CASE STUDY #2- CARE OF THE TODDLER

Jack is a 3-year-old boy who came in for maintenance healthcare visit. He was brought in by his mother, Jill who is a 35-year-old mother who is a website developer and works from home. Jesus is her second child. Her first child is Anna who is 7 years old. Jill’s husband works in the province and only comes home on the weekends.

You find that Jack’s weight gain is normal and that his weight, length and head circumference are all within the normal range. You see that Jack playing with toys provided in the center. He is also able to say his name and able to answer simple questions. Jack is still breastfeeding. Aside from breastfeeding, he is also consuming a glass of milk three times a day and goes to sleep with a bottle of milk.

Jill tells you that she is getting frustrated with Jack because he plays with his food, doesn’t want to take naps, and throws tantrums when I insist on him finishing the food I prepare for him. “Matigas ang ulo,” is how Jill describes her son. She also asked advice on when she can remove his diapers because he still has nighttime wetting. He stays dry during the daytime.

This is Jack. Make a health care plan for Jack.



From: https://www.drbethkailes.com/blog/what-is-baby-bottle-tooth-decay/