**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Student No.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_**

**MODULE: Behavioral Medicine**

**Learning Unit IV: The Art of Medicine**

**Please answer:**

1. **Psychological interventions for patients with chronic back pain**

When doing a behavioral assessment of patients what chronic back pain, what are the important questions an MD would need to ask?

1.

2.

3.

4

5.

6.

7.

1. **Introducing parents to their abnormal bay or that a child has a disability. What are the recommendations for Good Practice?**

1.

2.

3.

4.

5.

6.

7.

8.

9.

1. **Insomnia Behavioral and Cognitive interventions**

**Give five (5) sleep instructions to a patient:**

1.

2.

3.

4.

5.

1. **Treatment Adherence**

**Define adherence:**

**What are the components of adherence?**

1.

2.

3.

4.

5.

1. **Communicating bad news**

**What are the advantages of Full disclosure:**

1.

2.

3.

**What are the advantages of Individual disclosure:**

1.

2.

1. **Stop Smoking:**

**Give 10 behavioral tips to quit smoking:**

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.