



**N121.2 - Intensive Community Nursing Experience**  
2<sup>nd</sup> Semester A.Y. 2023-2024  
Second Batch Rotation Period: **25 March – 24 May 2024**

### Course Description

Nursing 121.2 is an intensive supervised experience in the community setting geared towards preparing the student to be competent public health nurses at the staff level position. The course emphasizes the development of leadership capabilities, accountability to client/patient care, commitment to the caring profession and beginning managerial skills with a scientifically inquisitive research-oriented mind.

### Rationale

The professional duties and responsibilities of a beginning public health nurse (PHN) include using critical thinking and clinical skills in assessment and implementation to deliver public health services as part of an interdisciplinary team. They should also assist in providing learning experiences for new nurses, nursing assistive personnel, and students. Beginning PHNs should also participate in facility-based studies in public health and health-related fields, conduct a critical appraisal of a research report related to public health, and participate in facility-based quality assurance programs for public health. Moreover, they should also participate in the utilization of research findings and socio-civic activities outside of professional/work or practice.

**Course Credit:** 7.5 Units

**Prerequisite:** All courses including 4 PE & 2 NSTP

**Course Delivery:** Face to Face Clinical Exposure in Cavite  
(Naic, Ternate, Maragondon, Magallanes)

**Course Faculty:** Asst. Prof. Maria Angela A. Mabale, MA, RN  
Asst. Prof. Mary Abigail A. Hernandez, MPH, RN\*  
*\*Course Coordinator*

### Learning Outcomes:

At the end of each 8-week intensive community nursing experience, the student should be able to:



1. Demonstrate beginning competencies in using public health tools in planning, implementing, and evaluating health programs for population groups and communities using a Primary Health Care framework.
2. Establish a partnership with major stakeholders in a given community on research for program enhancement such that the health team will be able to:
  - 2.1. Determine a research problem based on program implementation gaps/issues
  - 2.2. Prepare a research proposal
  - 2.3. Conduct research
  - 2.4. Present the research findings
3. Develop competencies of community partners and key personnel that are essential to health program implementation and sustainability.
4. Appreciate the management and implementation of health programs in the context of LGU and its health department/office.
5. Provide direct care to individuals, families, populations, groups, and the community:
  - 5.1. Assess with the client their condition identifying existing and potential health/related problems
  - 5.2. Plan and implement with the client appropriate intervention/programs/activities for identified problems
  - 5.3. Evaluate the progress of the client's condition and outcomes of care

## TERMINAL REQUIREMENTS

### Group Requirements:

1. Community Diagnosis and/or Accomplishment Report containing:
  - 1.1. Results of rapid appraisal/familiarization assessment
  - 1.2. Program plans and schedule of activities
  - 1.3. Documentation of Program Implementation
  - 1.4. Process Evaluation Results
2. Capacity Building for Community Partners (including supervision)
3. Problem Focused Research Report

### Individual Requirements:



1. Fajmily Caseload Papers (4 Multi-problem families)
  - a. Initial Data Base
  - b. Problem Sheet
  - c. Prioritization Sheet
  - d. Family Nursing Care Plan
  - e. Family Service and Progress Record
2. Supervisory Plan

**TEACHING-LEARNING ACTIVITIES**

1. Health Program Planning, Implementation and Evaluation
  - 1.1. Rapid Appraisal
  - 1.2. Planning for health Programs
  - 1.3. Implementation
  - 1.4. Evaluation
2. Participatory Research
3. Training of Barangay Health Workers (BHWs)/ Community Partners
4. Supervision of BHWs / Community Partners
5. Rural Health Unit and Barangay Health Center Duty
6. Family Health Nursing
7. Mentoring
8. Case Management
9. Case Discussions, Group Presentations
10. Journaling
11. Monitorial Meetings
12. Active Participation in:
  - 12.1. Community Meetings or Workshops
  - 12.2. Health Center Activities
  - 12.3. Family Health Care Supervision
  - 12.4. Research Activities with Major Stakeholders Health Team/LGU
  - 12.5. Fieldwork
  - 12.6. Interprofessional Education

**BASIS FOR EVALUATION: N121.2 Performance Evaluation Checklist**

**BATCH 1: FACULTY-STUDENT ASSIGNMENT**

<b>Faculty:</b> <i>Asst. Prof. Maria Angela A. Mabale</i>		<b>Faculty:</b> <i>Asst. Prof. Mary Abigail A. Hernandez</i>	
<b>NAIC</b>	<b>TERNATE</b>	<b>MARAGONDON</b>	<b>MAGALLANES</b>



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1. Resuello, Rhadrian, Raphael	1. Talam, Luis Jethro	1. Zuniga, Ivan John	1. Bertol, Regine
2. Gadaingan, Lucy Jane	2. Diao, Guia	2. Guintu, Lindsey Ann	2. Rimando, Ma. Trisha
3. Villamin, Krisa Johannah	3. Erna, Leonil	3. Baclig, Emmanuel James	3. Cortez, Maria May
4. Ignacio, Jil Maries	4. Pascua, Catherine	4. Mancenido, Angelie	4. Magallano, Asherah
5. Ongkeko, Nathalie	5. Mendoza, Ashley	5. Morelos, Andro	5. Gigataras, Joan Danielle
6. Calata, Razel	6. Ramos, Chazzy	6. Javinal, Rianne	6. Kekim, Ariane
7. Aseron, Leius Justin			
8. Ledesma, Isabel			
9. Sajonia, Jia Anne			



SCHEDULE OF ACTIVITIES BATCH 2								
Activity	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
Orientation								
Review of Records (Batch 1 CDX)/ Onboarding/ Endorsements/								
Deployment								
Health Center Duty								
Family Health Nursing								
Program Planning								
Program Implementation								
Capacity Building & Supervision								
Research-Related Activities								
Exit Report and Endorsement to RHU/Barangay								

**DESCRIPTION OF ACTIVITIES**

The University of the Philippines Manila, through the UP Community Health and Development Program (UP-CHDP) within which the N121.2 rotation is conducted has



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supported the decision to deploy its learners to its CHDP partner communities even during the pandemic. Thus, all activities will be conducted within the existing plans and programs of the MAGNAMARTE (Magallanes, Naic, Maragondon, and Ternate) community health partnership program. In the spirit of collaboration and partnership, student activities will also consist of active participation in response to the health needs and initiatives of the MAGNAMARTE towns. The exposure will also include working with students from other UP colleges who are also deployed in Cavite.

### **Health Center Duty**

Every day for 5 weeks of their actual clinical duty, 1-2 students will be going on duty at the local health facility (barangay health center/rural health unit) from 8:00 AM to 12:00 PM. The students will work together with health center personnel in carrying out health center services, programs, and activities scheduled for the day. They will be mainly supervised by the public health nurse/midwife/other healthcare personnel in the community.

### **Family Health Nursing**

For 6 weeks, students will render family health nursing care to four (4) multi-problem families (families with individual members diagnosed with different diseases or varying health needs). These families will be considered as the student nurses' family caseload in the community.

### **Planning, Implementation, and Evaluation of Program**

For almost 6 weeks, students will be tasked to care for a population group. For Batch 2, students need to conduct a records review and a presentation of the results of the previous community diagnosis on week 2. The community diagnosis is problem-focused, according to the perceived needs and priorities of the community and local health actors. By weeks 3 to week 5 students will plan a program with relevant stakeholders. By weeks 6 and 7, students will conduct and implement programs based on the agreed plans with the various stakeholders.

### **Capacity Building and Supervision**



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As soon as the community problem has been identified and plans for implementation of the programs, students will engage in capacity building and supervision activities. These activities aim to capacitate barangay health workers or other community partners with important skills to address the problem identified by the community. A training needs assessment will be done first to identify the focus areas and this will also be done in coordination with the rural health unit.

### **Research and Research-related activities**

Students will use descriptive research methods to substantiate their community diagnosis and the identified problem of the community. This will help them rationalize their strategies and approaches in planning, implementation, and evaluation of population-based care.

### **Prepared by:**

**MARY ABIGAIL A. HERNANDEZ, RN, MPH**

*N121.2 Course Coordinator (Batch 2)*

*UP Manila - College of Nursing*