



University of the Philippines Manila  
The Health Sciences Center  
**COLLEGE OF NURSING**  
WHO Collaborating Center for Leadership in Nursing Development



**MATERNAL AND CHILD NURSING (N-13)**  
Academic Year 2021-2022

**ACTIVITY GUIDE**

**WEEK 2**  
**Prenatal Care Clinical Duty**

**TOPIC: Providing nursing care to a normal pregnant client**

Developed by: KBBaccay

**OVERVIEW**

Prenatal care is essential for ensuring the overall health of newborns and their mothers, and a major strategy for helping to reduce maternal and neonatal mortality and morbidity (Pillitteri, 2010). Culturally competent prenatal care for pregnant patients is holistic and involves incorporating Filipino values and beliefs into care which is critical for effective communication and planning for appropriate and individualized care (Smith, 2017). Planning for prenatal care is accomplished based on information from patients and their families that's why it is also important to involve their significant other/s in their plan and implementation of care. A major part of your N-13 course is rendering care to women in their childbearing phase. This virtual clinical duty aims to give you an in-depth experience and achieve competence in caring for pregnant women even with the limitations brought by the pandemic.

**OBJECTIVES**

1. Perform correctly the selected basic nursing skills in the prenatal care of a normal pregnant woman;
2. Apply the nursing process using effective communication in assessment, establishing rapport, planning, implementing care, and evaluation in the care of a pregnant client;
3. Apply health promotion and disease prevention skills in the care of a pregnant client;
4. Document pertinent information and performance of care using appropriate forms and formats in a timely, accurate, and comprehensive manner;
5. Appreciate the significance of being a compassionate and competent nurse in improving maternal and newborn health;
6. Uphold integrity, self-directedness, and critical reflection to maximize learning and competence as a nurse in improving maternal and newborn health.

**Review** the following materials. (*Uploaded in the course site*)

1. N13 Prenatal Care handout and videos (Baccay, 2020)
2. Filipino Patients: Providing Culturally Competent Prenatal Care (Smith, 2017)
3. Watch the video on First Prenatal Care <https://www.youtube.com/watch?v=Ub5AbTTII90>

**Attend** the synchronous sessions.

1. A 1-hr session on review of assessment and interventions for normal pregnant client.
2. Post duty conferences for sharing of experiences and assessments as well as planned activities for your patient.

*Please refer to the procedure checklist on page 3.*

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**Evaluation**

You will be evaluated based on:

- performance of complete and proper assessment based on pregnancy symptoms and prenatal records (if available) and history taking on a normal pregnant client
- submission of nursing health history, physical examination findings based on pregnancy symptoms and prenatal records (if available), and nursing care plan
- appropriateness and effectiveness of health teachings and interventions provided

To pass the this activity or clinical duty, you should correctly perform at least 60% of the procedures in the checklist below.

**Summary**

At the end of your clinical duty, you will be able to apply your knowledge and skills, as well as attitude, in caring for an actual normal pregnant patient based on available resources. You are also expected to obtain more knowledge by reading additional information in prenatal care on peer-reviewed journals and be able to apply this knowledge in your plan of care. We hope that you had a memorable learning experience in this clinical duty.

**References**

- Baccay, K. (2020). Maternal and Child Health Nursing Pillitteri. *Prenatal Care Study Guide*, 1–6.
- Pillitteri, A. (2010). *Maternal & Child Health Nursing: Care of the Childbearing & Childrearing Family* (6th editio, Vol. 148). Lippincott Williams & Wilkins.
- Smith, N. (2017). Filipino Patients: Providing Culturally Competent Prenatal Care. *Cinahl Information Systems*.

Reviewed by:

Assistant Professor Efrelyn Iellamo, RN,MAN  
N13 Course Coordinator

Date of review:

Name of Student: \_\_\_\_\_

Student Number: \_\_\_\_\_

**Prenatal Care Procedure Checklist**

STEP	Procedure	Score	Done Correctly	Needs Improvement	Not done
1	Establishes rapport with a pregnant client				
	1.1 Calls patient by name and introduces self.	4			
	1.2 Makes patient feel at ease and comfortable	4			
	1.3 Shows sensitivity to individual differences based on social classes and culture.	4			
	1.4 Explains the procedure to the patient	4			
	1.5 Obtain consent and establish contract with patient.	4			
2	Assesses the pregnant client's health status				
	2.1 Secures accurate and comprehensive nursing history of patient and records it correctly.	6			
	2.2 Determines the correct obstetric and gynecological history of the patient	4			
	2.5 Determines the correct expected date of delivery of the patient	2			
	2.6 Determines the correct age of gestation of the fetus	2			
	2.7 Utilizes available prenatal care records as well as laboratory exams, if available.	4			
3	Performs basic physical assessment on a pregnant client correctly and systematically based on availability of resources.	12			
	3.1 Chief complaint				
	3.2 Vital signs (BP, HR, RR, Temperature)				
	3.3 Anthropometric Measurements (Height and Weight)				
	3.4 General survey, head and neck				
	3.5 Chest, lungs, and heart				
	3.6 Abdomen and back				
	3.7 Skin and extremities				
	3.8 Genitals and Internal Exam				
	3.9 Other pregnancy symptoms				
4	Identifies priority nursing problem/s				
	4.1 Based on sound rationale and background knowledge	5			
	4.2 Provides appropriate etiology that can be solved by a nursing intervention	3			

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5	Set goal/s that are specific, measurable, attainable, realistic and time-bound.	4			
6	Performs nursing care procedures accordingly.				
	6.1 Carries out nursing care in consideration of privacy, safety, and comfort of client.	2			
	6.2 Demonstrates caring attitude towards client by showing compassion and commitment to the welfare of the client.	2			
	6.3 Demonstrates flexibility and resourcefulness in implementing nursing care.	2			
	6.4 Demonstrates overall competence and confidence in performing nursing procedures	2			
7	Conducts health teaching to pregnant client/s.				
	7.1 Secures relevant and accurate information to assess learning needs of patient.	2			
	7.2 Develops an appropriate teaching plan to promote health and prevent disease for the pregnant patient and her unborn child.	2			
	7.3 Implement teaching plan to the best of student's capabilities by giving relevant and accurate data, and shows mastery of the content.	2			
	7.4 Utilizes effective communication skills in giving health teachings.	2			
	7.5 Shows creativity and resourcefulness in conducting health teaching (i.e., provides information materials, utilizes materials from peer-reviewed journals, etc.).	2			
8	Evaluates plan of care and make appropriate changes based on patient's response	4			
9	Demonstrates initiative and willingness to learn.	2			
10	Shows diligence in clinical duty and in studies (reflects preparation for duty, utilizes available resources)	2			
11	Demonstrates honesty and integrity in all aspects of nursing care and documentation.	2			
12	Participates meaningfully in group discussions/post duty conferences.	2			
13	Demonstrates punctuality in reporting for duty.	2			

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14	Demonstrates punctuality in submitting requirements.	2			
15	Shows proper behavior and decorum during duty.	2			
	<b>TOTAL (Passing Rate 60%)</b>	<b>100</b>			
	<b>Evaluation</b>				
	<b>Date Completed (MMDDYY)</b>				
	<b>Faculty-In-Charge: (Initials and signature)</b>				

**Overall Feedback:**


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