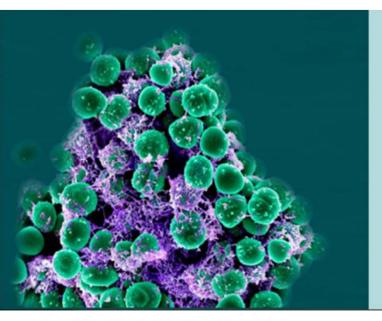
OrthoRoCKs SE7EN Weekly Primer

Here is a quick guide on the list of topics for each weekly drop.

We marked some recommended topics that you may find useful, both as a general practitioner and as a future orthopedic surgeon.



DAMAGE CONTROL ORTHOPEDICS AND EARLY TOTAL CARE

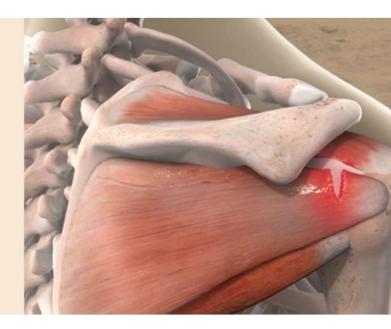
Z4 JULY

EMMANUEL M. DELA PAZ,MD

BIOFILM Norberto A. Meriales, MD 🥥

POTT'S DISEASE: TREATMENT AND OUTCOMES DAVE ANTHONY G. DIZON,MD

COMPRESSION NEUROPATHIES: DIAGNOSIS AND MANAGEMENT CLAIRE MARIE D. MELLA,MD



ROTATOR CUFF INJURIES PATRICK M. DIZON, MD

MANAGEMENT OF SHOULDER INSTABILITY Ambrosio Emilio S. Valdez III, MD

IDIOPATHIC SCOLIOSIS

ADRIAN B. CATBAGAN, MD

INJURIES TO THE GROWTH PLATE Chastity Amor V. Rejuso, MD





CLAVICULAR FRACTURES & Acromioclavicular joint injuries Wilfredo B. Pacheco,MD

MENISCAL INJURIES: From Partial Meniscectomy to transplantation Jose Antonio G. San Juan, MD

ZONE II FLEXOR INJURIES: Treat them smart, treat them well Nathaniel S. Orillaza, Jr.,MD

THE LIMPING CHILD Gracia cielo e. Balce ,md 🔍





COMPLEX ELBOW TRAUMA DANIEL V. DUNGCA, MD

ARCH PROBLEMS OF THE FOOT Ilian Dominiq D. Eusebio, MD

, **14**. AUGUST MANAGEMENT OF CERVICAL SPONDYLOTIC MYELOPATHY Jose Manuel F. Ignacio, Jr., Md

THE RECALCITRANT CLUBFOOT CARLO EMMANUEL J. SUMPAICO, MD





OSTEOPOROSIS – DIAGNOSIS AND MANAGEMENT TAMMY L. DELA ROSA, MD

MANAGING OSTEOPENIC AND OSTEOPOROTIC FRACTURES IREWIN A. TABU, MD

AŪGŪST

DEGENERATIVE SPONDYLOLISTHESIS: TREATMENT AND OUTCOMES RAFAEL C. BUNDOC, MD

BASAL THUMB ARTHRITIS Precious grace B. Handog, MD



OPEN FRACTURES – PRINCIPLES OF MANAGEMENT Donnel Alexis T. Rubio, MD

ORTHOPEDIC ONCOLOGY: The 7 X-Rays questions All orthopedists should know Edward H.M. Wang, MD

LUMBAR DISC HERNIATION Samuel Arsenio M. Grozman, MD

MANAGEMENT STRATEGIES FOR SCAPHOID NONUNION Emmanuel P. Estrella, MD

SEPTEMBER







TALUS AND CALCANEUS FRACTURES: CURRENT TREATMENT Bernardino B. Alpuerto II, MD

MANAGEMENT OF METASTATIC BONE DISEASE Albert Jerome D. Quintos, MD

BOUTONNIERE AND SWAN NECK DEFORMITIES TRISTRAM D. MONTALES, MD

LEGG-CALVE-PERTHES: AN OVERVIEW OF DIAGNOSIS AND MANAGEMENT Frederick I. Nicomedez, MD

