

Assessment	Nursing Diagnosis	Rationale	Goals	Nursing Interventions
<p>Subjective Cues</p> <ul style="list-style-type: none"> ● Client asked if formula milk is good for Joshua ● Client asked if she can give Joshua multivitamins ● Client feels that Joshua is not growing enough ● Client reported that she has 3 Martha, Jesus, and Joshua ● Client reported that she will be starting a new job ● Client verbalized that she will leave Joshua with her 18-year-old sister once she starts with her job ● Client reported not living with any other adults in the household <p>Objective Cues</p> <ul style="list-style-type: none"> ● Child is 4-month-old boy ● Child weight, length, and head circumference are within normal range 	<p>Readiness for Enhanced Knowledge a.e.b asking advice on how to improve Joshua's growth</p>	<p>Maria is worried that Joshua is not growing as much as her neighbor's baby, and she ask if she need to provide Joshua any supplemental formula milk in order for Joshua to grow like their neighbor's baby, this indicates further need to discuss the importance and benefits of exclusive breastfeeding and formula milk is not advisable to give to a baby that is 4-months-old. Maria also ask if she can give multivitamins to Joshua due to the same reason provided above.</p>	<p>Goals: At the end of the nursing intervention the client will be knowledgable about normal anthropometric measurements based on age</p> <p>Objective:</p> <ol style="list-style-type: none"> 1. Discuss the normal anthropometric measurement according to aged 2. Discuss the importance of exclusive breastfeeding up to 6 months 	<ol style="list-style-type: none"> 1. Teach Maria the normal anthropometric measurements for 4 month old 2. Explain that she does not need to worry about Joshua's growth as he grows according to his age 3. Explain that exclusive breastfeeding is highly recommended up until the age of 6 months
	<p>Impaired Parenting a.e.b uninvolvement of father, anticipated role conflict of mother, and inadequate knowledge of 18 year old</p>	<p>One of the risk factor of being at risk for impaired parenting is uninvolvement of one of the parent, which in the case of the Maria, her</p>	<p>Goal: The client will be able to verbalize confidence parenting the children</p> <p>Objective:</p>	

<ul style="list-style-type: none"> Child has a social smile, good head control, and can roll over 	<p>sister in taking care of the children</p>	<p>husband works abroad and is not physically involve with parenting their children. Maria is also at risk for impaired parenting as they do not live with any other adults in their household which can be her role model for parenting her children as well as support in caring the infants. In addition, Maria also reported that she will leave her children to her 18 year old sister when she starts working.</p>	<ol style="list-style-type: none"> Father will be able to support Maria parenting Joshua Explain to the 18-year-old sister how she can take care of the children when they are under her care 	<ol style="list-style-type: none"> Continue communicating with Maria and Joshua for them not to loose their connection and relationship Discuss how to provide safe environment for the children
	<p>Risk for Caregiving Role Strain a.e.b anticipated competing role commitments</p>	<p>One of the risk factors of being risk for caregiver role strain is the caregiver's competing role commitment, as Maria reported, she will soon start her new job, from monday to friday. This may progress into caregiving role strain because she will have her roles divided from being an employee, a sister, awife, and a mother for her children, in addition, her husband works abroad making it harder for to take care of their children. Adults can also be a great help to take care of the children, however, Maria verbalized that they do not live with any adults in the hosehold</p>	<p>Goal: The client will be able to establish way to lessen the burden, feel more comfortable about the new role.</p> <p>Objective:</p> <ol style="list-style-type: none"> Express their concerns about their responsibilities Identify source of support 	<ol style="list-style-type: none"> Allow clients to share their emotions Discuss their difficulties with caring the infant Appreciate each other's role in caring the children Refer client to the barangay workers to be educated about community resources that can be utilized

	<p>Interrupted Breastfeeding d/t anticipated competing role commitments</p>	<p>Exclusive breastfeeding up to six months is highly recommended in order for the infant to grow healthy and develop adequately to age. Exclusive breastfeeding means that the infant is only be fed by breastmilk no extra fluid or food.</p>	<p>Goal: At the end of the nursing intervention the Client will be able to learn the importance of exclusive breastfeeding and way to continue Joshua's breastfeeding.</p> <p>Objective:</p> <ol style="list-style-type: none"> 1. Discuss the importance of exclusive breastfeeding 2. Discuss how to continue with Joshua's breastfeeding 3. Discuss proper positioning for more effective breastfeeding 	<ol style="list-style-type: none"> 1. Explain the importance of exclusive breast feeding up until 6 months 2. Discuss the nutrients that Joshua will acquire through breastfeeding 3. Discuss that Maria can use pumping in order to provide breast milk for Joshua even she is at work 4. Teach and demonstrate proper positioning breastfeeding in order to have a more effective breastfeeding session
	<p>Risk for Injury d/t physical barrier</p>	<p>In the photo, Joshua is wearing a necklace,</p>	<p>Goal: The client will be able to reduce the risk for</p>	

		<p>bracelets, and anklets, this is a choking hazard, especially for their age as this is the time that whatever they touch they put in their mouth. The necklace, bracelets, and anklets can also get caught in something thus injuring the baby.</p>	<p>physical injury towards the children</p> <p>Objective:</p> <ol style="list-style-type: none"> 1. Assess the environment for potential physical harm 2. Discuss how to prevent these harm 3. Discuss the harm that may cause by the accessories (necklace, bracelet, and anklets) towards Joshua 	<ol style="list-style-type: none"> 1. Discuss the potential risk for physical injury with the client 2. Discuss way in order to prevent injuries 3. Explain risk of having accessories like risk for choking, skin irritations, etc.
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Title of Activity: Infant Care Target Participants/Audience: Maria Goal: Client will have more confidence in taking care of her children					
Learning Objectives	Content	Instructional Activity/Method	Resources Needed	Time Allotment	Evaluation Method/Criteria
The Client will be able to recognize that her infant's anthropometric measurements fall within normal range	1. Assess Maria's knowledge about the normal anthropometric measurements	Lecture/discussion	Visual aids and/or powerpoint presentation	10 mins	Able to identify importance of exclusive breast feeding
	2. Explain misconception regarding infant's growth	One-on-one demonstration and return demonstration	Brochure of important things to remember	15 mins	
	3. Breastfeeding as the main source of Joshua's nutrition		Baby doll	25 mins	
	a. Importance of exclusive breastfeeding up until 6 months		Breast pump and breast model		Demonstrate proper
	b. What nutrients Joshua gets from breast milk				
	c. Proper				

	breastfeeding positioning				positioning during breastfeeding
	4. Discuss the possibility of pumping			10 mins	Able to identify importance of pumping
	5. Demonstrate pumping of the breast			10 mins	Demonstrate how to properly pump breast

References:

Pillitteri, A. (2010). Maternal and Child Health Nursing: Care of the Childbearing and Childrearing family (6th ed.). China: Lippincott Williams & Wilkins.

Carpenito-Moyet, L. J. (2010). Nursing Diagnosis: Application to Clinical Practice (13th ed.). Wolters Kluwer/Lippincott Williams & Wilkins.