CHDP

University of the Philippines Manila





Community Health and Development Program (CHDP)

The University of the Philippines Manila - Community Health and Development Program (UPM-CHDP) was created from the Committee on Community Health and Development Programs, and was approved by the Board of Regents in 2007. The CHDP's two main objectives are: (1) to provide teaching and learning opportunities for the faculty and students of the University of the Philippines in the principles and practice of community health and development; and (2) to assist communities attain increasing capacities in their own health care and development through the Primary Health Care approach.

CHDP Conceptual Framework

The University of the Philippines, with the articulated vision to 'lead as a public service university' enters into a partnership with the community, bringing with it its various resources to work towards development that will include health. The underlying principle that guides this development work is the primary health care approach, where health is recognized as a basic human right².

Primary health care aims to enable populations to have access to the essential promotive, preventive, curative and rehabilitative health care they need. Socioeconomic development is seen as a requirement for the attainment of health for all and people's participation is of key importance for success. For development to be comprehensive, different health disciplines and sectors outside health are involved in the program in an integrated manner, and

identified social determinants of health, such as the lack of income opportunities and environmental issues, are analysed and addressed. As a partner, the community is not treated as a classroom, which implies that academic curricula for students brought in by the university are not rigid and adhere to the goals agreed upon with the community. Likewise the community is not looked upon as laboratory tools and guinea pigs, nor are community members treated as charity cases for dole out services; such an outlook would rob the community of its dignity³. The partnership should result in a healthier; more developed and empowered community, while the university gains more experience and insights to become a better instrument of national development.

An organizational structure composed of a mix of municipal and university stakeholders is set up to manage the program and to provide a venue for the participation of the partners in planning and decision making, monitoring and evaluation of the program from the community to the municipal level.



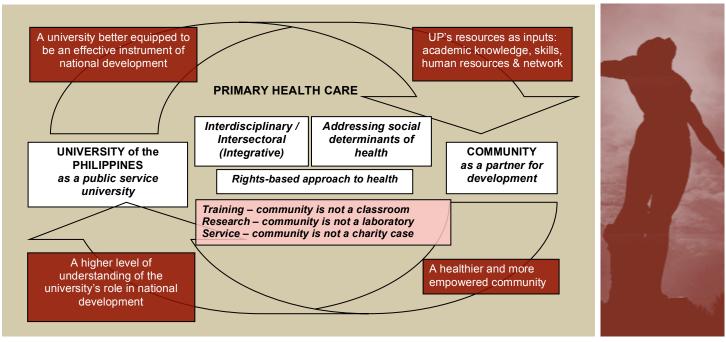
"...to assist communities attain increasing capacities in their own health care and development through the Primary Health Care approach."

¹ UP Charter 2008, Section 3d

² World Health Organization (1978). The Alma Ata Declaration

³ Blumenthal D. (2004), A Medical School – Community Partnership. Newsletter of the Network Towards Unity for Health, 23, 17.

CHDP Conceptual Framework



A conceptual framework common to all participating colleges where genuine improvement in community health and development is the most important outcome

University of the Philippines Colleges involved:

- College of Allied Medical Professions*
- College of Arts & Sciences
- College of Dentistry
- College of Home Economics (UP- Diliman)
- College of Medicine
- College of Nursing
- College of Pharmacy
- College of Public Health
- College of Social Work & Development (UP- Diliman)

* 2007-2013

Philippine General Hospital Departments involved:

- Department of Family & Community Medicine
- Department of Internal Medicine –Section of Dermatology
- Department of Internal Medicine –Section of Endocrinology
- Department of Pediatrics

CHDP Director: Elizabeth R Paterno MD, MPH CHDP Faculty: Louricha Opina- Tan MD

Geohari Hamoy MD

Community Organizers: Manilyn Espejo

Rhosien Mae Garma Jonalyn Javier

Administrative/logistics personnel: Gregorio Ohoy

Fernando Ferrer ir.

e-mail address: chdp.upm@gmail.com

Address: Office of the Chancellor, University of the Philippines - Philippine General Hospital, Taft Avenue, Manila 1000

Activities/Strategies

1. Health Activities:

- a. Health services directly rendered by UP Manila students and faculty (assisting the municipality conduct clinics in the Rural Health Unit and the village health stations, and conducting home visits to patients who are not able to go to the clinics).
- b. Human Health Resource Development (training of nurses, midwives, village health workers and other auxiliary health workers in the municipality)
- c. Special health projects like:
 - i. Development of herbal gardens to augment the supply of medicines
 - ii. Anti-Dengue Campaigns
 - iii. School health programs
 - iv. Community-based Diabetes Program

2. Environment Activities

- a. Solid waste management
- b. Natural resources inventory
- c. Educational drives on the sustainable use of natural resources
- 3. Community-based livelihood programs
- 4. Research

Note: Activities that the students and faculty engage in within the program depend on the goals and targets agreed upon with the municipality and communities. These activities provide the venue for INTERPROFESSIONAL EDUCATION and COLLABORATION. The list above shows examples of activities that have been or are being utilized in past and present engagements with communities.





September 2013