

UNIVERSITY OF THE PHILIPPINES MANILA

Community Health and Development Program

8/F Philippine General Hospital Complex, Taft Avenue, Manila 1000, Philippines

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IPE Case #3

Barangay Profile

Barangay Sulsog is one of the 32 barangays of Alfonso, Cavite located at the southern edge of the said municipality. It has a total land area of 244, 406 sqm and is divided into 4 puroks. Its name came from the word “pasulsog” which used to describe the means of travel by land which was through muddy terrains and riverside. Currently, the roads are well paved and cemented and can accommodate cars and medium-sized trucks. The main mode of transportation in the area are tricycles and motorcycles.

As of August 2017, Sulsog has a total household number of 316 with a total population of 1,266. The primary source of living in the community include agriculture and farming. The common produce of the barangay include lettuce, avocado, papaya, sweet potato, and chayote which are grown at their backyards and are either sold at the nearest market in Luksuhin or consumed in their own households. Animals are also raised such as swine and poultry. There are also numerous sari-sari stores situated along the barangay which provide convenience to the residents.

Located in the barangay is a public elementary school which serves as the barangay’s primary educational institution. For secondary school, the residents go to the National High School in the next barangay or to private schools located at the town’s poblacion. As for tertiary education, there are state universities situated in the nearby towns.

The current barangay chairman is Hon. Manuel Santos, who is now on his last term. His wife, Mrs. Nene Santos, has also been active politically and now a municipal councilor and heads the committee for youth and education.

The overall head of the barangay health team is the rural health midwife, Mrs. Analisa Soriano. She goes to the barangay health station every first and third Thursday of the month for prenatal checkups and immunizations for children 5 years and below. There are 7 barangay health workers (BHWs) whose main task is to assist the midwife in the provision of health services in the barangay health center. Each BHW is assigned to a Purok. At least one BHW is on duty per day at the Barangay Health Center, from Monday-Friday. The Barangay Health Workers are skilled in measuring anthropometrics, vital signs, and blood glucose and are knowledgeable in the interpretation of results. They are also trained in Basic Life Support through the Philippine Red Cross. Some BHWs have also received training regarding nutrition and massage therapy.

Barangay Sulsog has its own allocation for health, which comes from the Internal Revenue Allotment. The budget for 2016 is Php 30,000, utilized mostly for medications and equipment. Expenditure for medications is based on what is mostly utilized in the Barangay, and is determined by the Barangay Councilor for Health. The budget and list of

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expenses are posted in the bulletin board outside the Barangay Hall. Each BHW is given a financial incentive amounting to Php 679.00, that is not taken from the budget for health.

Use of glucometer strips is free of charge for the first screening, whereas Php 20.00 is charged per strip for those who request CBG monitoring. Medications and use of equipment is free for all residents of the barangay.

Financial assistance is also given to beneficiaries of 4Ps (Pantawid Pamilyang Pilipino Program) and NHTS (National Housing and Targeting System). Glucometer strips are free for use by the beneficiaries regardless of frequency of use.

PhilHealth membership is advocated in the barangay to encourage the residents to avail of health benefits. Financial assistance is also available through PCSO and at the Municipal Level.

Recently, each barangay was advised to submit a list of indigenous individuals, to allow them to avail of services at the RHU, especially laboratory and other diagnostic examinations, without any charge.

Each patient seeking consultation at the Barangay Health Center has an Individual Treatment Record that is kept on a brown envelope together with other members of their household and is filed at the health center according to their Purok. Those of senior citizens are kept in a separate file. Patient data is documented in the ITRs by the BHWs and midwife. Diagnosis is recorded in a separate logbook thereafter.

There are also separate logbooks for the following: (1) blood pressure monitoring per Purok, (2) individuals at risk for NCDs and their risk factors, and (3) medicine and supplies dispensing. The first two records are used in concordance with the implementation of the PhilPEN program, however at present, there is poor utilization of the logbook, e.g. the number of hypertensives and diabetics who go to the health center for monitoring and their degree of control is not summarized for analysis. Likewise, the medicine and supplies logbook is simply a list since there is no regular inventory of supplies.

The Barangay Health Center is equipped with a weighing scale, height charts, digital sphygmomanometers, digital thermometer, pulse oximeter, glucometers, and a nebulizer. The equipment and medications are supplied mainly by the Department of Health through the RHU. Some medications and equipment were recently obtained through the PCSO and the Barangay's Internal Revenue Allotment. Medications and vaccines from the RHU are brought to the Barangay by the midwife.

In the barangay, the supplies are being kept securely on locked plastic cabinets, and are only accessible to the Barangay Councilor for Health and the BHW on duty. It was agreed upon that maintenance medications provided by the RHU, should be labelled individually, to each known and confirmed hypertensive and diabetic patient per

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Barangay. Procurement of medications will still be through the midwife who shall make an inventory of medicines. Moreover, additional supplies (digital sphygmomanometers, glucometer, and CBG strips) were distributed in each barangay through the Barangay Captain. However, the barangay should be responsible for repair or replacement of any malfunctioning equipment.

The available medications at the RHU are listed below.

DRUG CLASSIFICATION	MEDICATION	DOSAGE AND FORMULATION
Analgesic	Mefenamic Acid	500 mg/cap
	Paracetamol	100 mg/mL oral suspension 250 mg/5ml syrup 500 mg/tab
Antibiotic	Celecoxib	200 mg/cap
	Amoxicillin	250 mg/5mL oral suspension 500 mg/tab
Anti-cough	Ciprofloxacin	500 mg/tab
	Erythromycin	500 mg/tab
	Doxycycline	100 mg/cap
	Metronidazole	500 mg/tab
	Co-amoxiclav	625 mg/tab
	Lagundi leaf	300 mg/5 mL syrup 300 mg/tab
Antihistamine	Carbocisteine	500 mg/cap 250 mg/5ml syrup
	Diphenhydramine	12.5 mg/5 mL 50 mg/cap
Antihypertensive	Loratadine	10 mg/tab
	Amlodipine	10 mg/tab
Antithrombotic	Losartan	50 mg/tab
	Metoprolol	50 mg/tab
	Captopril	50 mg/tab
	Enalapril	25 mg/tab 10 mg/tab
Anti-urolithiasis	Acetylsalicylic acid	80 mg/tab
Bronchodilator	Sambong leaf	250 mg/tab
Hypoglycemic	Salmeterol/Fluticasone	25/50 mcg/actuation
	Gliclazide	30 mg/tab
Proton pump inhibitor	Metformin	500 mg/tab
	Omeprazole	20 mg/cap
Supplement	Ferrous sulfate	325 mg/tab
	Ferrous sulfate + folic acid	325 mg/tab + 40 ug
	Multivitamins	cap, syrup
	Vitamin B1 + B6 + B12	100 mg/10 mg/ 50 mcg/ tab
	Ascorbic acid	syrup
Volume replacement	Oral rehydration solution	sachet
H2 receptor blocker	Ranitidine	150 mg/tab

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An active local group in the barangay is the Senior Citizens Organization and is headed by Mr. Ruben Santos, the older brother of the barangay chairman. The organization has 128 members and conducts at least two activities per year and one of those is their Christmas party which is usually extravagant. During its last general assembly, there was creation of four committees in the organization, namely health, physical activity, socials and farming. These committees were created to assist the officers in planning and implementing the activities for its members.

Your group was invited to assist in developing a program for the Senior Citizens of Bgy Sulsog. You have three weeks of community rotation and are being invited to develop a program for the Senior Citizen's Club in Brgy Sulsog.

Given the situation stated above.

- 1) Describe the general steps in formulating the program plan.
- 2) Identify three (3) priority program goals.
- 3) Identify three (3) important stakeholders you will engage in the program and their roles/tasks.

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