CASE STUDY #1- CARE OF THE INFANT

Joshua is a 4 month old baby boy who came in for maintenance healthcare visit. He was brought in by his mother, Maria who is a 21 year old first-time mother. Jesus is her second child. Her first child is Martha who is 1-1/2 year old child. Maria’s husband works abroad.

You find that Joshua’s weight gain is normal and that his weight, length and head circumference are all within the normal range. He has a social smile, has good head control and can roll over. Joshua is seen active with a good suck. Maria is presently breastfeeding.

Maria asked you if a certain milk formula would be good for Joshua. She says her neighbor feeds her baby, who is about the same age as Joshua, formula X and her neighbor’s baby was bigger than Joshua. She also asks if she can give Joshua multivitamins just like her neighbor. She feels that Joshua is not growing enough. She will also soon be starting a new job and she will have to go to an office Mondays to Fridays so she needs to know which formula to give Joshua.

She will leave Joshua under the care of her sister who is 18 years old and does not have any children. There are no other adults in the household.

Make a health care plan for this patient. The picture attached is Joshua.



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