

EVALUATION TOOL FOR PERIODIC HEALTH EXAM SGD

Rating scale:

- 2 = done with complete data
- 1 = done with some deficiencies
- 0 = not done

CONTENT
The student must have presented the following essentials in a preventive history:
● General data
● Current medical problems and how it is being managed
● Family history – correct genogram (3 generation)
Needed and essential lifestyle modifications [May be presented simultaneously with obtained data]
● Lifestyle: Diet
● Lifestyle: Physical activity
● Lifestyle: Substance use including alcohol
● Lifestyle: Tobacco use
● Lifestyle: Personal hygiene/handwashing
● Lifestyle: Sexual activities
● Lifestyle: Stressors and coping mechanisms
● Lifestyle: Occupation and hazards
● Lifestyle: Sleep, rest and recreation
● Lifestyle: Environmental hazards
● Immunization history
Summary of the risk factors of the patient based on preventive history (multiplied by 2)
Evidence-based list of screening tests (multiplied by 2)
Recommended immunization for employee (multiplied by 2)
Chemoprevention for employee (multiplied by 2)
Total cost of the PHE proposed [based on FMAB rates]
PRESENTATION
Systematic and organized
Total max score = 50 pts