

LABORATORY ACTIVITY NO. 16

THE DIGESTIVE SYSTEM and METABOLISM

Scope of Laboratory Activity

This laboratory activity consists of five (5) worksheets:

Worksheet No. 1 Anatomy of the Digestive System

Worksheet No. 2 The Gastrointestinal Tract

Worksheet No. 3 Accessory Organs in Digestion: The Liver, Pancreas, and Gallbladder

Worksheet No. 4 Food breakdown in the digestive tract

Worksheet No. 5 Auscultation of Abdominal Sounds

Overview

The Holy Bible puts it simply, in Matthew 15:17, *“Do you not understand that everything that goes into the mouth passes into the stomach, and is eliminated?”*

The digestive system processes food that can be absorbed and used by the body's cells. The digestive organs are responsible for food ingestion, digestion, absorption and elimination of undigested remains from the body (Marieb, 2002).

Food and other nutrients undergo six activities which process food into molecules that can be absorbed and utilized by the cells of the body starting with (1) Ingestion, wherein food is taken by mouth and then by (2) Mechanical Digestion, broken by a process of mastication into smaller pieces that can be acted upon by saliva and various enzymes. The (3) Chemical

Digestion transforms the compound molecules of carbohydrates, proteins, and fats into minute ones through a process called hydrolysis which uses water and other enzymes, which hasten the very slow process of digestion. Particles then move down the esophagus to the stomach where mixing and (4) Peristaltic Movements, which are repetitive and rhythmic waves of contraction occur. These result in simpler molecules that can pass through cell membranes of the lining in the small intestine into the blood and lymph capillaries by (5) Absorption. The final step is (6) Elimination, which is the removal or evacuation of indigestible food molecules or waste products from the body.

Objectives

After completing this laboratory activity, the student will be able to:

1. Identify the anatomy of the digestive system.
2. Identify the gastrointestinal tract.
3. Classify the accessory organs in digestion.
4. Describe the food breakdown in the digestive tract.
5. Appreciate abdominal sounds

Materials

Anatomic charts
Pictures of the digestive system and organs
Glass of water
Plastic cup
Straw
Stethoscope

Worksheet No. 1 Anatomy of the Digestive System

1.1 Complete the following statements by inserting your answers in the answer blank.

The digestive system is responsible for many body processes. Its function begins when food is taken into the mouth, or 1._____. The process called 2. _____ occurs as food is broken down both chemically and mechanically. For the broken-down foods to be made available to the body cells, they must be absorbed through the digestive system walls into the 3. _____. Indigestible food remains are removed, or 4. _____, from the body in the form of 5. _____. The organs forming a continuous tube from the mouth to the anus are collectively called the 6. _____. Organs located outside the digestive tract proper, which secrete their products into the digestive tract, are referred to as 7. _____ organs of the digestive system.

1.2 Label the structures in Figure 1. Write your answer in the space provided below.

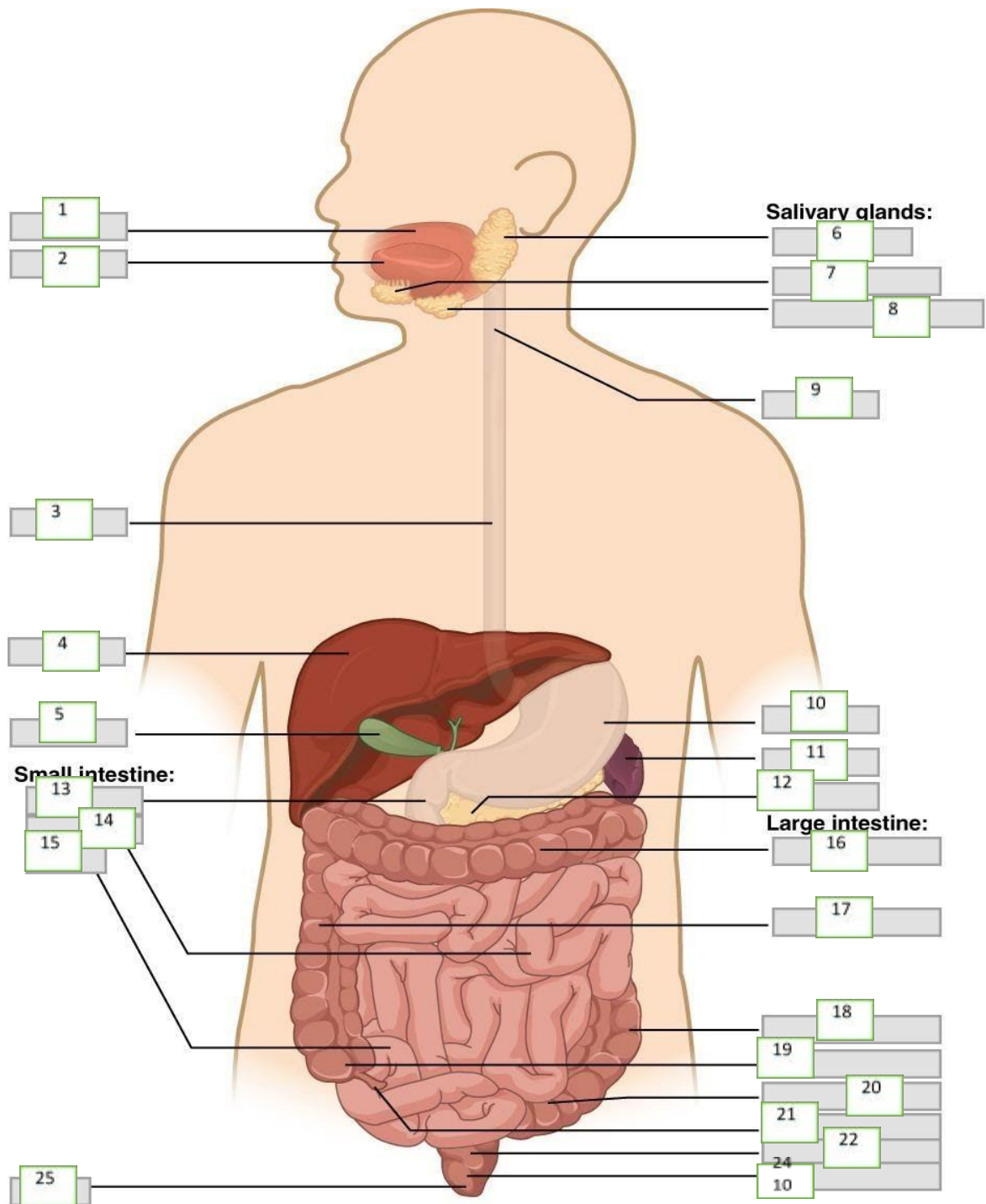


Figure 1. Organs of the Digestive System

1. _____	12. _____
2. _____	13. _____
3. _____	14. _____
4. _____	15. _____
5. _____	16. _____
6. _____	17. _____
7. _____	18. _____
8. _____	19. _____
9. _____	20. _____
10. _____	21. _____
11. _____	22. _____

Worksheet No. 2 The Oral Cavity and Gastrointestinal Tract.

2.1 Label the structures in Figure 2. Write your answer in the space provided below.

(Not included)

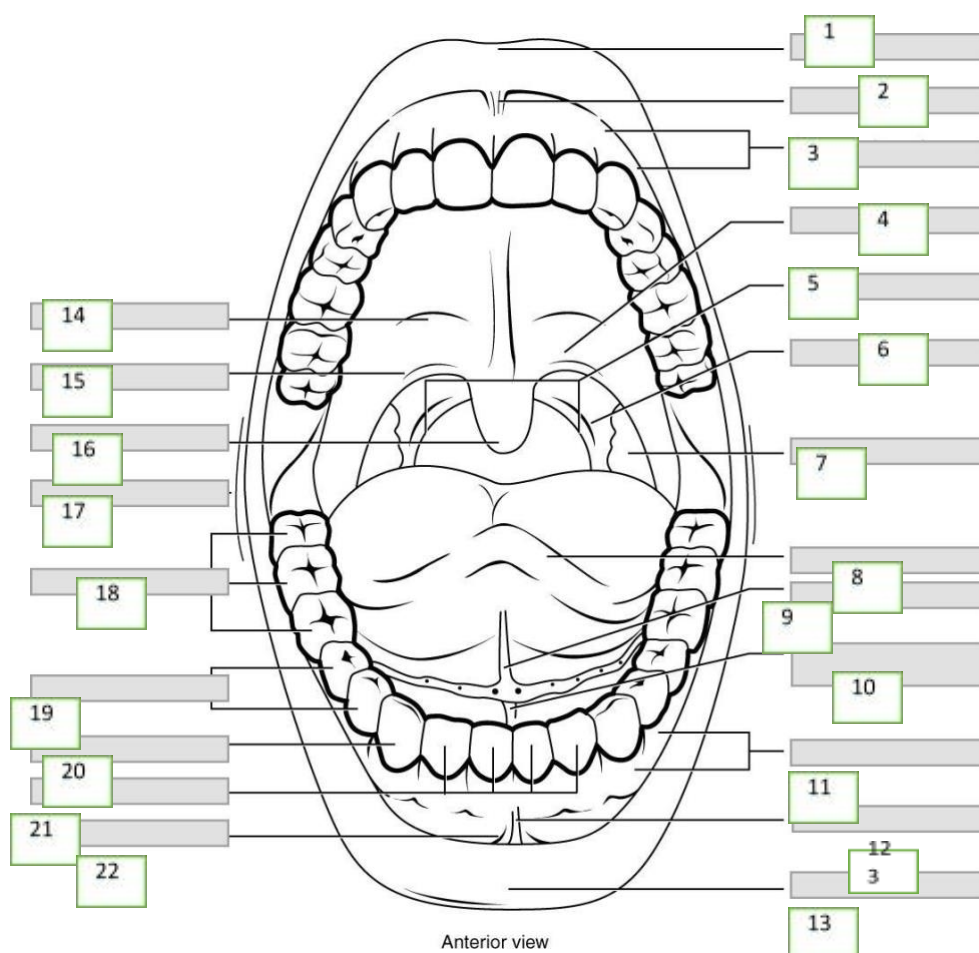


Figure 2. The Mouth

1. _____	12. _____
2. _____	13. _____
3. _____	14. _____
4. _____	15. _____
5. _____	16. _____
6. _____	17. _____
7. _____	18. _____
8. _____	19. _____
9. _____	20. _____
10. _____	21. _____
11. _____	22. _____

2.2 Label the structures in Figure 3. Write your answer in the space provided below.

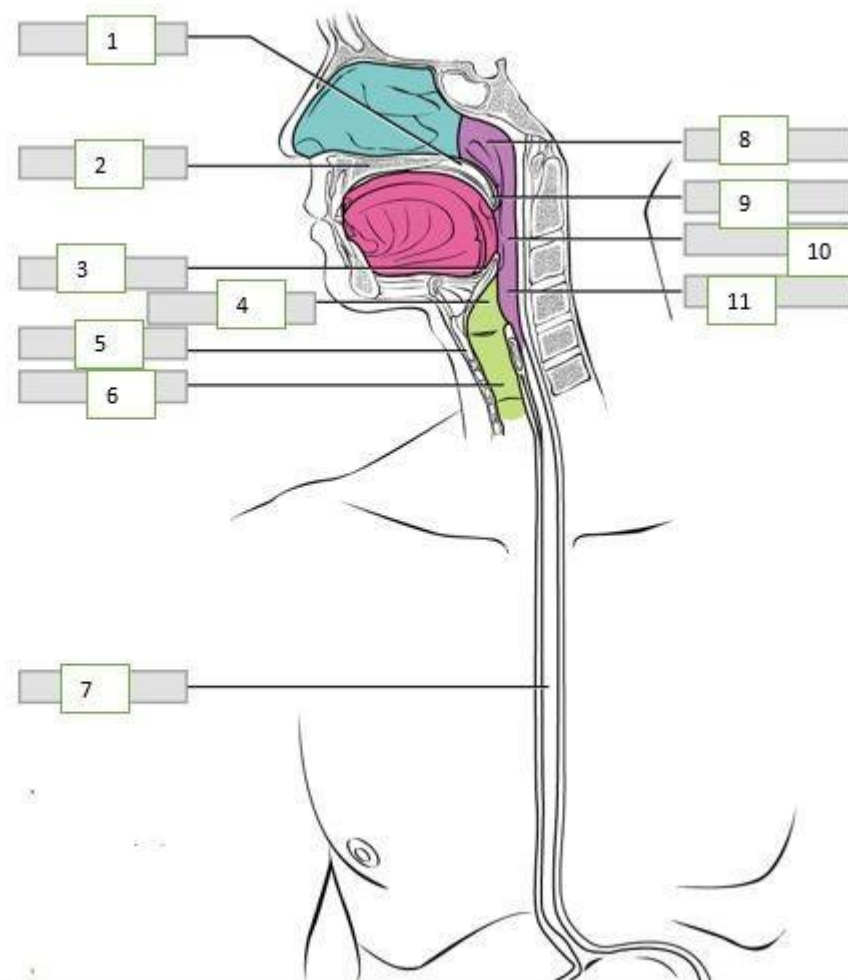


Figure 3. The Pharynx

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____

2.3 Label the structures in Figure4. Write your answer in the space provided below.(Not Included)

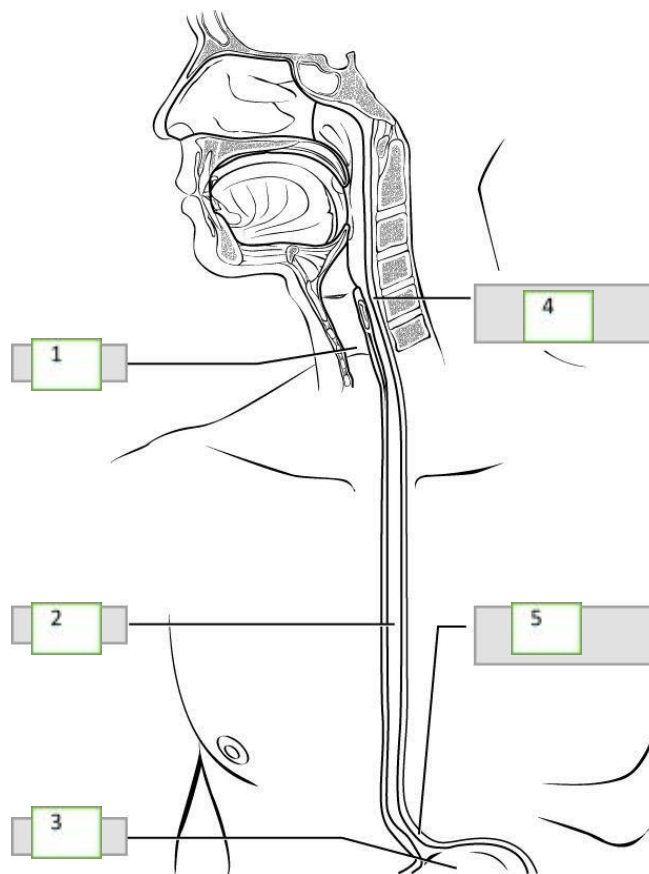


Figure 4. The Esophagus

1. _____
2. _____
3. _____
4. _____
5. _____

2.4 Label the structures in Figure 5. Write your answer in the space provided below.

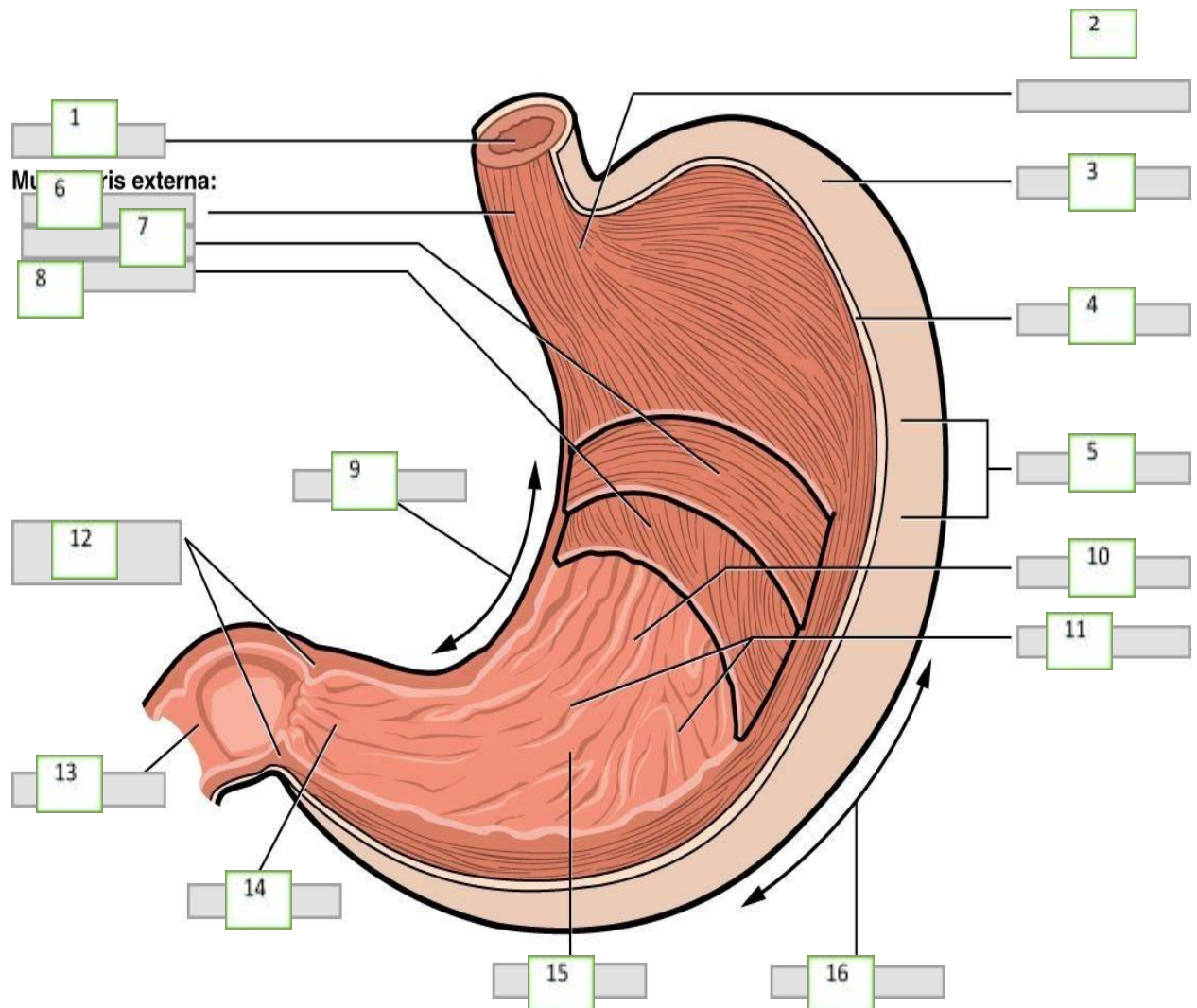


Figure 5. The Stomach

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____
16. _____

2.5 Label the structures in Figure 6. Write your answer in the space provided below

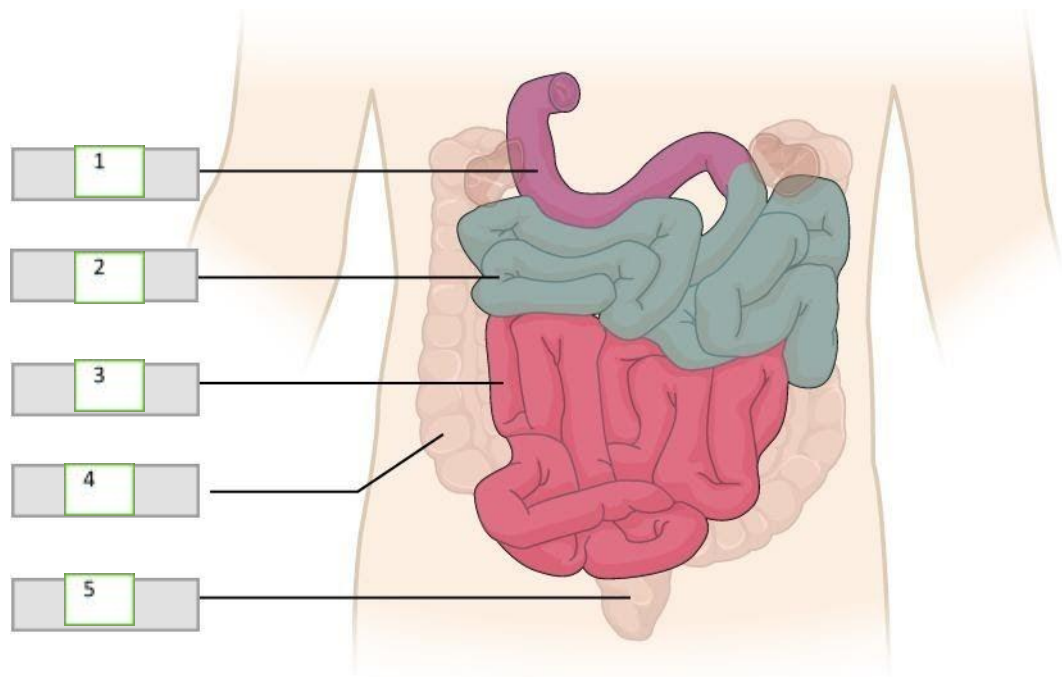


Figure 6. The Small Intestines

1. _____
2. _____
3. _____
4. _____
5. _____

2.6 Label the structures in Figure 7. Write your answer in the space provided below

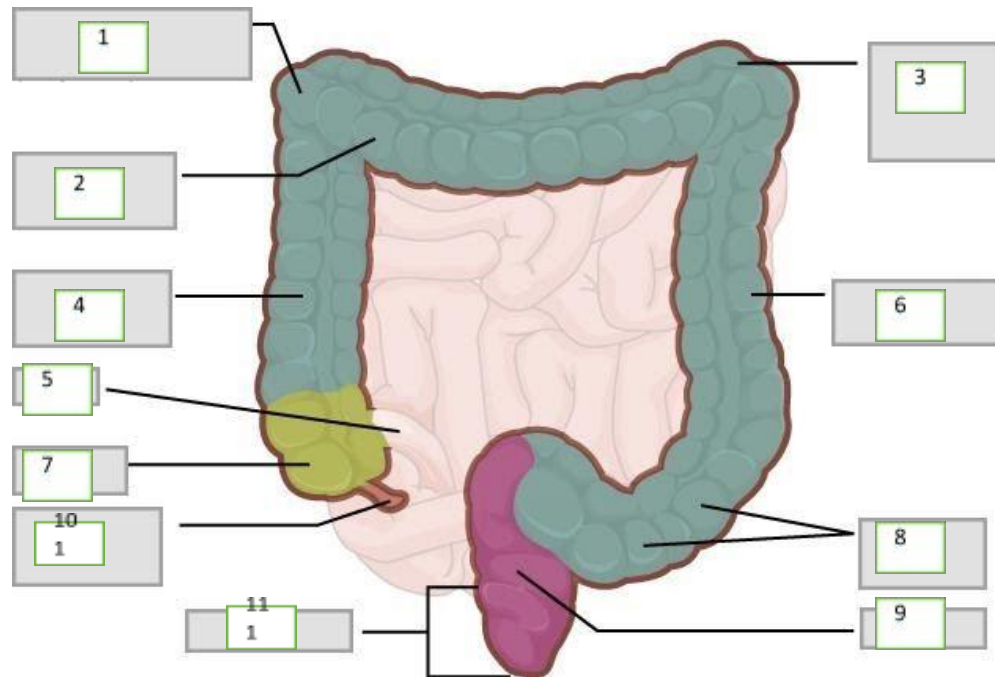


Figure 7. The Large Intestine

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____

Worksheet No. 3 Accessory Organs in Digestion: The Liver, Pancreas, and Gallbladder

3.1 Label the structures in Figure 8 Write your answer in the space provided below

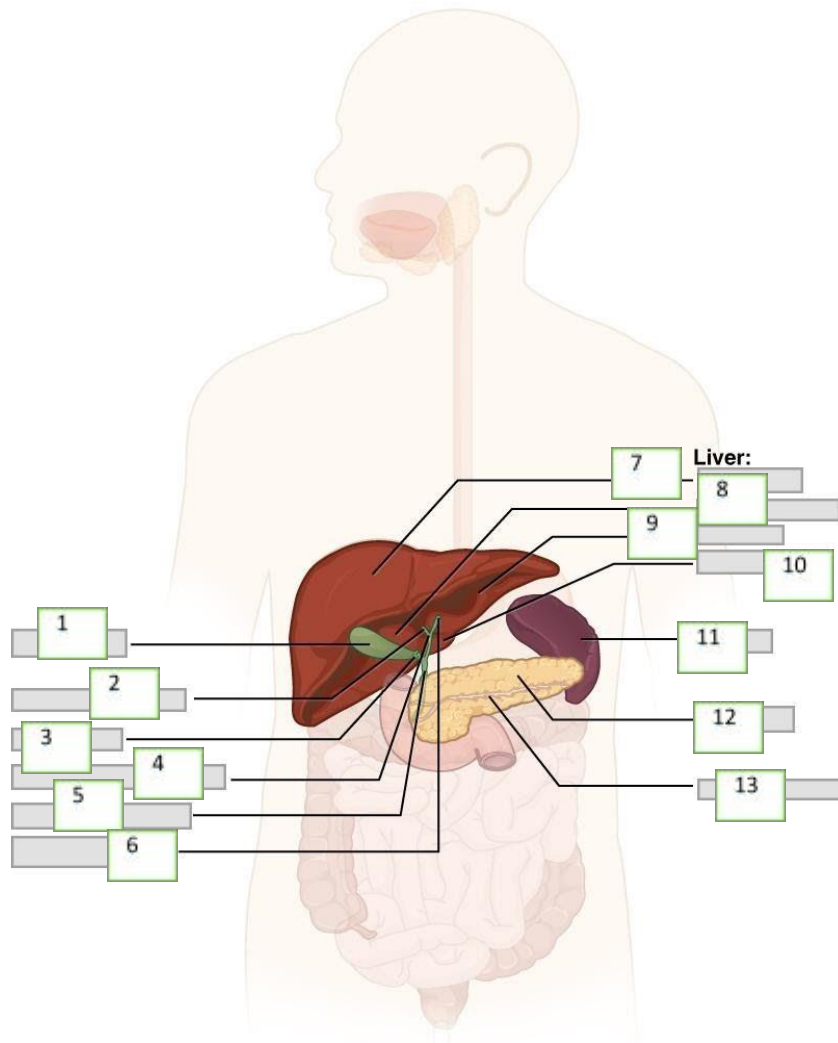


Figure 8. Accessory Organs

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

8. _____
9. _____
10. _____
11. _____
12. _____
13. _____

Worksheet No. 4: Food breakdown in the digestive tract

Select the appropriate terms to complete the following statements. Insert the correct terms (or letters) in the blank.

A.	Bicarbonate-rich fluid	I. Mechanical stimulus
B.	Bile	J. Mouth
C.	Brush border enzymes	K. Mucus
D.	Chewing	L. Pepsin
E.	Churning	M. Psychological stimulus
F.	HCl	N. Rennin
G.	Hormonal stimulus	O. Salivary amylase
H.	Lipases	

1. Starch digestion begins in the mouth when _____ is ducted in by the salivary glands.
2. Gastrin, which prods the stomach glands to produce more enzymes and the HCl represents a _____.
3. The fact that the mere thought of a relished food can make your mouth water is an example of _____.
4. Many people chew gum to increase saliva formation when their mouth is dry. This type of stimulus is a _____.
5. Protein foods are largely acted on in the stomach by _____.
6. For the stomach protein-digesting enzymes to become active _____ is needed.
7. Since living cells of the stomach (and everywhere) are largely protein, it is amazing that they are not digested by the activity of stomach enzymes. The most important means of stomach protection is the _____ it produces.
8. A milk protein-digesting enzyme found in children but uncommon in adults _____.
9. The third layer of smooth muscle found in the stomach wall allows mixing and mechanical breakdown by _____.
10. Important intestinal enzymes are the _____.
11. The small intestine is protected from the corrosive action of hydrochloric acid in chyme by _____, which is ducted in by the pancreas.
12. The pancreas produces protein-digesting enzymes, amylase, and nucleases. It is the only important source of _____.
13. A nonenzyme substance that causes fat to be dispersed into smaller globules is _____.