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N13 Maternal and Child Nursing

**LABORATORY GUIDE**

**Preparing the Instruments for Delivery, Delivery of the Baby and the Placenta**

**INTRODUCTION**

In this laboratory section, you will learn about handling and assisting the delivery of the baby. You will be watching videos that show the birth of the baby and the placenta, as well as cutting of the cord. Handout and checklists are provided so that you may take note of the steps you will be doing when we meet for the performance of the skill in the laboratory.

In this section, you will learn about preparing instruments which are needed for the delivery of the baby.

**LEARNING OUTCOMES**

1. Discuss the following
   1. delivery of the baby and keeping the baby warm
   2. cutting the cord
   3. delivery of the placenta

**ACTIVITIES**

1. Watch the videos and the short recorded lectures
2. Review the checklists and handout
3. Take the quiz

**LEARNING RESOURCE**

1. Videos on:

a. Supporting the perineum/Ritgen’s Maneuver https://www.youtube.com/watch?

v=X9\_FP3fG8XM

b. Delivery of the Baby and cutting the cord https://www.youtube.com/watch?

v=ulWDfErwYGA

1. Delivery of the Placenta/Brandt Andrew’s Maneuver https://www.youtube.com/watch?v=WvKSKTahCss

2.Handout on Preparing Instruments for Delivery

3. Checklist on:

a. Preparing the Patient for Delivery; Delivery of the Baby and the Placenta; and Cord Care (three-person team)

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