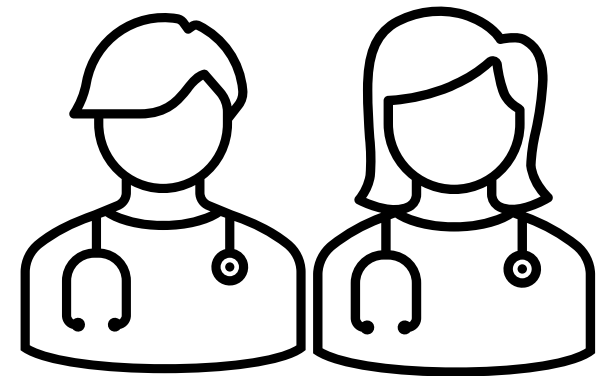
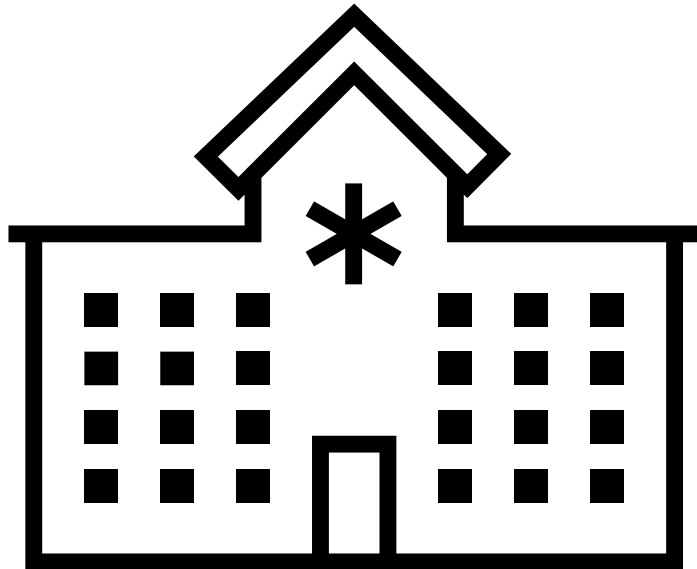


# Family Practice Center (FPC) preceptorials

FCH 250.1

AY 2023-2024





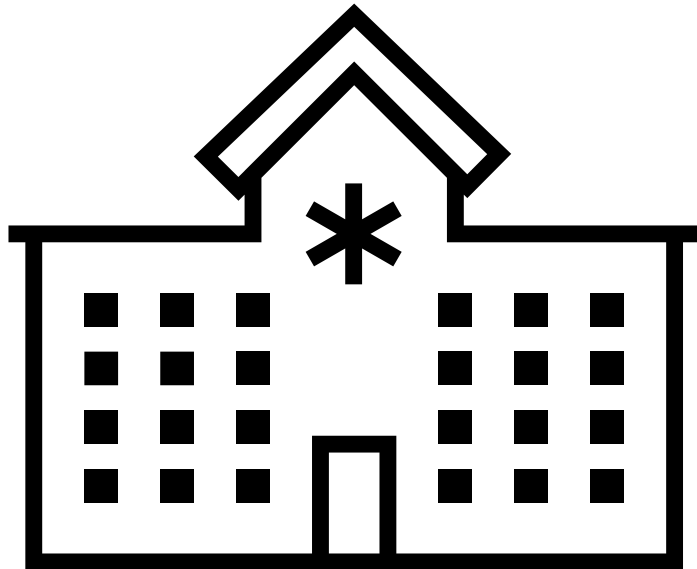
# Patient interviews

To be done by pairs

1 half-day

New or follow-up FPC patients

OPD 2/F Rm 216



# Patient interviews

Week 1 - Tues-Fri

Week 2 - Tues-Thurs

6 students (3 pairs) each day

8am & 1pm

Resident Monitor of the day

Faculty preceptor/chief resident/FPC  
Officer

# Cases

- + Assigned ideally from chief complaints/disease conditions in the clinical references/required readings of the block
  - + DM, hypertension
  - + Pruritus, weight loss, cough

# Tasks

- + Take a good **history** (include **genogram** of the immediate family or household only)
- + Perform a **complete physical examination**
- + Come up with a **primary working impression** based from data from the patient's history and PE findings
- + Propose a **plan**, which may include: a) diagnostic exams, b) pharmacologic and c) non-pharmacologic interventions, d) preventive care recommendations, e) referrals
- + **Present** this to your preceptor
- + **Document** the SOAP in the patient's chart

## \*Follow-up patients

- + Still take a full history, as if it's their initial consult
  - + When were they last seen at the clinic?
  - + What diagnosis were they told/do they remember?
  - + Were diagnostics requested and were they able to have them done?
  - + Previously prescribed medications or changes to their maintenance, if any
  - + New symptoms since last seen at the clinic, changes in previous symptoms (worsening/improvement in severity, frequency etc)
  - + HPN/DM: when they were diagnosed, presenting symptoms, HBP/UBP

# Patient record

- Resident monitor will assist you in accessing RADISH for patient lab results, reviewing previous entries and/or to encode patient's chart
- He or she may request that you email or share your SOAP notes instead

**RADISH**  
Computerized Registry of Admissions and Discharges



## Login

Please login with your email and password below.

Email/Username:

## **What to bring**

- + Own stethoscope
- + IF the group has their own instruments such as otoscope, ophthalmoscope, neurohammer, etc.

## **Necessary preparation**

- + Review/practice your physical exam before the FPC activity



# PPE

At least surgical mask recommended

NOTE: may use higher level mask such as KN95/N95

# HICU UPDATE

DECEMBER 9, 2023



## HICU GUIDANCE regarding COVID-19 during the 2023 Holidays

### QUESTION 1

Should the PGH and UP Manila community return back to usual masking whenever inside the campus now that there are reports of increasing number of COVID-19 cases?

### ANSWER

YES. Effective immediately, the HICU will once more require ALL patients, relatives, visitors, staff, trainees and students to wear at least a surgical mask at all times when inside any area of the UP Campus: both indoor, outdoor, inside offices, conference rooms and specially all clinical areas.



## HICU GUIDANCE regarding COVID-19 during the 2023 Holidays

### QUESTION 7

Can I still come to work or school if I have symptoms?

### ANSWER

NO. In general, persons with symptoms should have a COVID test and other workup as needed. Otherwise voluntary isolation for a period of 5 days until symptoms resolve is also acceptable. Discuss these options with your consultant, supervisor, professor and/or equivalent person-in-charge.

## HICU GUIDANCE regarding COVID-19 during the 2023 Holidays

### QUESTION 3

What should I do if I got exposed to a confirmed COVID-19 case?

### ANSWER

If you were within 1 meter distance of a person who eventually tested positive for COVID -19 (Antigen test or RT-PCR test), put on at least a surgical mask and wear this all the time as much as feasible. Then assess self and follow this guide:



- If you are less than 60 years and otherwise a healthy individual with no known illnesses, there is **NO absolute NEED TO TEST** as long as you have **NO SYMPTOMS**.
- If you are less than 60 years and otherwise healthy, **BUT DEVELOPS SYMPTOMS** such as cough, colds, sore throat, fever and other new symptoms, **TAKE THE TEST** (COVID ANTIGEN or COVID RT PCR) immediately and report results accordingly to your doctor or UPHS or HICU.

## HICU GUIDANCE regarding COVID-19 during the 2023 Holidays

### QUESTION 6

Can I continue to come to class or work even if I was exposed to a COVID-19 case but have remained asymptomatic?

### ANSWER

YES. You can come to school or work as long as you have not developed symptoms. Wear mask at all times specially when inside classrooms, offices, elevators, and other similarly enclosed areas.

# Reminders

- Refrain from attending face-to-face activity if with any COVID-related symptoms
- Undergo either RAT or PCR and consult with UPHS (F2F or telemed)
- Please report any absence on the first day
- Make-up or alternate activities will be arranged

**Questions?**