**Course syllabus for IDC 204 AC 2020 - 2021**

**Course Code:** IDC 204

**Course Title:**  Holistic Medicine

**Course Description:**

Continuing awareness and tracking of self growth in an individual and a health team context while on their clinical rotations; familiarization and awareness of integrative/complementary /alternative forms of health perspective and care

**Pre requisite : None**

**Semester offered :** First sem for initial academic sessions . Observations and assignments completed after the second semester .

**Course Credit :** 40 hours : 20 hours didactic and 20 hours spread out in various clinical rotations

**Meeting Type : Blended learning , asynchronous**

**Number of Students: Class 2024**

**Course Coordinator:** Dr. Josefina S. Isidro-Lapena

**UPCM Learning Objectives**

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| **LO1** | Clinical Excellence | **LO7** | Advocacy for Special Equity and Social Accountability |
| **LO2** | Effective Communication Skills | **LO8** | System-based Approach to Health Care Practice |
| **LO3** | Generation and Utilization of Relevant Knowledge | **LO9** | Lifelong Personal and Professional Development |
| **LO4** | Inter-professional practice | **LO10** | Adherence to Professional and Ethical Standards |
| **LO5** | Leadership | **LO11** | Volunteerism, Nationalism, and Internationalism |
| **LO6** | Effective Health/Medical Educator |  |  |

**Course Instructional Design**

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| **Objectives** | **Content** | **LO** | **Learning Activity** | **Facilitators** | **Evaluation** |
| Track awareness of self growth as a health professional | UPCM VMG  Training of a UP doctor | 1-4, 10,11 | Reflection based on video presentation | JSIL | Review of UPCM VMG and drafting of a personal goal as a health professional  Reflection paper after every rotation focused on growth as a professional |
| Demonstrate values of compassion and respect for patients and their families | Patient centered care | 7, 8, 10,  11 | Lecture/ Video presentation | JSIL | Self evaluation after every rotation |
| Establish good working relationships with colleagues, health staff and other members of the health team | The health team and their various roles | 2, 4, 10, | Clinical rotations and work with the health team | DOPS team and health staff | Self evaluation after every rotation |
| Demonstrate leadership roles in health activities | UPCM as leaders in the health system | 5 | Video of Dr Eddie Dorotan commencement speech – sharing of his experiences  Session with UPCM graduates who joined DTTB |  | SGD : Discuss the leadership role of UPCM graduates . Correlate this with the UPCM VMG |
| Appropriately use traditional healing forms and integrate it in the clinical care of patients | Chinese Traditional Medicine: acupuncture and other healing modalities | 1, 3, 6 | Lecture demonstration on Chinese Traditional Medicine  Lecture on Herbal Medicine | MD acupuncturists as speaker |  |

**On line Resources for Learning activities**

All materials for asynchronous study will be uploaded in VLE. These will include selected videos and videotaped lectures . The course could be divided into two major modules . All assignments shall be kept in an e learning portfolio to be submitted at the end of the second semester . Some reports may need to be submitted during the fist semester.

Module 1 : The making of a UP Health Professional

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| **TOPIC** | **SPECIFIC ACTIVITY** | **RESOURCES NEEDED** |
| Review of the UPCM VMG | Reflections on the UPCM VMG | UPCM VMG  Video of Att Jose “Chel” Diokno |
| The UP medical graduate | Watch a video of the graduation address of Dr Eddie Dorotan sharing his experiences as a doctor after graduation .  Q and A session with a UPCM graduate who joined DTTB | Reflection paper after an SGD in groups of 6 students |
| Patient Centered Care | Watch the video taped lecture on patient centered care . | Conduct an interview of any patient focused on understanding the dynamics of the illness. Report to be submitted at the end of the year |
| The Health Team | Videotaped interview of a nurse and social worker | Watch video of role of nurses and social workers in PGH |
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Module 2: Traditional and Integrative medicine in clinical practice

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| **TOPIC** | **SPECIFIC ACTIVITY** | **RESOURCES NEEDED** |
| Chinese Traditional Medicine | Watch a video taped lecture of Dr Phillip Tan Gatue |  |
| Traditional and integrative medicine | Watch a video by Dr. Rodrigo Ong |  |
| TIMC as a career choice | Watch a video by Dr Mark Sunaz UPCM Class |  |
| Herbal Medicine | Watch a video by Dr. Cecile Maramba |  |

**Class schedule / blueprint of activities.**

**For a week in the first semester, the course will be given in the afternoon from October 5 – 9, 2020**

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| **Time** | **Learning Activity** | **Speaker/facilitator** |
| **October 11, 2020** | | |
| 1 – 2 | Orientation to the course | JSIL/ PTG |
| 2 - 3 | Patient Centered Care Video taped | JSIL |
| 3-4 | Interview of members of the health team | Student : Personal Vision draft |
| 4 - 5 | Watch Videos/ppt presentations: “It takes a country to come up with a UP Graduate”  Drafting a personal goal and review of the UPCM VMG |
| **October 12, 2020** | | |
| 1 - 2 | UPCM graduate as leader  Watch Video of Dr Eddie Dorotan speech sharing his experiences after graduation |  |
| 2-5 | Q and A with UPCM graduates who joined DTTB |
| **October 13, 2020** | | |
| 1 -2 | Videotaped lecture by Dr Cecile Maramba | Student activity |
| 2 -3 |
| 3 – 4 | Videotaped lecture by Dr Phillip Tan gatue |
| 4 - 5 |
| **October 14, 2020** | | |
| 1 -3 | Videotaped lecture by Dr Rodrigo Ong |  |
| 3 - 4 | Videotaped sharing by Dr Mark Sunaz | Student activity |
| 4 – 5 Q and A |  |  |
| **October 15 2020** | | |
| 1 – 3 | RSO obligation | Dr Anthony Cordero |
| 3 - 5 | Feedback | Dr Josie Isidro-Lapena |

**Basis for Evaluation**

**The students get a grade of either Pass or Fail. To pass the students must be able to submit all the required reports . These include**

1. Statement of a personal goal before review of the UPCM VMG
2. Report based on an SGD with 3 – 5 members on the following :
   1. Reflections and insights on the address of Att Diokno
   2. Reflection and insights after watching the experiences of Dr Lionel Peters in Palawan
3. Report on the interview of a patient focused on psychodynamics of illness rather than on the disease