



MATERNAL AND CHILD NURSING (N-13)
Academic Year 2021-2022

ACTIVITY GUIDE

WEEK 2
Clinical Simulation

TOPIC: Providing Nursing Care to a Preschooler/ School-Age Child

Developed by: A/P E.A.Iellamo, MAN, RN & A.M.Jose, RN

OVERVIEW

This virtual activity will enable you to perform overall health assessment of a child which includes nursing health history, appraisal on growth, behavior, communication, developmental milestones, parent-child relationship, and as applicable, physical assessment. This session aims to provide a positive educational experience not only for the child and the family, but also for you as future professional nurses.

OBJECTIVES

1. Perform correctly the selected basic nursing skills in the care of preschooler/school-age child;
2. Apply the nursing process using effective communication in assessment, establishing rapport, planning, implementing care, and evaluation in the care of a preschooler/school-age child;
3. Apply health promotion and disease prevention skills in the care of a preschooler/school-age child;
4. Document pertinent information and performance of care using appropriate forms and formats in a timely, accurate, and comprehensive manner;
5. Appreciate the significance of being a compassionate and competent nurse in improving maternal and newborn health;
6. Uphold integrity, self-directedness, and critical reflection to maximize learning and competence as a nurse in improving maternal and newborn health.

Review the following materials.

1. Care of Child from Infancy to Adolescence (Preschooler and School-age Child portion)
2. Child Health Assessment (Chapter 34) with focus on topic areas such as:
 - a. Height and weight
 - b. History of current and past illnesses
 - c. Activities and play, rest and sleep, nutrition, elimination, psychosocial well-being of the child
 - d. Common concerns of the preschool or school-age child
3. Communication and Teaching with Children and Families (Chapter 35) (Pillitteri, 2010) *
4. Watch the video on General Approach on Pediatric Assessment *
5. Familiarize yourself with the Preschooler/School-age child assessment forms

**Recommended*

Look for a mother with a preschool or a school age child

1. A mother with a preschool or a school age child: The mother should be of legal age. The child should not have any known/diagnosed illness like COVID-19, Asthma, Primary Complex, Cancer, etc.
2. Contract setting: Obtain a verbal agreement with your client, ensuring that the date, time, duration of interview, platform of interaction (through messenger, other social media apps, or face-to-face, as applicable) were explained, and the client agreed on the details for this specific activity. For a face-to-face interaction, which is feasible only if the client belongs to the same household, ensure that minimum health standards are observed to prevent the spread of COVID-19.

Attend the synchronous sessions.

3. A 3-hr session on review of assessment and interventions for all clients during the plenary will include highlights on the care of a preschooler/school-age child (first day of clinical simulations or week 2)
4. Post duty conferences for sharing of learnings and experiences in the performance of the activities

Please refer to the procedure checklist on page 3.

Activity Guide:

Interaction will happen through a phone call with client or if possible, via video call online which will be audio or audio-recorded, but it will be deleted after group discussions; privacy of the client and confidentiality should be upheld.

1. Student to do assessment and history taking by asking client the following:
 - a. age, civil status, education, nature of work, living arrangement (mother)
 - b. age, height and weight (child)
 - c. history of current illness and past illnesses of the child
 - d. activities and play, rest and sleep, nutrition, elimination, psychosocial well-being of the child
 - e. common concerns of the preschool / school-age child
2. Student to provide health teachings /interventions on activities and play, rest and sleep, nutrition, elimination, psychosocial well-being of the child, and managing common concerns of the preschool/ school-age child
3. Student to evaluate results of health teachings provided by asking client knowledge questions

Post Activity:

1. Student to prepare for group discussions
2. Student to prepare and submit a nursing health history, teaching plan, and nursing care plan

Evaluation

You will be evaluated based on:

- performance of complete and proper assessment of the preschooler/ school-age child
- submission of nursing health history, teaching plan, and nursing care plan
- appropriateness and effectiveness of health teachings and interventions provided

To pass the activity or clinical duty, you should correctly perform at least 60% of the procedures in the checklist below.

Summary

At the end of your clinical duty, you will be able to apply and develop your nursing knowledge, skills, and attitude in the care of preschoolers/ school-age child. Your resourcefulness on the virtual set-up and zeal to

learn more from peer-reviewed journals for the benefit of your patient will prepare you to truly become a compassionate nurse who aims to have a positive impact on the lives of mothers and their children. We hope that you had a memorable learning experience in this clinical duty.

References

Pillitteri, A. (2010). *Maternal & Child Health Nursing: Care of the Childbearing & Childrearing Family* (6th editio, Vol. 148). Lippincott Williams & Wilkins.

Reviewed by: A/P E.A Iellamo, MAN, RN

Date of review: 9/27/2021

UPCN

Name of Student: _____

Student Number: _____

Care of the Preschooler/ School-Age Child Procedure Checklist

STEP	Procedure	Score	Done Correctly	Needs Improvement	Not done
1	Establishes rapport with preschooler/school-age child	10			
	1.1 Calls patient by name and introduces self	2			
	1.2 Makes patient feel at ease and comfortable	2			
	1.3 Shows sensitivity to individual differences based on social classes and culture	2			
	1.4 Explains the procedure to the child and mother/caregiver	2			
	1.5 Obtains verbal consent and establishes contract with the clients	2			
2	Assesses the preschooler/school-age child's health status	25			
	2.1 Secures accurate and comprehensive nursing history of patient and records it correctly	3			
	2.2 Assesses the child's developmental milestones	4			
	2.3 Assesses the child's vision, hearing, and speech	4			
	2.4 Assesses the child's nutritional status by history and observation (as applicable), determination of height and weight	3			
	2.5 Assesses the child's behavior/ school problems	3			
	2.6 Determines relationship with family/parent/stresses within the household/parenting needs, and child-abuse risk	3			
	2.7 Utilizes available laboratory/screening tests if available (vision, hearing, hemoglobin, dental screening, etc.)	2			
	2.8 Determines immunization status	3			
3	Performs basic physical assessment (as applicable) of the preschooler/school-age child correctly and systematically based on availability of resources	13			
	3.1 Chief complaint	1			
	3.2 Vital signs (BP, HR, RR, Temperature)	1			
	3.3 Anthropometric Measurements (Height and Weight)/ Growth	1			
	3.4 General appearance	1			
	3.5 Head and neck/nodes	1			
	3.6 Eyes, Ears, Nose	1			
	3.7 Mouth and teeth/ Dental health	1			
	3.8 Chest, lungs, and heart	1			
	3.9 Abdomen	1			
	3.10 Genitals	1			
	3.11 Musculoskeletal	1			
	3.12 Neurologic/reflexes	1			
	3.13 Skin and extremities	1			
5	Identifies priority nursing problem/s	8			
	5.1 Based on sound rationale and background knowledge	5			
	5.2 Provides appropriate etiology that can be solved by a nursing intervention	3			

09.16.21 Maternal and Child Nursing Course Pack_Activity Guide

6	Set goal/s that are specific, measurable, attainable, realistic and time bound	4			
7	Performs nursing care procedures accordingly	8			
	7.1 Carries out nursing care in consideration of privacy, safety, and comfort of client.	2			
	7.2 Demonstrates caring attitude towards client by showing compassion and commitment to the welfare of the client.	2			
	7.3 Demonstrates flexibility and resourcefulness in implementing nursing care.	2			
	7.4 Demonstrates overall competence and confidence in performing nursing procedures	2			
8	Conducts health teaching to the preschooler / school-age child and mother that will match their language, intellectual, physical, cognitive, and psychological capabilities	16			
	8.1 Secures relevant and accurate information to assess learning needs of patient.	2			
	8.2 Develops an appropriate teaching plan to promote health and prevent disease	2			
	8.3 Implement teaching plan to the best of student's capabilities by giving relevant and accurate data and shows mastery of the content.	2			
	8.4 Utilizes effective communication skills in giving health teachings.	5			
	8.5 Shows creativity and resourcefulness in conducting health teaching (i.e., provides information materials, utilizes materials from peer-reviewed journals, etc.).	5			
9	Evaluates plan of care and make appropriate changes based on patient's response	2			
10	Demonstration of positive attitude to learning and active participation in duty	14			
	10.1 Demonstrates initiative and willingness to learn.	2			
	10.2 Shows diligence in clinical duty and in studies (reflects preparation for duty, utilizes available resources)	2			
	10.3 Demonstrates honesty and integrity in all aspects of nursing care and documentation.	2			
	10.4 Participates meaningfully in group discussions/post duty conferences.	2			
	10.5 Demonstrates punctuality in reporting for duty.	2			
	10.6 Demonstrates punctuality in submitting requirements.	2			
	10.7 Shows proper behavior and decorum during duty.	2			
	TOTAL (Passing Rate 60%)	100			
	Evaluation				
	Date Completed (MMDDYY)				
	Faculty-In-Charge: (Initials and signature)				

Overall Feedback:
