags) -Monitoring an IV Infusion (with computation of IV Rate) -Discontinuing an IV Infusion -Changing an IV Container and Tubing -Changing an IV Catheter to an Intermittent infusion Lock -Initiating, Maintaining and Terminating a BT Infusion using Y-set	RM 208, 213 4 beds each room with the required materials (please see Skills Lab Materials Tab)
	11	W	7 - 9 am	N11 1st Long Exam	Rm 213
W		9 - 12 nn	LEC		
5	16	M	7 - 12 nn	LEC	Rm 213
	17	T	7 - 12 nn	LEC	
	18	W	7 - 12 nn	LEC	
6	23	M	7 - 12 nn	LAB VIII: Rehabilitation Techniques and Procedures -Bandaging -Basic Skills in Body Mechanics -Positioning and mobilizing patients, lifting & transferring, -Cane & crutch-walking	RM 208, 213 4 beds each room with the required materials (please see Skills Lab Materials Tab)
	24	T	7 - 12 nn	LAB V: Nutrition Therapy (Groups) -NGT insertion and checking of NGT placement -Checking of residual and NG/gastrostomy tube feeding -Pulverizing and giving of medication via NGT	
	25	W	7 - 12 nn	LAB VI: Urinary Elimination/ Catheterization -Indwelling and intermittent, male and female catheterization -Urine collection -Measuring urine output -Perineal care/Post BM care -Fleet Enema Administration -Stool collection -Application/Changing of diaper	
7	30	M	7 - 9 am 9 - 12 nn	2nd Long Exam: (Nutrition, Elimination, Skin Integrity, Peri-Op) 1st Written Lab Exam; Prep for 1st Lab Exam	Rm 214/215
	Oct 1	T	7 - 12 nn	1st Lab Exam (F&E, O2, Nutrition, Elimination (OSCE))	Rm 208 2 Stations with 1 bed per station Please see Skills Lab Materials tab
	2	W	7 - 12 nn		Rm 213 2 Stations with 1 bed per station Please see Skills Lab Materials tab
8	7	M	7 - 12 nn	LEC	Rm 213
	8	T	7 - 12 nn	LEC	
	9	W	7 - 12 nn	LAB IX: Medication: Methods of Drug Administration -Basic Techniques in Medications: all route -Oral Medications: Tablet & Liquid Forms -Withdrawing Drugs from vials and ampules -Drug administration: Intradermal, Subcutaneous, Z-tract Method & Intramuscular Routes	Rms 208, 213 2 beds per room, 10 chairs each room See Skills Lab Materials tab

9	14	M	7 - 12 nn	LAB X: Medication: Methods of Drug Administration -Drug Administration: IV bolus via y-port; hepllock; piggyback; soluset. -Care of clients with IV medications	Rms 208, 213 2 beds per room, no manikins See Skills Lab Materials tab
	15	T	7 - 12 nn	LAB VII: Preoperative/Post-operative Care -Surgical Hand Washing, Gowning and Gloving	Skills Lab Room with Sink
	16	W	8 - 12 nn	LAB VII: Preoperative/Post-operative Care (conti.) -Wound Care and Application of Bandages/ Binders	Rms 208, 213 2 beds per room See Skills Lab Materials tab
	17	Th	7 - 10 am	LEC	Rm 213
10 - 12 nn			PGH Clinical Orientation		
10	21	M	7 - 9 am 9 - 12 nn	3rd LE: Mobility, Rehab, Meds, D&D 2nd Written Lab Exam; Prep for 2nd Lab Exam	Rm 214/215
	22	T	7 - 12 nn	2nd Lab Exam: Medications, Wound Care	Rm 208, 213 2 Stations per room with 1 bed per station Please see Skills Lab Materials tab
	23	W	7 - 12 nn		
	24	Th	7 - 12 nn		
12	Nov 4	M	7 - 12 am	N11 Clinical Simulation (VLE) All Groups SBE: Medication Safety	Rm 208, 213 Simulation room - Juno; to run Medication Safety Simulation
	5	T	7 - 12 am		
	6	W	7 - 12 am		
	7	Th	7 - 12 am		
	8	F	7 - 12 am		
13 - 16				PGH Clinical Duty	