



COLLEGE OF NURSING
UNIVERSITY OF THE PHILIPPINES
MANILA



Nursing 12
Public Health Nursing I
Study Guide: Days 4-5

How did you find the topic last week? Assessing a family's health status may be quite different from the usual health status assessment of individuals in terms of breadth and depth. As a family health nurse, you are expected to assess all the members of the family, and that fact alone, may drain all the energy you have, especially if the family is a big one. In addition, you have to describe the family's structure, characteristics and dynamics, home and community environment, socio-economic and cultural characteristics, and values and practices on health promotion, wellness maintenance and disease prevention. All these have influences in how the family will perform their health tasks. The ultimate goal of family health nursing is to assist the family and its members in strengthening their competence in performing their health tasks towards improving their health status. It is in this context that this week's topic become important for you. You need to develop a nursing care plan that is responsive, appropriate and relevant to the needs of the family and its members.

Learning Outcomes:

After studying this topic, you should be able to:

1. Explain the importance of developing a nursing care plan to guide the interventions for the family.
2. Rank health problems according to priority.
3. Develop goals and objectives of care to improve family's health status.
4. Select appropriate nursing interventions to increase family competence in caring for its members.
5. Determine appropriate methods of nurse-family contact to deliver nursing interventions.
6. Identify resources of the family, nurse and the community necessary to achieve goals and objectives of care
7. State criteria, standards and methods of evaluating outcomes of care

Topics:

The lessons for this week cover the topics of Unit 4 Family Health Nursing on **“Developing a Family Nursing Care Plan”**

- A. Ranking family health problems into priority
- B. Formulating goals and objectives
- C. Selecting appropriate nursing interventions and methods of nurse-family contact
- D. Determining resources to accomplish family health goals and objectives
- E. Specifying evaluation criteria, standards and methods to measure outcomes of care

Learning Activities:

1. Read Chapter 3: Developing the Family Nursing Care Plan of the book “Nursing Practice in the Community” by Araceli S. Maglaya (ed) pp 76-94
2. Listen to the recorded lecture on **“Developing a Family Nursing Care Plan”**. https://drive.google.com/file/d/1CMAdNUU4jXVtHG5oSvkcQ1n5ayAFEP7R/view?usp=drive_link
- 3.
3. With your group, continue working on the case provided for you. Use the format for the FNCP as described in the book. Output should include the following:
 - *Priority setting of health problems*
 - *Stating goals and objectives of care*
 - *Selection of family health nursing interventions*
 - *Determining resources needed*
 - *Developing an evaluation plan*

4. Use the format below for Priority Setting of Health Problems:

Health Problem:

Criteria	Weight	Justification
Nature of the problem	(1)	
Wellness state	3	
Health threat	3	
Health deficit	3	
Foreseeable crisis/stress point	1	
Modifiability of the problem	(2)	
Easily modifiable	2	
Partially modifiable	1	
Not modifiable	0	
Preventive potential	(1)	
High	3	
Moderate	2	
Low	1	
Salience	(1)	
A condition or problem needing immediate attention	2	
A condition or problem not needing immediate attention	1	
Not perceived as a problem or condition needing change	0	

4. Use the format for the Family Nursing Care Plan

Health Problem	Family Health Nursing Problems	Goal and Objectives of Care	Nursing Interventions	Outcomes/ Criteria or Indicators/Standards	Methods/Tools of Evaluation

5. Present your output in class. Your output will be based on the rubrics on developing the FNCP. <https://acrobat.adobe.com/link/review?uri=urn:aaid:scds:US:355fd031-00aa-3b8a-a9cc-920a64fab776>