LU7 ADOLESCENT MEDICINE

AY 2020-2021

TITLE: GUIDELINES FOR ADOLESCENT HEALTH CARE

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| TOPIC | LEARNING RESOURCES | BRIEF RATIONALE | TEACHING-LEARNING ACTIVITIES | TIME ON TASK |
| Overview of Adolescent Health:  Risks and Opportunities | YAFSS 4, 2013  FNRI, 2018  NDHS, 2017  GSHS, 2015  GYTC, 2015  PSA, 2017  The Lancet Commission on Adolescent Health and Well-being  The Lancet, Vol. 387, No.100036, p2423-2478 | This presentation  discusses demographics, the health concerns of today’s adolescents, their impact on our futures and how investing in adolescents earns “triple benefits “ | Recorded lecture incorporated in the Powerpoint, or Powerpoint presentation with notes | 60 minutes |
| Guidelines in Adolescent Preventive Services  Adolescent History Taking and Physical Examination | Bickley, Lynn. Bates’ Guide to Physical Examination and History Taking. 12th edition  (available online)  Guidelines on Adolescent Preventive Services, AMA  Phil. Pediatric Society Handbook, 2018, PIDSP  POGS  AAP, CDC  Bright Futures | This session highlights the holistic approach that gives equal importance to medical and psychosocial aspects of care.  This lecture includes a quick review of physical examination especially parts that are unique for adolescents.  It also includes guidelines in preventive care:  laboratory screening, immunization and anticipatory guidance | Powerpoint presentation with notes | 120 minutes |
| Psychosocial Risk Assessment (HEADSSS Interview) | Klein D, Goldenring J, Adelman W. HEEADSSS 3.0 The Psychosocial Interview for Adolescents Updated for a New Century Fueled by Media. *Contemporary Pediatrics*. January 2014, 16-28. | The HEADSSS interview is the highlight of an adolescent consult.  The videos demonstrate how an adolescent HEADSSS interview is done. It emphasizes the importance of stating the confidentiality clause and its limits. | Recorded lecture incorporated in the Powerpoint, or Powerpoint presentation with notes  Handout: HEADSSS 3.0, PHQ-9  Videos with the Youtube link  1. Inappropriate practice  <https://youtu.be/0SkHAJcEhak>  (6 minutes and 5 seconds)  2. Appropriate practice  <https://www.youtube.com/watch?v=TPu-REKjK0M>  (14 minutes and 10 seconds)  3. Video (author’s own)  How to perform PHQ-9 | 90 minutes |