



COLLEGE OF NURSING
UNIVERSITY OF THE PHILIPPINES MANILA



**N108: NURSING CARE OF PATIENTS WITH PROBLEMS IN
PSYCHOSOCIAL ADAPTATION AND ADJUSTMENT
1st Semester, AY 2023-2024**

ACADEMIC INTEGRITY

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LABORATORY GUIDE I

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Activity 1: PSYCHIATRIC ASSESSMENT AND INTERVIEW

Duration: 3 hours

Learning Outcomes:

1. Establish trust and rapport with the client
2. Use effective communication strategies in the conduct of psychiatric assessment
3. Assess client's mental health status (brief psychiatric history and mental status exam)
4. Ensure privacy and confidentiality during client interaction
5. Document psychiatric nursing assessment findings

Instructions:

- Review the strategies in psychiatric interview and the conduct of psychiatric assessment.
- Each group should assign the following:
 - Interviewer: Psychiatric History
 - Interviewer: MSE
 - Documenter/ Reporter
 - Observer
- You will be given 45 minutes to interview a patient (actor) in an assigned room.
- Manage your time wisely. After 45 minutes, the documenter will report to the faculty in a charge all the significant findings elicited during the interview using the psychiatric assessment form provided.
- Faculty will then give feedback and comments to be followed by processing of the experience and lessons learned. (30 minutes)
- After the small group discussion, everyone will return to the main session for big group sharing (c/o assigned observers per group) and synthesis.

