

## ESSENTIAL SKILLS ACTIVITY AND ASSIGNMENT CHECKLIST

### FOLEY CATHETER INSERTION (FEMALE)

Name of Student: \_\_\_\_\_

Date of Evaluation: \_\_\_\_\_

Name of Evaluator: \_\_\_\_\_

A student will be given a grade of "pass" if they are able to satisfactorily perform at least 95% of the listed guide points for the procedure.

Steps	Excellent	Satisfactory	Needs Improvement
Checked name of patient, explained procedure and secured consent (verbal consent at least)			
Prepared materials required for the procedure			
Observed standard aseptic techniques (preferably hand washing prior to procedure but alcohol at bedside may suffice)			
Positioned patient, drapes, and light source (if needed)			
Observed sterile techniques			
Urethral opening is identified and adequately exposed (non-sterile hand should be used to expose urethra only and not touch any other areas)			
Urethral opening cleaned with antiseptic solution			
Placed tip of the catheter in the meatus and advanced the catheter slowly (NEVER force the catheter in)			
Observed for urine backflow or ensured that the entirety of the catheter is inserted with proper placement before inflating the catheter balloon			
Gently pull the catheter back until balloon is seated against the bladder wall			
Secured catheter and collection tubing			

Over-all Performance of Procedure: (please check 1)      \_\_\_ Pass      \_\_\_ Fail

Comments: \_\_\_\_\_

After feedback is done:

\_\_\_\_\_  
Signature of Evaluator

\_\_\_\_\_  
Signature of Student