



College of Nursing  
**UNIVERSITY OF THE PHILIPPINES MANILA**  
The Health Sciences Center



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**N121.1: Intensive Nursing Experience in the Hospital Setting**  
*Second Semester, Academic Year 2023 - 2024*

**COURSE GUIDE AND SYLLABUS**

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### **Course Description:**

N-121.1 provides an opportunity for students to demonstrate beginning competencies of a first level nurse in the hospital setting with the integration and application of concepts, theories, and principles of nursing practice. This includes the development of their personal and professional values, leadership and management skills, and research capabilities. Their clinical experiences include Primary Nursing, Staff Nursing, and Head Nursing.

### **Purpose:**

To enable the student to integrate knowledge, skills, values, and attitudes required of a beginning nurse.

<b>Credit Units:</b>	7.5 units
<b>Placement:</b>	4 <sup>th</sup> year, Second Semester (2 Batches)
<b>Setting:</b>	U. P. College of Nursing and Philippine General Hospital

### **Course Faculty:**

#### *Core Faculty*

Assoc. Prof. Jenniffer T. Paguio (Course Coordinator) – Adult Health Nursing  
Asst. Prof. Jo Leah A. Flores (Co-Coordinator) – Nursing Administration  
Asst. Prof. Irma I. Almoneda – Nursing Administration  
Asst. Prof. Julienne Ivan D. Soberano – Mental Health and Psychiatric Nursing

#### *Support Faculty*

Asst. Prof. Aprille C. Banayat – Maternal and Child Nursing  
Asst. Prof. Josephine E. Cariaso - Adult Health Nursing  
Asst. Prof. Arnold B. Peralta – Maternal and Child Nursing

### **Course Outcomes:**

As a result of this course, the student will provide comprehensive nursing care to clients in the hospital setting with the integration of the following outcomes:

1. Apply critical thinking in the practice of nursing using knowledge from all related courses the student already completed.
2. Practice evidence-based nursing care in the management of patients, personnel, and units.
3. Provide care using skills on health promotion and disease prevention,

towards a higher level of wellness in the context of, but not limited to, primary health care approach.

4. Always conduct oneself in the image of a professional nurse
5. Demonstrate integrity, respect for human dignity, gender and culture sensitivity, and social justice in the practice of nursing.
6. Communicate effectively with clients, health team, and other stakeholders in achieving health, unit, and program goals.
7. Document nursing practice decisions, outcomes of client care and program/service implementation using appropriate forms in a timely, accurate and comprehensive manner for continuous quality improvement of nursing care and health service
8. Work proactively towards health goals, and client empowerment through effective interprofessional collaboration.
9. Practice beginning leadership and management skills in the delivery of safe, quality client care and continuous quality improvement of nursing care and health service.
10. On evidence-based practice:
  - a. Apply research skills in the implementation of a quality improvement project that is compliant to technical and ethical guidelines with supervision.
  - b. Present quality improvement project proposal at a healthcare institution via a local forum (i.e., school/university or hospital)
11. Engage in lifelong learning with a passion to keep current with national and global developments in general, and nursing and health development in particular.
12. Demonstrate responsible citizenship, love of country, and pride of being a Filipino.

### **Activities and Requirements:**

The following are the activities and corresponding requirements for the course:

#### **A. Clinical Duty Activities**

1. Daily attendance to clinical responsibilities at the designated hospital unit, 8 hours daily, 4 days a week, for 7 weeks. This will cover Primary Nursing (3 weeks), Staff Nursing (2 weeks), and Head Nursing (2 weeks).
2. Daily submission of duly accomplished journal logbooks.
3. Journal logbooks must reflect satisfactory documentation of patient assessment, nursing diagnoses and classifications, care plan/s, and progress notes. This must include nursing health history, physical assessment, laboratory and diagnostic studies, drug studies, time and activity plan, and journal articles that reflect current best evidence in

nursing practice. Other requirements to be entered in the logbook are nurse-centered objectives, pathophysiology diagram, problem list with prioritization, highlights and insights. Other written requirements may be required which may be called for by the situation/as the faculty deemed fit (i.e., discharge plan, teaching plan, incident, or anecdotal reports). The template outline can be found [here](#).

4. Other requirements to be submitted within the clinical rotation:
  - Daily Time Records (signed by the Head Nurse at the end of each week's rotation)
  - Summary list of patients handled
  - Summary list of journals
  - Teaching plan for patient education
  - Photocopies of discharge plans signed by patient/significant other
  - Photocopies of staff schedule duly signed by the head nurse
  - Anecdotal/incident report duly signed by the head nurse
5. Copy of latest Chest Radiograph, HBsAg, and anti-HBs results, and other tests deemed relevant by your faculty. Also include the following: proof of health insurance, proof of COVID19 vaccination and booster, and proof of hepatitis titer/booster.

## B. Group Activities

Monday mornings are allocated for group activities. Please refer to our *Rotation Plan* for the specific schedules of presentation.

### 1. *Quality Improvement Proposal*

You will prepare a proposal for a Quality Improvement Project to address areas for enhancement in your respective units. These should be informed by an assessment of your units' work environment and aimed at enhancing safe and quality care.

Outputs for this group work include a 30-minute presentation and a QI Proposal document. Please see the **Activity Guide** and **Evaluation Rubric**.

### 2. *Group-led Seminar*

Continuing education supports lifelong learning and professional practice. We recognize that there are issues and practice updates that will help prepare you for your role as professionals that may not have been expounded on during your early Nursing years. Hence, each group will develop and implement a Seminar on a topic of your choice.

Outputs for this group work include a 2-hour seminar and a Seminar Plan. Please see the **Activity Guide** and **Evaluation Rubric**.

### 3. *Group Case Presentation*

This activity aims to build your competencies in presenting your critical analysis, nursing management, and insights from a selected patient under your care. This builds on your skills in presenting research findings, use of evidence-based and theory-based care, and documentation of nursing practice decisions. Hence, each group will select one patient who has been under your care for at least 2 weeks and present their case.

Outputs for this group work include a 30-minute presentation and a Case Study document. Please see the **Activity Guide** and **Evaluation Rubric**.

#### **Bases for Evaluation:**

Course Component		%
<b>Clinical Performance</b>		<b>75</b>
Primary Nursing	30	
Staff Nursing	20	
Head Nursing	25	
<b>Group Performance</b>		<b>25</b>
Quality Improvement Project	10	
Case Analysis and Presentation	10	
Seminar	5	
Peer Evaluation		
<i>Multiplier for Group Performance rating</i>		100%

#### **Course Materials:**

##### 1. *Virtual Learning Platform*

The UP Manila Virtual Environment will be used as a repository of submissions and platform for announcements.

The course does not have any virtual clinical component.

##### 2. *Course Pack*

- a. Course Guide & Syllabus
- b. Performance Evaluation Checklists (Primary, Staff, Head Nursing)
- c. Activity Guides for:
  - i. Quality Improvement Proposal
  - ii. Case Presentation

- iii. Student-led Seminar
- d. Evaluation Report for Case Presentation
- e. Peer Evaluation
- f. Resources List
  - i. Open Educational Resources (OERs): videos, online activities, reading references
  - ii. UP Manila Library Resources (accessed through the UPM VPN, requires login credentials)

### **Guidelines for Clinical Duty:**

1. Submit a copy of your COVID19 vaccination card and proof of health/medical insurance in the VLE submission bin.
  2. Follow the schedule and daily attendance to clinical responsibilities at the designated hospital unit
    - AM Shift – 6:00 AM – 2:30 PM
    - PM Shift – 2:00 – 10:30 PM
    - Night Shift – 10:00 PM – 6:30 AM
    - Mondays 8:00 AM
- Be in your assigned hospital unit 15 mins before the patient handover so you have time to don your level 2 PPE and conduct chart review.
    - Use the PGH Bundy clock for time-in and time-out. Each student will be given a Bundy card.
    - Use the ward's "Time-in and Time-out logbook" to record your arrival and departure from the unit.
  - Wear the following:
    - Upon entry to PGH:
      - Hospital base uniform
      - N95 or KN95 mask
      - Fully-closed white shoes
      - UP Manila ID (clip-on)
    - During patient care:
      - Hospital base uniform
      - Apron or Cobbler
      - N95 or KN95 mask
      - Fully-closed white shoes
  - Bring the following:
    - Assessment paraphernalia
    - Extra PPE (as needed)
    - Gloves (Clean and Sterile)
    - Bandage scissors
    - Micropore

- Ballpen (with blue and red ink)
- Yellow Green highlighter
- Permanent marker (black ink)
- Clipboard
- Medication Tray (sample photos below)



- Pill cutter & crusher (per group)
- Medicine cups (30 ml)
- Ruler (6-inch)
- Tape measure
- Small alcohol bottle
- [Optional] Self-inking name stamp