



# COLLEGE OF NURSING UNIVERSITY OF THE PHILIPPINES MANILA



## Nursing 12 Public Health Nursing I Study Guide Day 6A

Did you find any difference in developing a family versus an individual nursing care plan? The steps are similar in that you are expected to state your client-oriented goals and objectives, nurse-oriented interventions and a plan to measure whether the goals and objectives were achieved and if the nursing interventions contributed to the expected outcomes of care. Today, our topic revolves on how the family health nursing interventions can best be delivered considering the available resources of the nurse, family and the community. Your home visits provide a face-to-face interaction between you and the family that becomes an opportunity and avenue for you, as the nurse, to develop creative and innovative ways to improve and strengthen family's competence in performing their family health tasks.

### **Learning Outcomes:**

After studying this topic, you should be able to:

1. Describe the goal of family health nursing interventions.
2. Describe the types of family health nursing interventions.
3. Describe the roles that the nurse will assume in carrying out the nursing interventions for the family.
4. Discuss the various public health programs to address wellness and health promotion needs of the family and its members

### **Topics:**

The lessons for this week cover the topics of Unit 2D on "Implementing Family Health Nursing Interventions"

- A. Goals of family health nursing interventions
- B. Types of family health nursing interventions
- C. Public health programs and services to maintain family wellness and achieve family competence

### **Learning Activities:**

1. Read Chapter 4: Implementation and Evaluation in Family Nursing Practice of the book "Nursing Practice in the Community" by Araceli S. Maglaya (ed) pp 97-108
2. Listen to the recorded lecture on ["Implementing the Family Health Nursing Interventions"](#).
3. With your group, perform the following:
  - *Take a video of yourself simulating a home visit to your family client.*
  - *Perform a specific intervention for the family.*
  - *Rationalize the objectives of your nursing intervention.*
  - *Limit your video to a 15 minute intervention.*
4. Present your video output in class.