

UNIVERSITY OF THE PHILIPPINES MANILA  
COLLEGE OF NURSING  
WHO Collaborating Center (WHOCC) for Leadership in Nursing  
Development  
Center of Excellence (COE)  
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Course Code : N302  
Placement: Second Semester SS 2022-2023  
Credit: 3 units  
Pre/ co-requisite: N301

Course Title : Theory Building

Course Description:

Analysis of philosophies, theories, principles, and research findings in nursing science and related fields to provide structure in nursing theory development applicable to practice.

Course Goal: The expected outcome is an explanatory framework of a substantive theory in nursing, health, and caring.

The course consists of 2 parts:

- a) study of the underpinnings of the discipline of nursing by examining its philosophies, theories, concepts, principles, research findings, and nursing development in the country,
- b) engaging in the nursing theory development process.

Course Learning Outcomes:

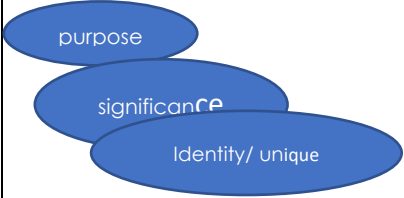
1. Explain an evidence-based approach/ method in the analysis and synthesis of the nursing science- related philosophies, theories, principles, research findings in an integrative review form.
2. Develop an explanatory framework of a substantive theory in nursing, health, and caring, through:
  - a. Concept analysis process
  - b. Systematic organization of the linkages between and among the concepts (or variables).

- c. Generation of theoretical relationships, propositions, and empirical indicators.

Course Content and Schedule:

(Approach: 16 weeks; blended learning; synchronous and asynchronous on-line class meeting using zoom platform; workshops; reports; consultations).

Week / Date 2023 (4-7pm)	Learning Objectives/ Content	Teaching- Learning Activity/ Outputs	REMARKS, Study Guide and *INDEPENDENT STUDY
Week 1 Feb 16	Generate ideas/ topics for theory development.	Orientation to the course Knowing each other  <i>Present related paper/ concept completed in previous course.</i>	*Skill development in integrative review development. (See guide/ ppt presentation)  *Review of related literatures- integrate in discussions all throughout
Week 2 Feb 23  <b>SYNCH</b>	Describe the four main metaparadigm concepts in nursing: persons, environment, health, nursing, and their interrelationships.  Gain perspectives of the central themes of selected nursing theories.	Learning from nursing theorists: <ul style="list-style-type: none"> <li>o Nightingale</li> <li>o 20<sup>th</sup> C nursing theorists</li> <li>o Nurse-patient relationship theories</li> <li>o Interactive-integrative</li> <li>o Unitary transformative</li> <li>o Caring theories</li> <li>o Middle-range theories</li> </ul> <i>PPT presentation</i>	Given preliminary readings, discuss your proposed conceptualization of a concept in nursing.  What topic will you work on for the concept analysis and why?
Week 3 Mar 2	Discuss purpose and methodology of concept analysis development.	Concept analysis development process (steps) by Walker and Avant (1994)*	*Different concept analysis methods: - Walker & Avant (1994, 1964) most used in nursing -Wilson (1993) -Rodgers and Knafli (1993) -Morse (1995) -Chinn & Kramer (1995)
Week 4	Discuss the status of nursing as a discipline	Developments in Philippine nursing: <ul style="list-style-type: none"> <li>o Nursing education</li> </ul>	Report and Workshop:

Mar 9 <b>SYNCH</b>	and profession in the country at this time of theory development.	<ul style="list-style-type: none"> <li>○ Nursing practice</li> <li>○ Nursing research</li> <li>○ Values that shape Philippine nursing-meanings and cultural implications</li> </ul>	1. 2. 3. 4. 5.
Weeks 5 Mar 16 <b>SYNCH</b>	<p>Explain the purpose of nursing theories in professional disciplines and its application in practice.</p> <p>Organize theoretical thinking using related philosophies in health, nursing, and caring, and research findings.</p>	<p>The discipline of nursing, nursing science, and structuring of nursing knowledge.</p> <ul style="list-style-type: none"> <li>○ Innovations and creativity in theory generation.</li> </ul>	Resource Person  Rozzano C. Locsin, PhD, RN, FAAN Nursing Theorist
Week 6-7 Mar 23 Mar 30 <b>ASYNCH</b>	<p>Integrate review of literature and concept analysis.</p> <p><i>Consultation: as scheduled</i></p>	<p>Work on:</p> <ul style="list-style-type: none"> <li>○ Integrative Review</li> <li>○ Concept Analysis: selection, definitions, use, antecedents, attributes, consequences, empirical referents/ indicators, outcomes</li> </ul>	<p>*Independent Study</p> <p>**Submission of Concept Analysis.</p> <p><i>This will guide your theory development.</i></p>
Week 8 Apr 6	Holy Week	Reading Week	
Week 9 Apr 13 <b>SYNCH</b>	<p>Explain the steps in Theory Development (TD).</p> <p>Discuss the reasoning behind the use of the phenomena of interest or concept.</p> <p>Describe the major concepts, constructs, and concept</p>	<p>Work on: Step1. Describing the Phenomena. Reasoning for study, purpose and significance.</p> 	Study Guide: Refer to Appendix 01: Questions 1, 2, and 4.

	<p>exploration, and concept derived.</p> <p><i>Integrate writing the text by parts</i></p>	<p>Step 2. Concept Exploration.</p> <p>The structure, metaparadigms. Context of interrelationships.</p> <p>Develop the Synthesis Statement</p>	
<p>Week 10</p> <p>Apr 20</p> <p><b>SYNCH</b></p>	<p>Use current developments in nursing practice in the country as a means to strengthen nursing science and theory-building that is applicable to our culture.</p>	<p>Integrating nursing- theory guided practice.</p> <ul style="list-style-type: none"> <li>o Innovations, creativity, and leadership.</li> </ul>	<p>Resource Speaker</p> <p>Annabelle R. Borromeo, PhD, MHA, RN, CNS Nurse Leader</p>
<p>Week 11</p> <p>Apr 27</p>	<p>Integrate concept analysis in the theory development.</p> <p>Discuss interrelationship of concepts, and paradigm.</p> <p>Explain the building blocks in the theory development.</p> <p>Create visual maps.</p> <p><i>Integrate writing the text by parts</i></p>	<p>Step 3 Method Concept analysis of nursing phenomena being studied.</p> <p>Step 4 Relate concepts, paradigms (variables), linkages, ordering or sequence.</p> <p>Visual maps of concepts and variables.</p>	<p>Salient points:</p> <p>How is nursing conceptualized in the theory?</p> <p>What is the context of theory development?</p> <p>How can the overall significance of the nursing theory be described?</p>
<p>Week 12</p> <p>May 4</p> <p><b>SYNCH</b></p>	<p>Develop assumptions, propositions of the theory.</p> <p>Explain the framework of the theory.</p>	<p>Step 5 Present</p> <ul style="list-style-type: none"> <li>o the building blocks.</li> <li>o Relational statements (or variables), assumptions</li> </ul>	

		<ul style="list-style-type: none"> <li>○ Visual maps</li> </ul> <p>Theory evaluation of conceptual-theoretical-empirical structures (Fawcett, 2009). PPT</p>	
<p>Weeks 13-14</p> <p>May 11 May 18</p> <p><b>ASYNCH</b></p>	<p>Write the theory.</p> <p><i>Consultation: as scheduled.</i></p>	<p>Explanatory framework of a substantive theory in nursing, health, and caring.</p>	<p>*Follow standards in writing the text.</p>
<p>Week 15</p> <p>May 25</p> <p><b>SYNCH</b></p>	<p>Present the proposed theory in class/ or forum.</p> <p>Peer review/ critic.</p>	<p>Forum</p>	
<p>Week 16</p> <p>May 30</p>		<p>Final Examination</p>	<p>Submission of requirements.</p>

#### COURSE REQUIREMENTS

- Integrative Review - 15 %
- Workshop/ Reports/ Discussions - 15 %
- Concept Analysis paper - 25 %
- Theory Development - 30 %
- Examination - 15 % = 100%

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#### REFERENCES. Key words

- Concept analysis
- Strategies for theory construction
- Nursing theory development
- Theoretical and conceptual frameworks
- Philosophical assumptions in theory development
- Health outcomes in nursing
- Components of nursing theory
- Conceptual models in nursing
- Nursing-theory guided practice

- Explanatory substantive theory
- Theory evaluation.....

## APPENDIX 01

### A GUIDE FOR STUDY OF NURSING THEORY FOR USE IN PRACTICE

(Ref. Parker, M.E. & Smith, M.C. (2010). Nursing Theories and Nursing Practice, 3<sup>rd</sup> Ed. F. A. Davis Company)pp 18-19.

#### 1. How is nursing conceptualized in the theory?

Is the focus of nursing stated?

- What does the nurse do when practicing nursing?
- What guides nursing observations, reflections, decisions, and actions?
- What does the nurse think about when considering nursing?
- What are illustrations of use of the theory to guide practice.

What is the purpose of nursing?

- What do nurses do when they are practicing nursing based on the theory?
- What are exemplars of nursing assessments, designs, plans, and evaluation?
- What indicators give evidence of the quality and quantity of nursing practiced?
- Is the richness and complexity of nursing practice evident?

What are the boundaries or limits of nursing?

- How is nursing distinguished from other health-related fields?
- How is nursing related to other disciplines and services?
- What is the place of nursing in the interdisciplinary practice?
- What is the range of nursing situations in which the theory is useful?

How can the nursing situations be described?

- What are the attributes of the one nursed?
- What are the characteristics of the nurse?
- How can the interactions of the nurse and the recipient be described?
- Are there environmental requirements for the practice of nursing?

#### 2. What is the context of theory development?

Who is the nursing theorist as person and nurse?

- Why did the theorist develop the theory?
- What is the background of the theorist as a nursing scholar?
- What are the central values and beliefs set forth by the theorist?

What are the major theoretical influences on this theory?

- What nursing models and theories influenced this theory?
- What are the relationships between this theory and other theories?
- What nursing-related theories and philosophies influenced this theory?

What were major external influences on development of the theory?

- What were the social, economic, and political influences that shaped the theory?
- What images of nurses and nursing influenced the theory development?

- What was the status of nursing as a discipline and profession at the time of its development?
3. Who are the authoritative sources for information about the development, evaluation, and use of this theory?
- Who are nursing authorities who speak, write about, and use the theory?
- What are the professional attributes of these persons?
  - What are the attributes of authorities, and how does one become one?
  - Which other nurses should be considered authorities?
- What major resources are authoritative sources of the theory?
- What books, articles, audiovisual and electronics media exist to elucidate the theory?
  - What nursing societies share and support work of the theory?
  - What service and academic programs are authoritative sources for practicing and teaching the theory?
4. How can the overall significance of the nursing theory be described?
- What is the importance of the nursing theory over time?
- What are exemplars of the theory's use that structures and guide individual practice?
  - How has the theory been used to guide programs of nursing education?
  - How has the theory been used to guide nursing administration and organizations?
  - How does published nursing scholarship reflect the significance of the theory?
- What is the experience of nurses who report consistent use of the theory?
- What is the range of reports from practice?
  - Has nursing research led to further theoretical formulations?
  - Has the theory been used to develop new nursing practice?
  - Has the theory influenced the design, methods of nursing inquiry?
  - What has been the influence of the theory on nursing and health policy?
- What are the projected influences of the theory on nursing future?
- How has the theory influenced the community of scholars ?
  - In what ways has nursing as a professional practice been strengthened by the theory?
  - What future possibilities for nursing are open because of this theory?
  - What will be the continuing social value of the theory?

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