

University of the Philippines Manila The Health Sciences Center COLLEGE OF NURSING

WHO Collaborating Centre for Leadership in Nursing Development Commission on Higher Education (CHED Center for Excellence Sotejo Hall, Pedro Gil St., Ermita, Manila Tel.: (632)523-1472 / Telefax: (632)523-1485



NAME: JUSTINE

AGE: 7 YEARS OLD

SEX: MALE

ASSESSMENT CUES	NURSING DIAGNOSIS	GOALS AND OBJECTIVES (NOC)	NURSING INTERVENTION	EVALUATION
Subjective Cues: • The client has been missing school because he always gets stomach aches whenever he is about to go to school.	Fear related to age-related fears as evidenced by school refusal	 A. Fear Level: Child (1213) B. Coping (1302) C. Social Support (1504) Goal: After performing the nursing interventions, the child will have: Verbalized willingness to attend school. Increase and improve attendance in school. 	 A. Counseling (5240) B. Family Support (7140) C. Anxiety Reduction (5820) D. Relaxation Therapy (6040) The nurse will: Assess the behavioral and verbal expression of fear Determine factors to the school refusal 	
		Objectives:		



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At the end of the nursing intervention, the client will:		
1. Verbalized the importance of attending school	3. Familiarize the client with the school environment	The client will verbalize the importance of attending school
2. Improve confidence and decrease dependence on	4. Allow verbalization of the fear or anxiety	The client will improve confidence and decrease dependence on adults.
adults	5. Explain that fear is a normal and appropriate response of the body	
	 Introduce relaxation activities to ease the fear and anxieties of the client 	
3. Verbalize participation in counseling	7. Conduct counseling sessions with the client and family	The client will verbalize participation to counseling
	8. Refer the client to a child psychiatrist for further assessment	

References:

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Moorhead, S., Johnson, M., Maas, M.L., & Swanson, E. (2013). Nursing Outcomes Classification (NOC). Mosby Inc.