



Guidelines for PRIMARY LEVEL Clinical Experience

Nursing 108 Section 1
First Semester, AY 2023-2024

CLINICAL OBJECTIVES:

Given an individual and population group in a state of wellness, the student will be able to:

1. Establish a trusting relationship with the client
2. Utilize effective communication strategies in the client interaction
3. Assess client's mental health status
4. Analyze factors that hinder or promote mental wellness of client
5. Implement plan of care for mental health promotion
6. Evaluate plan of care
7. Document client responses and outcomes of care based on data privacy guidelines
8. Identify community resources for mental health promotion
9. Demonstrate integrity, culture and gender sensitivity and respect for human dignity in client care
10. Facilitate group sessions on mental health and psychosocial wellness in selected at-risk population group

SUGGESTED POPULATION GROUPS:

First year UP Manila Students
Caregivers
Women pregnant for the first time
Elderly
Street children
Adolescents

ACTIVITIES:

1. Choose individuals and population group you want to work with
2. Coordinate with appropriate institutions/agencies
3. Meet with individuals and selected population group to assess their mental health promotion needs and to draft plan of care to address identified needs.
4. Implement mental health promotion activities
 - At least 5 individual sessions (at least 45 mins each session)
 - At least 5 group sessions (at least 1hr each session)
 - 50% or more of the sessions should be conducted face to face.
5. Evaluate plan of care



REQUIREMENTS:

1. Attend individual/ group consultation meetings with faculty in charge (face to face or online)
2. Submit **individual papers**. It should include
 - a. psychiatric nursing health history
 - b. PE/ mental status exam
 - c. results of psychological tests (if needed)
 - d. NCP
 - e. progress notes
 - f. evaluation
3. Submit **one (1) process recording**. See separate format/guide.
4. Submit written **group** report. The report should include the:
 - a. background of population group selected (characteristics of population group that may hinder and promote mental health)
 - b. assessment of actual mental health promotion needs identified
 - c. interventions that addressed the mental health promotion needs
 - d. evaluation of the interventions
3. Submit **individual student diary**. Use the following format
 - a. objectives for the day
 - b. narration of what transpired
 - c. evaluation of the set objectives
 - d. insights/reflections and analysis of what happened (can be creative in writing/ expressing thoughts and feelings)
4. Submit accomplished **individual performance evaluation checklist and peer evaluation** for the primary level at the end of the course.

SCHEDULE:

Inclusive Dates: September 4-15, 2023
Mondays Synchronous Plenary Session / Consultations (8 hours)
Tuesdays to Fridays 4-hour clinical duty per day* (32 hours)
**Flexible schedule depending on client availability*

| ACTIVITIES | WEEK 1 | | | | | WEEK 2 | | | | |
|--|--------|---|---|---|---|--------|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 |
| Recruitment <i>*Secure Informed Consent</i> | | | | | | | | | | |
| Assessment | | | | | | | | | | |
| Analysis/ Planning | | | | | | | | | | |
| Implementation | | | | | | | | | | |
| Evaluation/ Termination | | | | | | | | | | |



PRIMARY GROUPINGS

| Julienne Ivan D. Soberano, MISW, MSN, RN | Maria Angela A. Mabale, MA, RN | Kathryn Lizbeth L. Siongco, PhD, RN | Maria Rita V. Tamse, MN, RN |
|---|---------------------------------------|--|------------------------------------|
| 1 | 2 | 3 | 4 |
| Calata, Razel Elwyn | Bertol, Regine | Aguilar, Mark John Lucas | Abejo, Mary Adrinne |
| Erna, Leoneil Jenz | Chua, Darmon Emmanuel | Baclig, Emmanuel James | Balassu, John Michael |
| Ignacio, Jil Maries | Estrella, Jullani Alexi | Cortez, Maria May | Mendoza, Ashley Jayette |
| Ongkeko, Nathalie | Guintu, Lindsey Ann | Gadaingan, Lucy Jane | Morelos, Andro |
| Sajonia, Jia Anne | Javinal, Rianne Danielle | Lomotos, Trevor Phoenix | Orita, Carly Jeanel |
| Sarmiento, Edline Aubrey | Mancenido, Angelie Mae | Magallano, Asherah Mae | Rimando, Ma. Trisha Paula |
| | Placido, Leonardo Vincent | | Talam, Jethro |