



NATIONAL SERVICE TRAINING PROGRAM
CIVIC WELFARE TRAINING SERVICE (NSTP-CWTS)
First Semester, AY 2024-2025

Course Title	National Service Training Program – Civic Welfare Training Service (NSTP-CWTS) for students of the College of Nursing
Course Description	<p>As a public service university, UP Manila seeks to promote NSTP as a critical venue in providing various forms of community, public and volunteer service to marginalized and underserved sectors of the country.</p> <p>The NSTP-CWTS is a two-semester requisite program pursuant to Republic Act 9163 which aims to enhance civic consciousness, nationalism, and patriotism among the youth through training and service activities. It is envisioned to contribute to the general welfare and betterment of life for the members of the community or the enhancement of its facilities, especially those devoted to improving health, education, environment, entrepreneurship, safety, recreation and morals of the citizenry.</p> <p>Part I, offered during the first semester, is focused on developing appreciation of the roles of the youth, i.e the <i>Iskolar ng Bayan</i> in social transformation.</p> <p>Social transformation is used here to collectively describe the service component of the NSTP-CWTS program of UPCN, underscoring the comprehensive and integrated manner of conducting the training through lectures, discussion, and interactive activities in the classroom and service and volunteering experiences in the course.</p> <p>Part II, offered during the second semester of the academic year, is focused on the deepening of understanding and appreciation of concepts of service, nationalism and patriotism through a field practicum. The role of the youth in social transformation should be further strengthened during this part.</p> <p>Health education and the development of appropriate Information, Education, and Communication activities and materials have impacts on social transformation because these can empower people by making them informed and educated on certain issues and concerns of the society. Informed specific population sectors will make effective decisions and actions.</p>
Objectives	<p>At the end of NSTP 1 and 2, the student will be able to:</p> <ol style="list-style-type: none">1. Appreciate the importance of knowing the background and context of relevant social issues to understand social realities affecting Filipinos and the nation;2. Recognize the individual as a dynamic human being and a member of the society;3. Recognize the importance of self-awareness and civic consciousness in understanding social realities;4. Use interpersonal skills to communicate effectively;5. Appreciate the value of working in a social system towards health and development;6. Appreciate the role of the nurse in the health care system and society;7. Appreciate the value of lifelong learning for personal and professional development;8. h. Value Filipino history and culture, love of country, responsible citizenship and service, and pride of being a Filipino particularly as <i>Iskolar ng Bayan</i>.



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Teaching-Learning Methods:	Face-to-face and online (both synchronous and asynchronous) sessions on the will be utilized for the discussion on the topics and concepts related to the objectives of the course.
Requirement s/ Criteria for Evaluation:	<p>Reflection Papers (40%). Each student is expected to submit a reflection paper each for the following topics:</p> <ol style="list-style-type: none">1. The National Health Situation (20%)2. The UP Nurse as a Public Servant and an Agent for National Development (20%)3. As needed: The Nurse as a Collaborator in Health Care (20%)** <p>Guide questions will be given per topic. Activity guides will be posted on VLE.</p> <p>Group Reports (40%).** The students will be divided into 6 groups. Each group will be assigned subtopics on the scheduled discussion of the following subtopics:</p> <ol style="list-style-type: none">1. Social, Economic, Political, and Cultural Situation of the Philippines in an Intensely Globalized and Highly Digital World (5%)2. State of the Environment and its Impacts on Health (5%)3. Inequalities and Vulnerabilities in Health (10%)4. Model UP Filipino Health Workers (10%)5. Nursing as a Caring Profession (10%) <p>Report objectives, guide questions, and report presentation guidelines will be given per topic. Activity guides will be posted on VLE.</p> <p>Peer Evaluation (20%).** Part of the student's grades will come from peer evaluation, which will be based on grades given by their groupmates in the following activities:</p> <ol style="list-style-type: none">1. Social, Economic, Political, and Cultural Context of the Philippines (2.5%)2. State of the Environment and its Impacts on Health (2.5%)3. Inequalities and Vulnerabilities in Health (5%)4. Model UP Filipino Health Workers (5%)5. Nursing as a Caring Profession (5%) <p>**A key outcome for the training of health care workers is the ability to collaborate with other members of a health team. Given this situation, a student may only receive the group report grade if they receive a grade of 60% or more from the peer evaluation. Those who receive a grade of 59% or less will be required to submit a third reflection paper on the nurses role as a collaborative member of health teams)</p>
Faculty and Course Coordinator:	<p>Asst. Prof. Jeremiah Carlo V. Alejo, MD, RN, MCD Course Coordinator E-mail address: jvalejo@up.edu.ph Sotejo Hall Rm. 331</p> <p>Asst. Prof Josephine Cariasos, MAN, RN E-mail address: jecariasos@up.edu.ph</p>

Modes of Communication:

1. Regularly check VLE on Fridays and Tuesdays for updates, announcements, and references.
2. Course-related announcements may also be disseminated via SMS through coordination with the batch representative and group representatives.



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Important reminders:

1. Please regularly check announcements and activities in the VLE
2. During online synchronous sessions, Zoom can generate reports of list of participants. Attendance during online synchronous sessions will be based both on image capture of participants and the report generated by Zoom.
3. Videoconferencing etiquette shall be observed at all times in any platform:
 - Be on time and come prepared
 - Mute your microphones and open your video cameras -if data availability permits - once class starts.
 - Be respectful.
 - Raise your hand and wait for your name to be called before you talk.
 - Minimize body movements and no eating.
4. Any recording, visual or audio from any synchronous, asynchronous, or video conferencing session in any platform shall not be allowed to be used in public.
5. Disciplinary actions shall be applied according to the Policies written in the University Code. Disciplinary actions written in the University Code shall also be followed and applied in cases of cheating: "Any form of cheating in examination or any act of dishonesty in relation to their studies shall be the cause for disciplinary action."

Revised Schedule of Activities

Week	Date, Mode of Delivery and Venue	Training and Activities	Resource Person
1	Aug 21, 2024 Synchronous UPCN Seminar Room	Orientation to the Course Program Schedule Expected Competencies, Activities, and Requirements	Asst. Prof. Josephine Cariaso
2	Aug 28, 2024	NSTP Common Module Orientation	
3	Sept 4, 2024 Synchronous UPCN Seminar Room	Class suspended	
4	Sept 11, 2024 Asynchronous	Pre-Exposure Assessment: Self-Awareness and Values Clarification	Facilitator: Asst. Prof. Josephine Cariaso
5	Sept 18, 2024 Face-to-face UPCN Seminar Room	Philippine Health Care Situation Ang Kwento ni Rosario The Building Blocks of a Health System and the Social Determinants of Health	Facilitator: Asst. Prof. Jeremiah Alejo
6	Sept 25, 2024 Face-to-Face UPCN Seminar Room	The State of the Nation: Social, Political, Economic, and Cultural Inequalities in a More Connected World (Group Presentation)	Facilitator: Asst. Prof: Jeremiah Alejo
7	Oct 2, 2024 Face-to-face UPCN Seminar Room	The Impact of Development on the Environment and their Implications to Health (Group Presentation)	Facilitator: Asst. Prof: Jeremiah Alejo
8	Oct 9, 2024 TBA UPCN Seminar Room	Special Health Concern: Disaster Risk Reduction and Management towards Sustainable Development	TBA



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9	Oct 16, 2024 Synchronous UPCN Seminar Room	Special Health Concern: Drugs Education and Substance Abuse	Asst. Prof. Aprille Banayat
10	Oct 23, 2024 TBA	National Health Situation	TBA
11	Nov. 6, 2024 Face-to-face UPCN Seminar Room	Health Inequities and Intersectionality of Vulnerabilities (Group Presentation) Universal Declaration of Human Rights Leadership, Nationalism, and Patriotism	Facilitator: Asst. Prof: Jeremiah Alejo
12	Nov. 13, 2024 TBA	Citizenship and Nation-Building Tatak UP: UP as a Public Service University Vision, Mission, and Goals of UP	TBA
13	Nov. 20, 2024 TBA	Health as a Multifactorial Phenomenon: Multisectoral and Interdisciplinary/ Interprofessional Approaches to Health Model UP Filipino Health Workers (Group Presentation)	TBA
14	Nov. 27, 2024 TBA	Gender Sensitivity and Responsivity	TBA
15	Dec. 4, 2024 Face-to-Face	Nursing as a Caring Profession (Group Presentation) Synthesis: The UP Nursing Student as Good Citizen for Nation-Building UP College of Nursing: Vision, Mission, Value Hands-only CPR for Laypersons	Facilitator Asst. Prof. Jeremiah Alejo