



COLLEGE OF NURSING  
UNIVERSITY OF THE PHILIPPINES MANILA



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**N108: NURSING CARE OF PATIENTS WITH PROBLEMS IN  
PSYCHOSOCIAL ADAPTATION AND ADJUSTMENT  
1<sup>st</sup> Semester, AY 2023-2024**

**ACADEMIC INTEGRITY**

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## LABORATORY GUIDE I

Developed by: Maria Angela A. Mabale, MA (Nursing), RN

**Activity 1:** PSYCHIATRIC ASSESSMENT AND INTERVIEW

Duration: 3 hours

### Learning Outcomes:

1. Establish trust and rapport with the client
2. Use effective communication strategies in the conduct of psychiatric assessment
3. Assess client's mental health status (brief psychiatric history and mental status exam)
4. Ensure privacy and confidentiality during client interaction
5. Document psychiatric nursing assessment findings

### Instructions:

- Review the strategies in psychiatric interview and the conduct of psychiatric assessment.
- Each group should assign the following:
  - Interviewer: Psychiatric History
  - Interviewer: MSE
  - Documenter/ Reporter
  - Observer
- You will be given 45 minutes to interview a patient (actor) in an assigned room.
- Manage your time wisely. After 45 minutes, the documenter will report to the faculty in a charge all the significant findings elicited during the interview using the psychiatric assessment form provided.
- Faculty will then give feedback and comments to be followed by processing of the experience and lessons learned. (30 minutes)
- After the small group discussion, everyone will return to the main session for big group sharing (c/o assigned observers per group) and synthesis.



**LABORATORY GROUPINGS**

<b>Julienne Ivan D. Soberano, MISW, MSN, RN</b>	<b>Maria Angela A. Mabale, MA, RN</b>	<b>Kathryn Lizbeth L. Siongco, PhD, RN</b>
<b>1a</b>	<b>2a</b>	<b>3a</b>
Ongkeko, Nathalie	Abejo, Mary Adrinne Dayap	Baclig, Emmanuel James
Bertol, Regine	Balassu, John Michael	Cortez, Maria May
Calata, Razel Elwyn	Chua, Darmon Emmanuel	Gadaingan, Lucy Jane
Erna, Leoneil Jenz	Javinal, Rianne Danielle	Lomotos, Trevor Phoenix
<b>1b</b>	<b>2b</b>	<b>3b</b>
Estrella, Jullani Alexi	Placido, Leonardo Vincent	Magallano, Asherah Mae
Ignacio, Jil Maries	Mancenido, Angelie Mae	Aguilar, Mark John Lucas
Guintu, Lindsey Ann	Morelos, Andro	Orita, Carly Jeanel Belcybeth
Sarmiento, Edline Aubrey	Sajonia, Jia Anne	Mendoza, Ashley Jayette
Talam, Luis Jethro		Rimando, Ma. Trisha Paula

**Schedule:**

August 30, 2023 (Wednesday):            Groups 1A, 2A and 3A: 7:00 - 9:00 am  
    Groups 1B, 2B and 3B: 9:00 - 11:00 am  
    Plenary Discussion: 11:00 am – 12:00 nn

**Reminders:**

- Wear your community uniform on the scheduled face to face laboratory session.
- Use the Psychiatric Assessment Form and Psychiatric Assessment Skills checklist posted in the course site.