CASE STUDY #4- CARE OF THE school-age child

Justine is a 7 year old male brought in for a healthcare visit by his mother, Jane. Justine is an only child. His father works abroad. They live with their maternal grandmother who looks after Justine when Jane has to go to work. Justine is in first grade.

You note that Justine’s BMI is 25 kg/m2 . This is considered overweight. Jane says that the grandmother buys Justine pizza or friend chicken every day when she is at work.

Jane also said that recently, Justine has been missing school because he always gets stomach aches whenever he is about to go to school. They had brought him to the ER several times because of this but his examinations and tests were all negative for any illness.

This is Justine. Make a health care plan for Justine.



From: https://www.alamy.com/stock-photo-obese-fat-boy-overweight-tight-shirt-of-pajamas-healthy-concept-174744028.html?pv=1&stamp=2&imageid=E8A9C21D-73B4-4859-8B00-9DFD0BA9B85E&p=464111&n=0&orientation=0&pn=1&searchtype=0&IsFromSearch=1&srch=foo%3dbar%26st%3d0%26pn%3d1%26ps%3d100%26sortby%3d2%26resultview%3dsortbyPopular%26npgs%3d0%26qt%3dobese%2520child%26qt\_raw%3dobese%2520child%26lic%3d3%26mr%3d0%26pr%3d0%26ot%3d0%26creative%3d%26ag%3d0%26hc%3d0%26pc%3d%26blackwhite%3d%26cutout%3d%26tbar%3d1%26et%3d0x000000000000000000000%26vp%3d0%26loc%3d0%26imgt%3d0%26dtfr%3d%26dtto%3d%26size%3d0xFF%26archive%3d1%26groupid%3d%26pseudoid%3d%26a%3d%26cdid%3d%26cdsrt%3d%26name%3d%26qn%3d%26apalib%3d%26apalic%3d%26lightbox%3d%26gname%3d%26gtype%3d%26xstx%3d0%26simid%3d%26saveQry%3d%26editorial%3d1%26nu%3d%26t%3d%26edoptin%3d%26customgeoip%3d%26cap%3d1%26cbstore%3d1%26vd%3d0%26lb%3d%26fi%3d2%26edrf%3d%26ispremium%3d1%26flip%3d0%26pl%3d