



N-108 Care for Clients with Psychosocial Problems in Adaptation and Adjustment

First Semester, Academic Year 2022-2023

LABORATORY GUIDE Maladaptive Behavior: Hallucinations

Developed by: Kathryn Lizbeth L. Siongco

Learning Outcomes

After the end of the laboratory session, you will be able to:

- a. Apply their knowledge on the concepts discussed in the lecture component of the course;
- b. Illustrate the relevance of theoretical ideas by placing them in a real-world context through role playing; and
- c. Illustrate the complexity of decision making in the management of a specific maladaptive behavior through nursing care plan.

Case Vignette

The client is a 78 year-old female who stayed in the US with her husband and 2 children who are both married and staying in USA. She stated that she was with her daughter after the death of her husband until her return to Manila last December, 2021 for unexplained reason. She claimed that she is with her niece and with Manuel, her son, in their room because it is their house though she added that “nalulungkot kasi mag-isa ako, di mo maalis yun kasi si Manuel kahit nandito lang siya, di ko nakikita” but Manuel is in the US. Further, she said that she has no problem in appetite and sleeping so with maintaining her hygiene as she takes a bath and changes her clothes everyday. Her niece confirmed these and added that she is too observant in cleanliness that she washes her own clothes and dishes.

She is currently located in Manila and under the care of her niece who is a nurse and a faculty of a certain University and in charge of all her needs. The primary caregiver shared that the client is experiencing auditory and visual hallucination as she heard her say “amang (referring to her son), kumain ka na...matulog ka na”, “nandito siya, dinadalaw ako...nagtatago siya sa inyo kasi ayaw magpakita”...kausap din ang boyfriend, “hindi niyo ba naririnig, may bumubulong”. She is also highly suspicious as she said “binenta and sinanla yung bahay at hinihingi yung titulo...sinungaling ka (referring to her niece)”. Moreover, the primary caregiver states that she becomes

This material has been reproduced and communicated to you by or on behalf of University of the Philippines pursuant to PART IV: The Law on Copyright of Republic Act (RA) 8293 or the “Intellectual Property Code of the Philippines”. The University does not authorize you to reproduce or communicate this material. The Material may contain works that are subject to copyright protection under RA 8293. Any reproduction and/or communication of the material by you may be subject to copyright infringement and the copyright owners have the right to take legal action against such infringement.



assaultive and aggressive such as “kinuha yung kutsilyo, umalis kayo... nagmumura...pinagtatapon ang collection na perfume kaya iba’t-ibang amoy ang buong bahay matindi din galit sa anak na babae...hindi na nakakakilala o ayaw makisalamuha sa mga tao sa bahay at kapitbahay kahit pumunta sa doctor... mapride din kasi ayaw tumanggap ng regalo kanino man at wala siyang pakialam kahit inaayos ko yung retirement niya sa GSIS kasi ayaw niyang pumirma kasi hindi daw niya kailangan’.

Severe memory loss for recent events is observed. Severe difficulty with time and relationship is also exhibited as she is disoriented to time and often to place; unable to make judgments or solve problems; unable to function independently in community activities; performs only simple chores like washing the dishes and laundry though very restricted in interests or no hobbies at all; but capable of self-care despite her difficulty in walking due to a childhood accident.

Instructions

1. The group will create a role play based on the case vignette. The role play will be presented face-to-face during the laboratory session on September 8, 2022 for 10-15 minutes. Be creative as you want to be.
2. Your case vignette is only the premise of your role play, you are given the creative freedom to take it to a direction that the group wants. For example, you may create a scenario where the patient becomes aggressive, and as psychiatric nurses, you will provide the necessary interventions to manage the current behavioral state of the patient.
3. The group should decide who will play the role of the patient, the mother, the doctor and the nurse/s. You may create new characters as well.
4. Please refer to the checklist provided to guide you with the steps in taking care of the patient according to the maladaptive behavior (e.g., interventions, management, etc.).
5. Explore different techniques discussed in the lecture portion of the course in managing the specific maladaptive behaviors as observed in the case vignette.
6. Develop 1-2 nursing care plans according to prioritization and present it for 5-10 minutes following the role play.
7. Feedback will be provided by the faculty-in-charge following the presentations.