

APPROACH TO FEVER & INFECTIONS IN THE IMMUNE COMPROMISED HOST

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Disclosures

- No financial disclosures

BUT

- Thinking slides

- The content of this presentation is taken from multiple sources.
- In HPIM (Chapter 104, and Chapter 169)

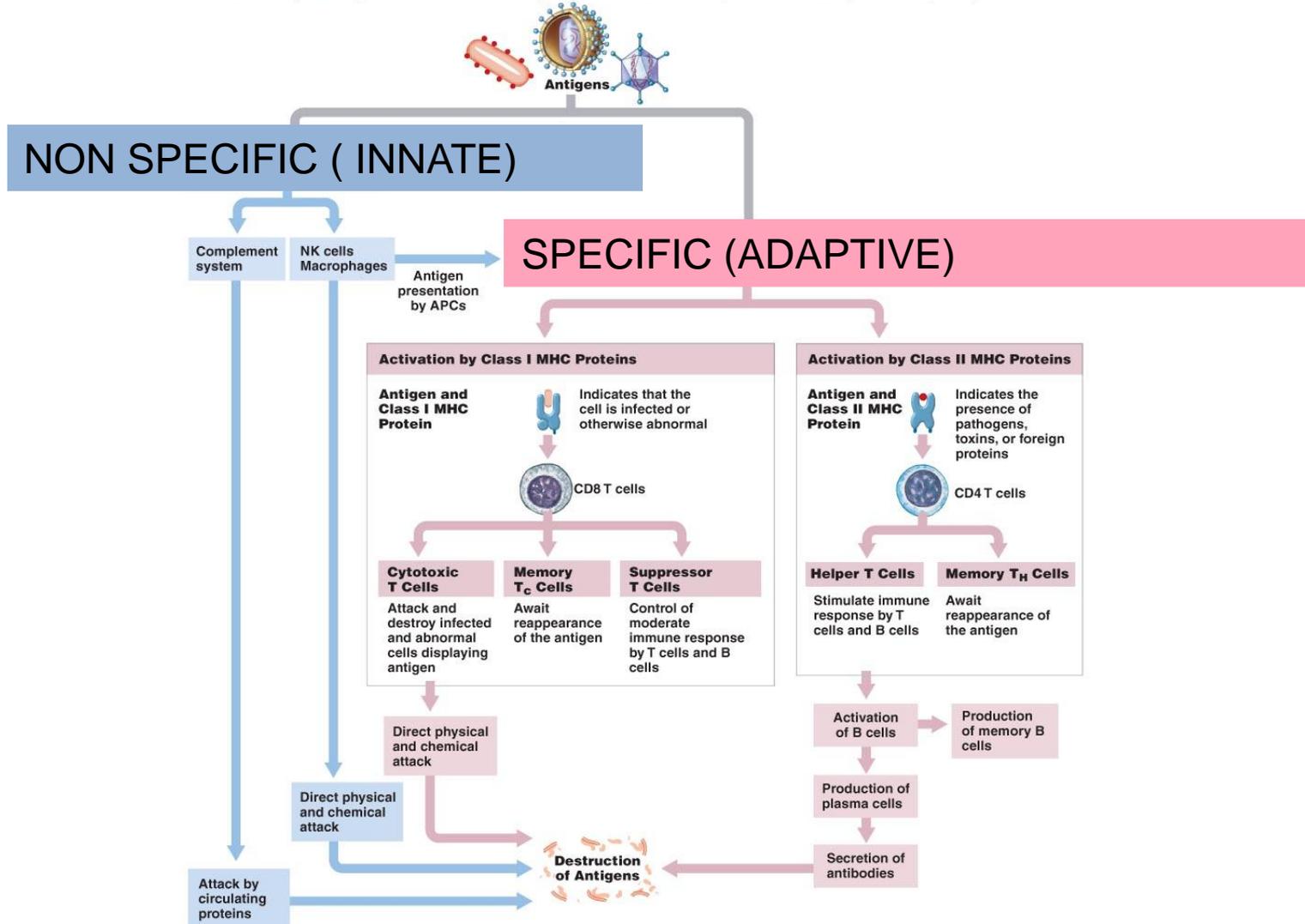
OBJECTIVES

- Review basic immunology
 - Immune defects and the corresponding infections
- Describe the approach to febrile neutropenia
- Describe infections in (**non-HIV**) immune compromised host
 - SOT, HSCT
- Review strategies for prevention

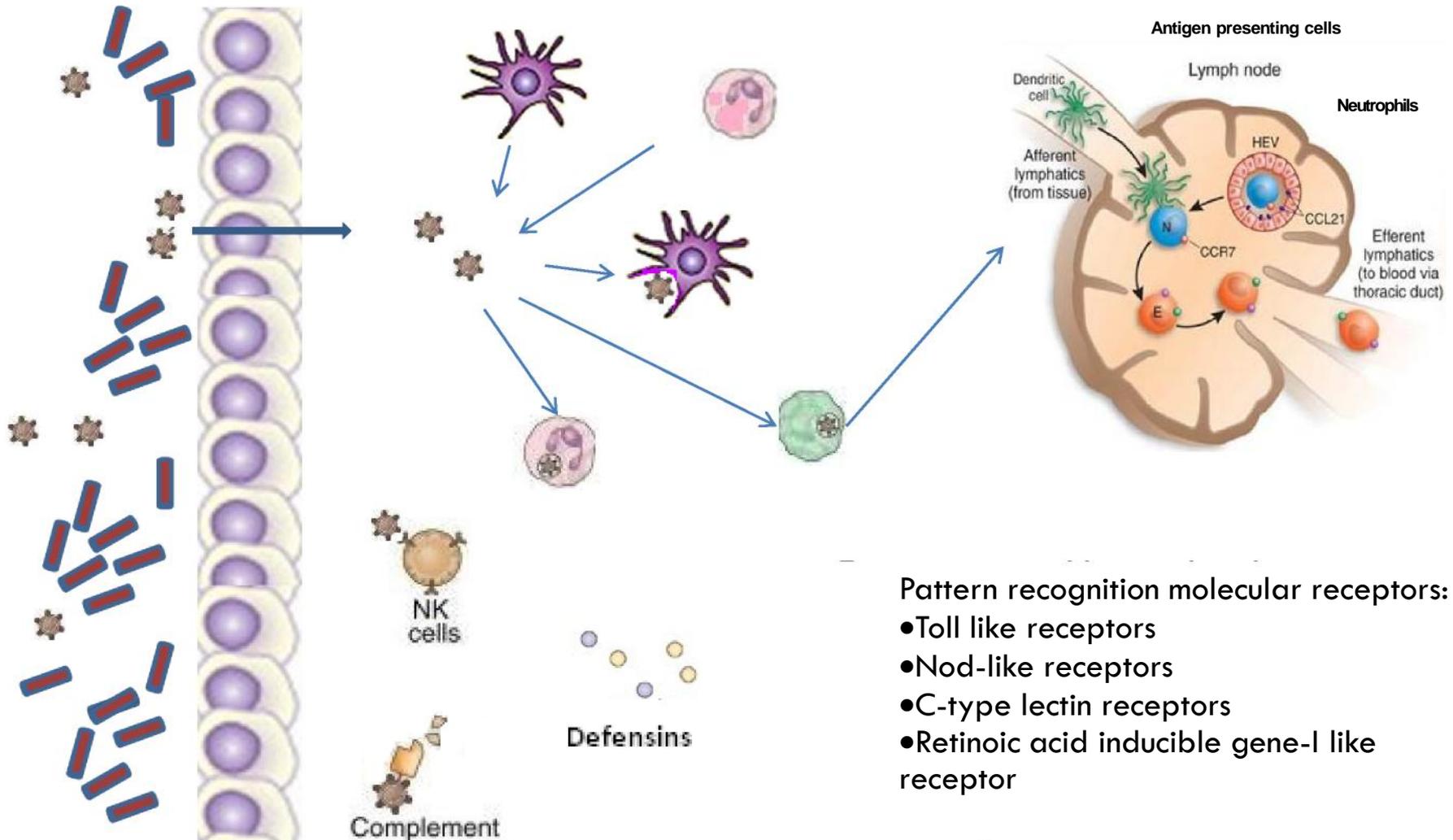
BACK to the BASICS

IMMUNITY AND IMMUNE DEFECTS

The relationships among the elements of the nonspecific defenses and the specific defenses (immune response)

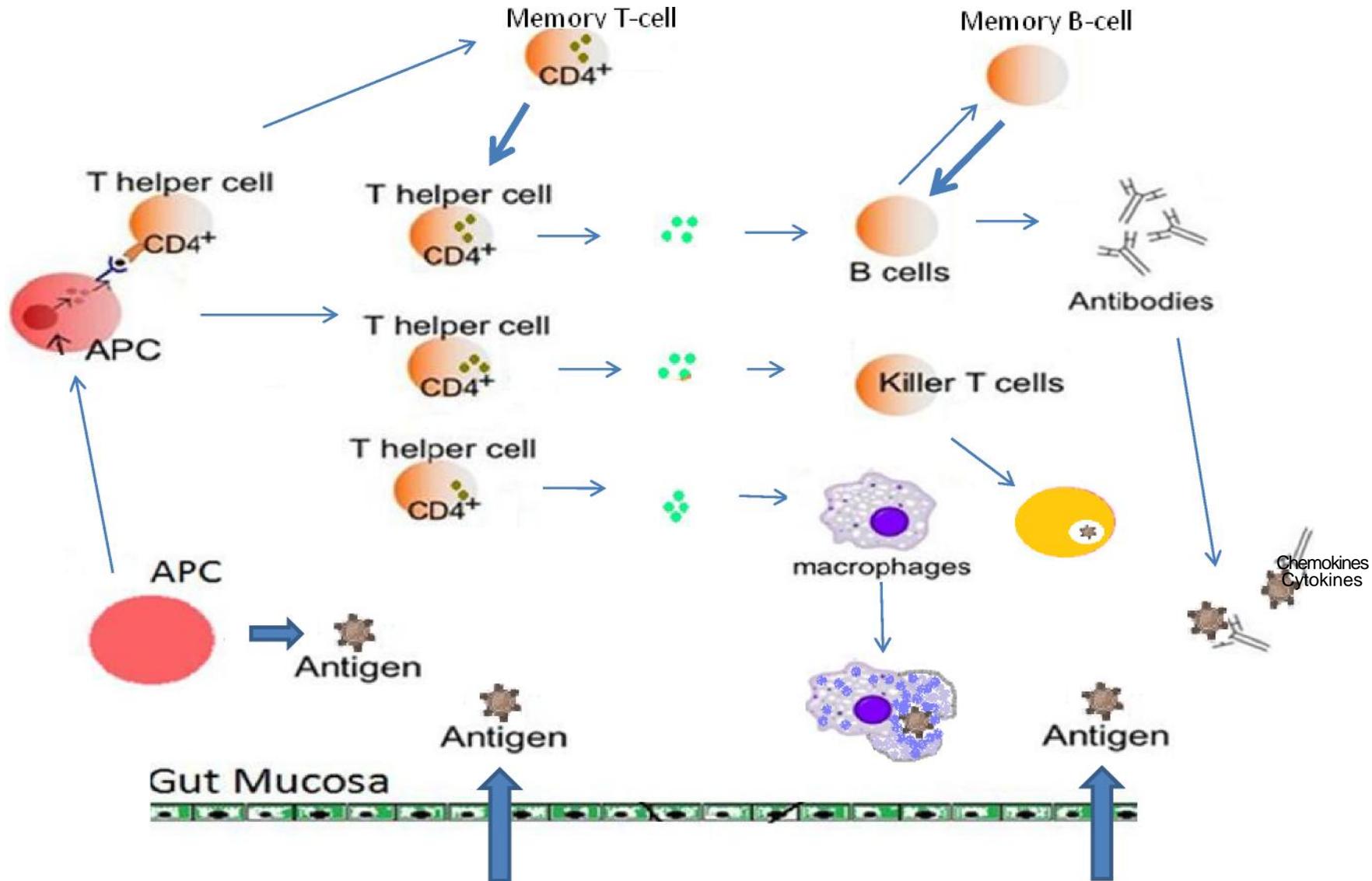


Non-Specific (Innate) Immunity



- Pattern recognition molecular receptors:
- Toll like receptors
 - Nod-like receptors
 - C-type lectin receptors
 - Retinoic acid inducible gene-I like receptor

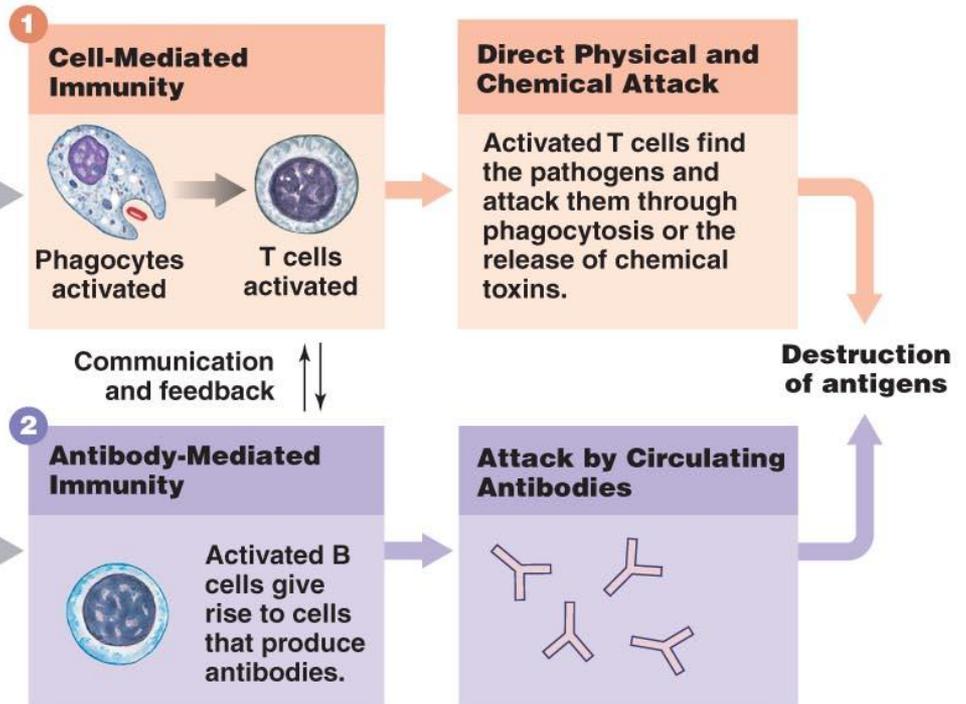
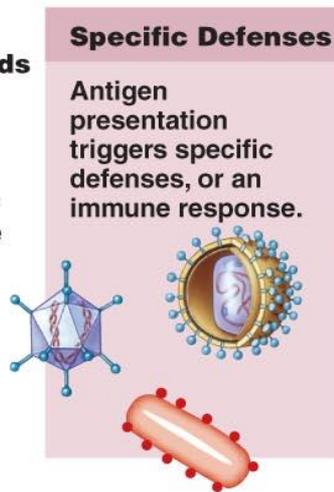
Specific (Adaptive) Immunity



An overview of the immune response

Antigens or Antigenic Fragments in Body Fluids

Most antigens must either infect cells or be “processed” by phagocytes before specific defenses are activated. The trigger is the appearance of antigens or antigenic fragments in plasma membranes; this is called **antigen presentation**.



Iatrogenic Causes of Immune Deficiency

- Chemotherapeutic agents
e.g. Doxorubicin, vinblastin, vincristine
- Transplant immunosuppressants
e.g. Azathioprine, MTX, cyclophosphamide
- Other immunomodulators
e.g. Bevacizumab (VEGF), trastuzumab (HER2),
cetuximab (EGFR), gemtuzumab (CD33)
- Irradiation

IATROGENIC
CAUSE (MEDS)

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graph TD; A[IATROGENIC CAUSE (MEDS)] --- B[PHAGOCYTOSIS]; A --- C[CELL-MEDIATED IMMUNITY]; A --- D[HUMORAL IMMUNITY]; B --- E[INNATE]; C --- F[ADAPTIVE]; D --- F;
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The diagram is a flowchart with a central grey box at the top labeled 'IATROGENIC CAUSE (MEDS)'. A vertical line descends from this box to a horizontal line. From this horizontal line, three vertical lines lead down to three separate boxes: a dark red box on the left labeled 'PHAGOCYTOSIS', a dark blue box in the middle labeled 'CELL-MEDIATED IMMUNITY', and a light blue box on the right labeled 'HUMORAL IMMUNITY'. Below the 'PHAGOCYTOSIS' box is the word 'INNATE'. Below the 'CELL-MEDIATED IMMUNITY' and 'HUMORAL IMMUNITY' boxes is the word 'ADAPTIVE'.

PHAGOCYTOSIS

INNATE

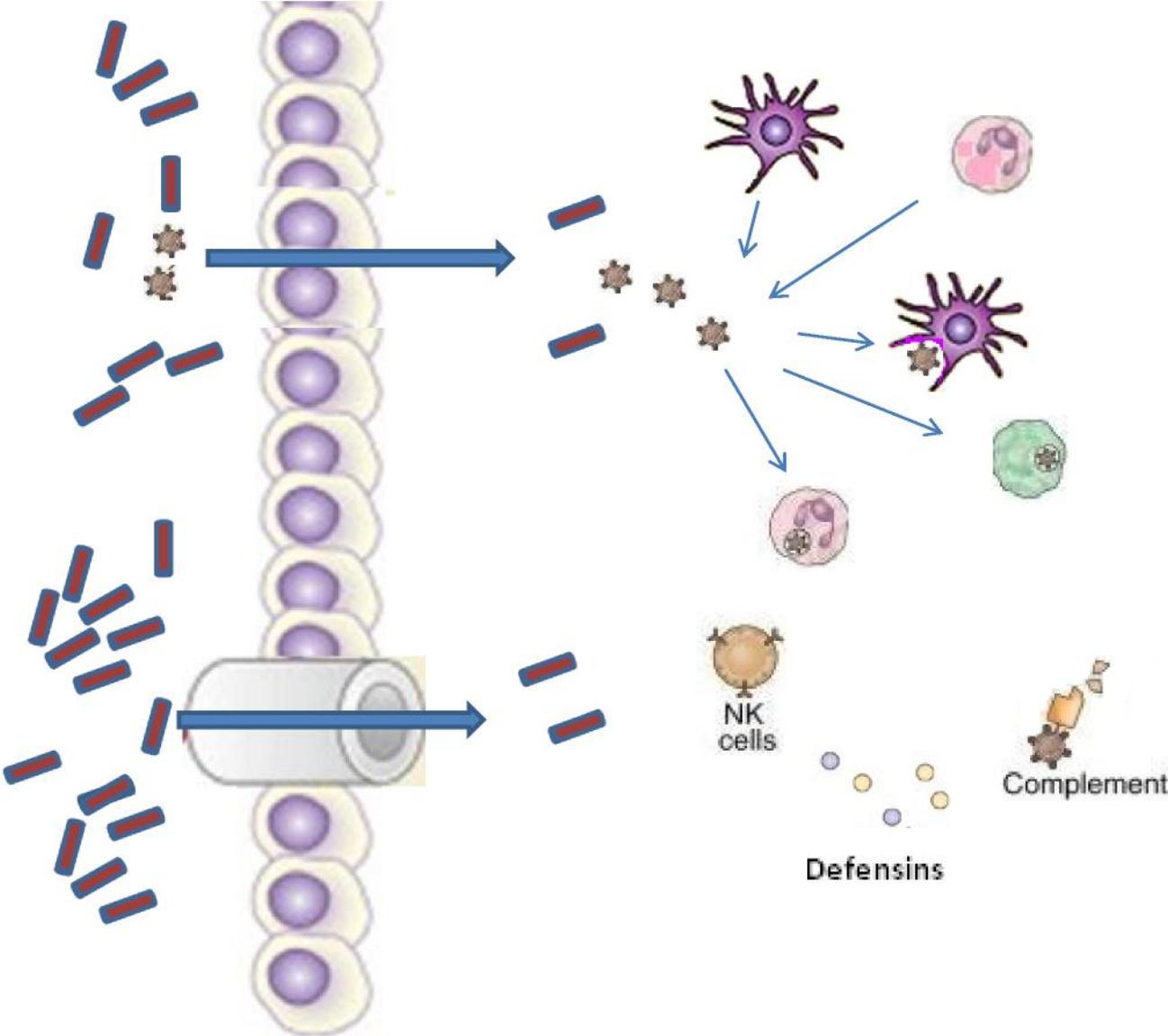
CELL-MEDIATED
IMMUNITY

ADAPTIVE

HUMORAL
IMMUNITY

IMPAIRED PHAGOCYTYIC FUNCTION

Consequences of Chemotherapy

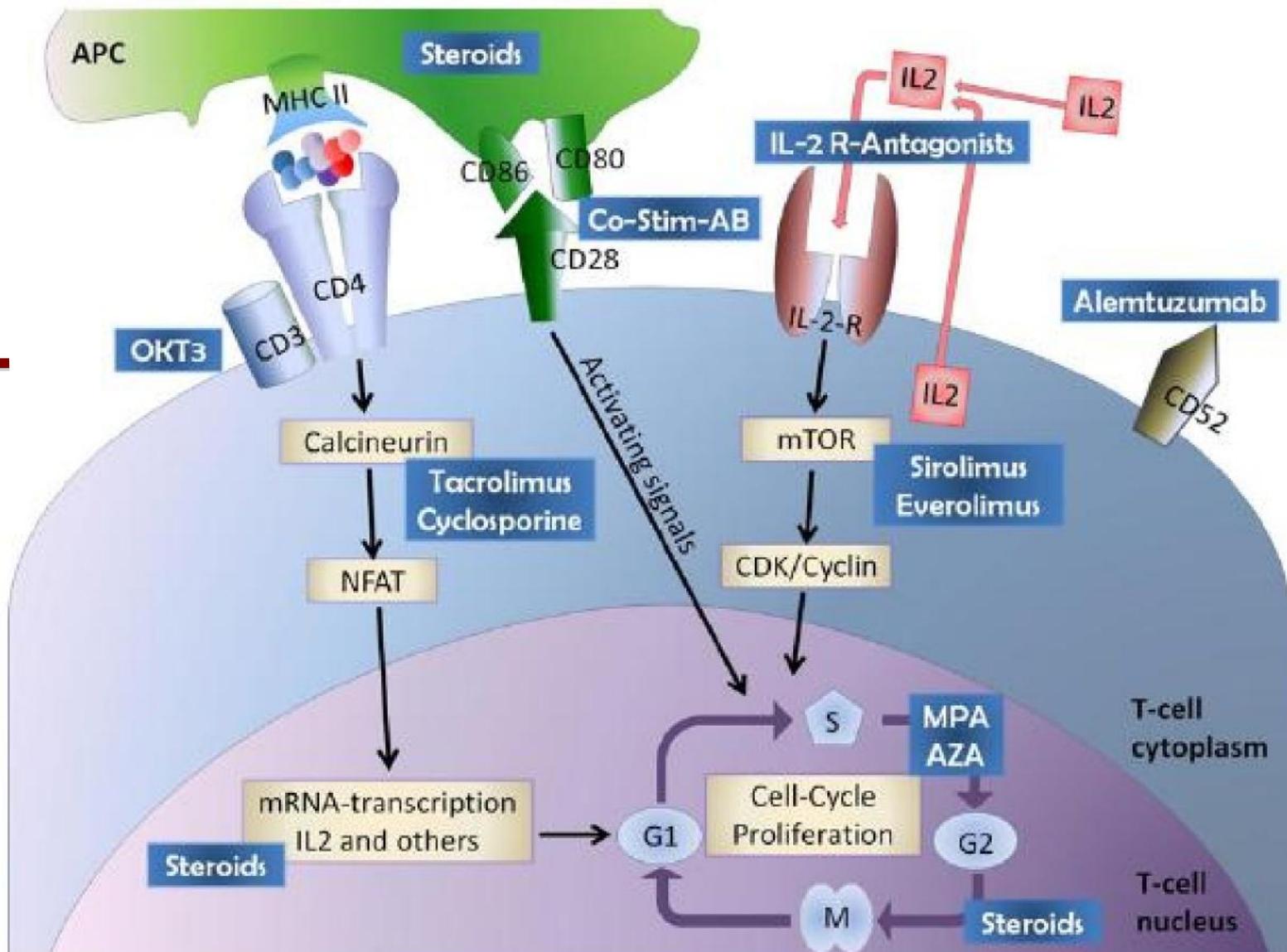


Consequences of Cytotoxic Medications

Defect	Pathogen		
Granulocytopenia	<u>Gram-positive cocci</u> Staphylococcus aureus Coagulase-neg staph Viridans group strep Granulicatella & Abiotrophia Enterococci spp	<u>Gram-negative bacilli</u> Escherichia coli Pseudomonas aeruginosa Klebsiella pneumoniae Enterobacter & Citrobacter	Aspergillus Mucor
Damaged integument			
Skin–central venous catheter related	Coagulase-neg staphylococci Staphylococcus aureus Corynebacteria	Stenotrophomonas m Pseudomonas aeruginosa Acinetobacter species	Candida spp Rhizopus spp
Oral mucositis	Viridans group strep Abiotrophia & Granulicatella Rothia mucilaginosa Herpes simplex virus	Capnocytophaga spp Fusobacterium spp	Candida spp
Gut mucosal barrier injury	Coagulase-neg staph Enterococci spp	Escherichia coli Pseudomonas aeruginosa	Candida spp
Neutropenic enterocolitis	Clostridium spp Staphylococcus aureus	Pseudomonas aeruginosa	Candida spp

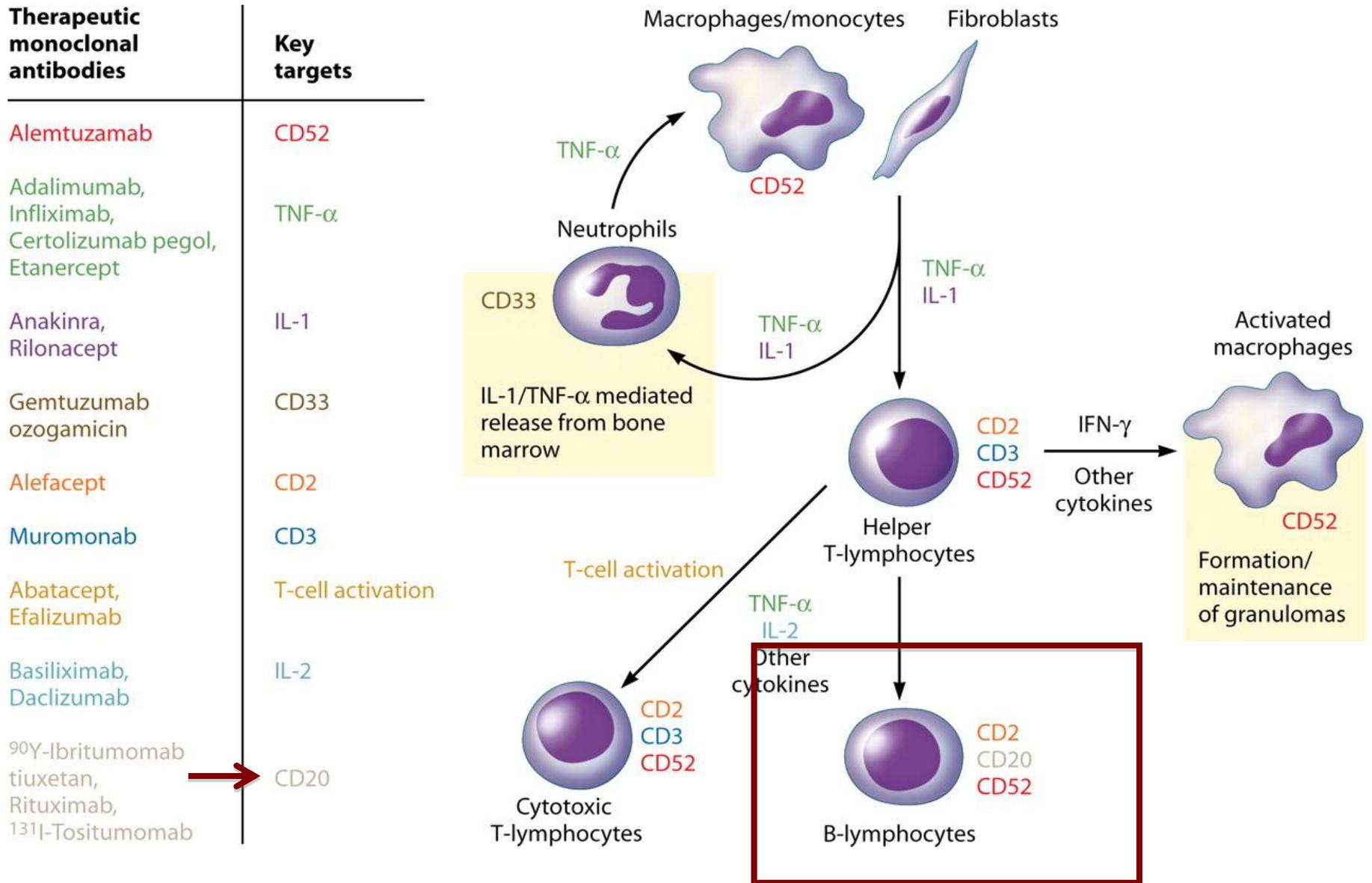
IMPAIRED CELLULAR IMMUNITY

T
C
E
L
L



IMPAIRED HUMORAL IMMUNITY

Monoclonal Antibody effects on Immunity



SUMMARY of IMMUNE DEFECTS

DEFECT	CONSEQUENCE	PATHOLOGY	PATHOGENS
HUMORAL	Impaired opsonization, phagocytosis, Ab dependent cytotoxicity	Recurrent sinopulmonary infections	SIN (Streptococcus pneumoniae, H. influenzae, Neisseria sp.)
CELLULAR	Impaired clearance of endogenous or intracellular pathogens	Disseminated infection; pulmonary infection	Human herpes viruses Adenovirus Listeria HPV TB Nocardia PCP Cryptococcus Endemic fungi

SUMMARY of IMMUNE DEFECTS

DEFECT	CONSEQUENCE	PATHOLOGY	PATHOGENS
PHAGOCYTTIC	Impaired microbial killing or clearance at sites of tissue invasion	Recurrent skin/lung/liver cold abscesses	S. aureus, CoNS Viridans streptococci E. coli P. aeruginosa K. pneumoniae

NEUTROPENIC FEVER

Clinical vignette

- 54/F with acute myelogenous leukemia (AML) presents at the ER with fever/chills. She also has some shortness of breath
- 1 week PTC, she received her 2nd round of chemotherapy.
- VS are stable. Temp is 39° C. Lungs with rales, bilaterally. CBC = Hgb 102g/L WBC 1.2 cells /mm³ (S 4%, L 90% M 6%)

DEFINITION

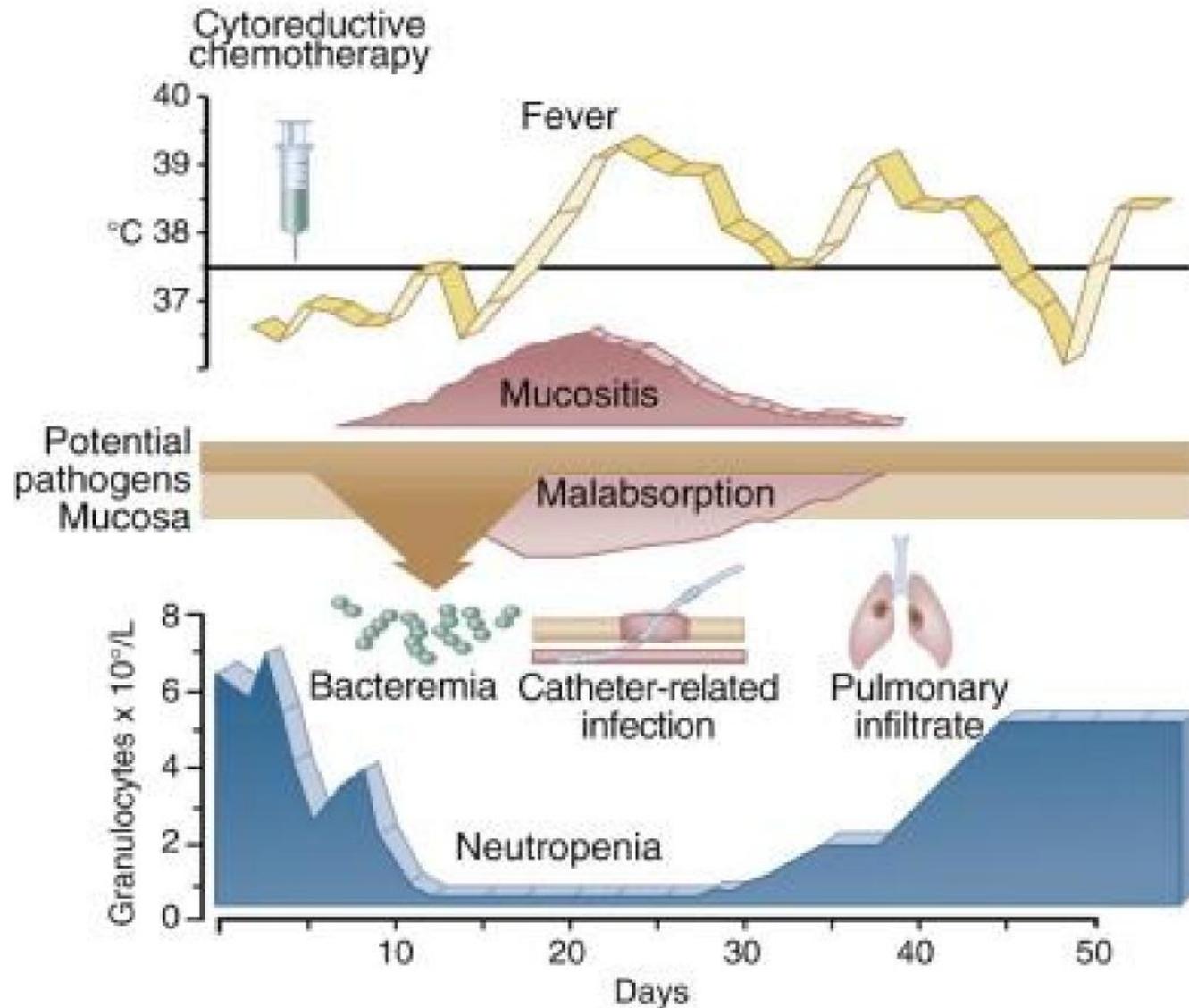
- Fever is defined as a single oral temperature measurement of $>38.3^{\circ}\text{C}$ (101°F) or a temperature of $>38.0^{\circ}\text{C}$ (100.4°F) sustained over a 1-h period.
- Neutropenia is defined as an absolute neutrophil count (ANC) of <500 cells/ mm^3 or an ANC that is expected to decrease to <500 cells/ mm^3 during the next 48 h.

– **ANC** = $\text{WBC} \times (\% \text{ bands} + \text{segs}) / 100$

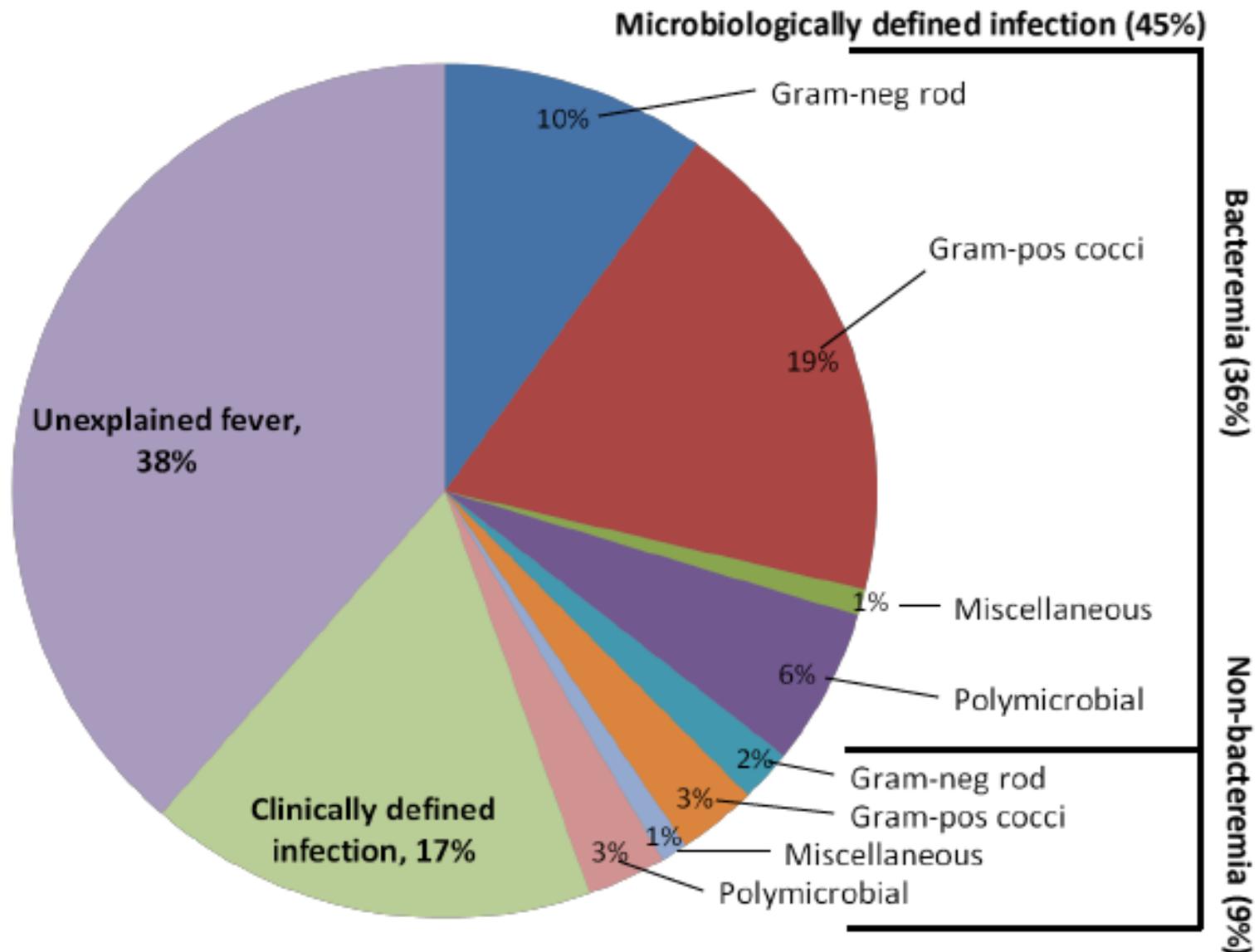
NEUTROPENIC FEVER

- Fever during chemotherapy-induced neutropenia may be the only indication of a severe underlying infection.
- NF is a medical emergency and physicians must be able to assess risk, diagnose, and appropriately manage patients with NF

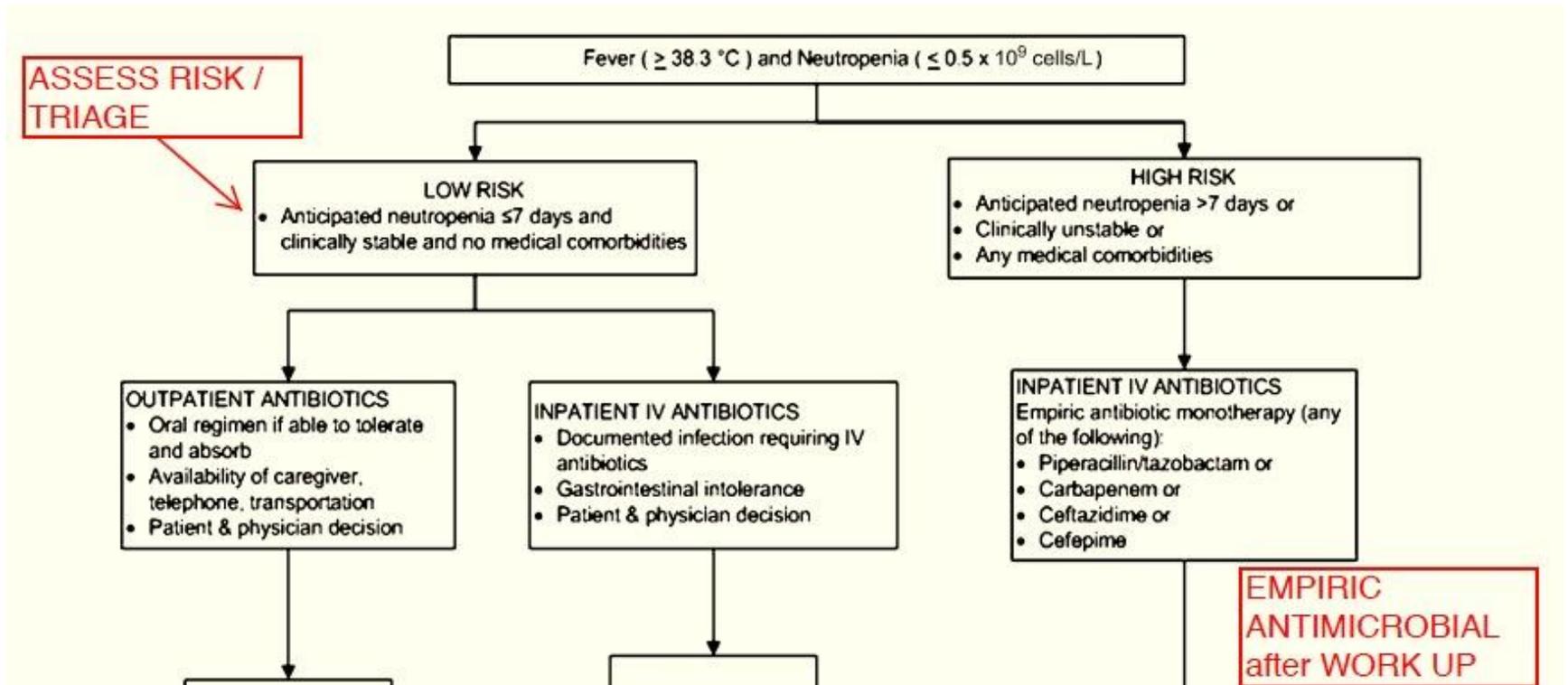
Sequence of events during neutropenia



Causes of Fever in Febrile Neutropenia



Approach to NF



Diagnostic Evaluation

TEST	REASON
CBC	ANC
Creatinine	Kidney function
ALT, AST	Liver function
BLOOD CULTURES X2	Bacteremia
CXR	Pneumonia
Others	Urine, etc.

Common Pathogens in NF

Table 1. Common Bacterial Pathogens in Neutropenic Patients

Common gram-positive pathogens

Coagulase-negative staphylococci

Staphylococcus aureus, including methicillin-resistant strains

Enterococcus species, including vancomycin-resistant strains

Viridans group streptococci

Streptococcus pneumoniae

Streptococcus pyogenes

Common gram-negative pathogens

Escherichia coli

Klebsiella species

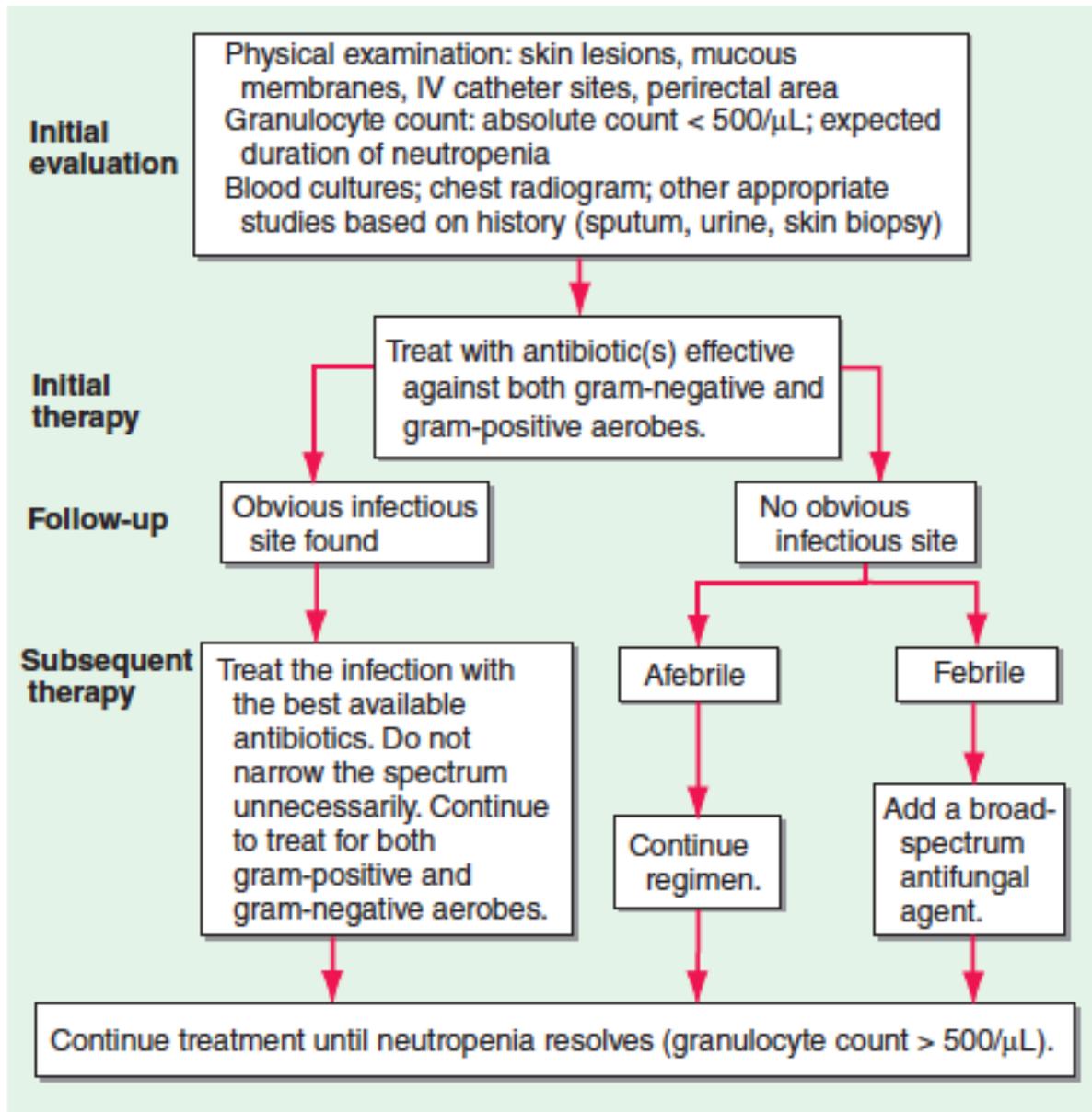
Enterobacter species

Pseudomonas aeruginosa

Citrobacter species

Acinetobacter species

Stenotrophomonas maltophilia



Antimicrobial Pearls

- High-risk patients require hospitalization for IV empirical antibiotic therapy; monotherapy with an anti-pseudomonal β -lactam agent, such as cefepime, a carbapenem, or piperacillin-tazobactam, is recommended (A-I).
- Other antimicrobials (aminoglycosides, fluoroquinolones, and/or vancomycin) may be added to the initial regimen for management of complications (eg, hypotension and pneumonia) or if antimicrobial resistance is suspected or proven (B-III).
- Vancomycin (or other agents active against aerobic gram positive cocci) is NOT recommended as a standard part of the initial antibiotic regimen for fever and neutropenia (A-I).

Prevention

- Prophylaxis for high-risk patients with prolonged, or profound neutropenia can be considered
 - Fluoroquinolone
- Age appropriate vaccination
 - E.g. yearly influenza vaccinations
- In certain populations, anti-fungal prophylaxis may be considered
 - E.g. HSCT recipients, those undergoing intensive chemotherapy

INFECTIONS IN LIVER/KIDNEY TRANSPLANT RECIPIENTS

SOLID ORGAN TRANSPLANT

Clinical Vignette

- A U.S.-born adolescent, aged 14 years, with end-stage renal disease as a result of a single dysplastic kidney received a kidney transplant from a deceased donor. He had never traveled outside the United States.
- 10 weeks post –transplant he complained of fever, rash, malaise, anorexia, nausea, vomiting, and diarrhea.
- Two other recipients from the same donor complained of similar symptoms.

What do you think he has?

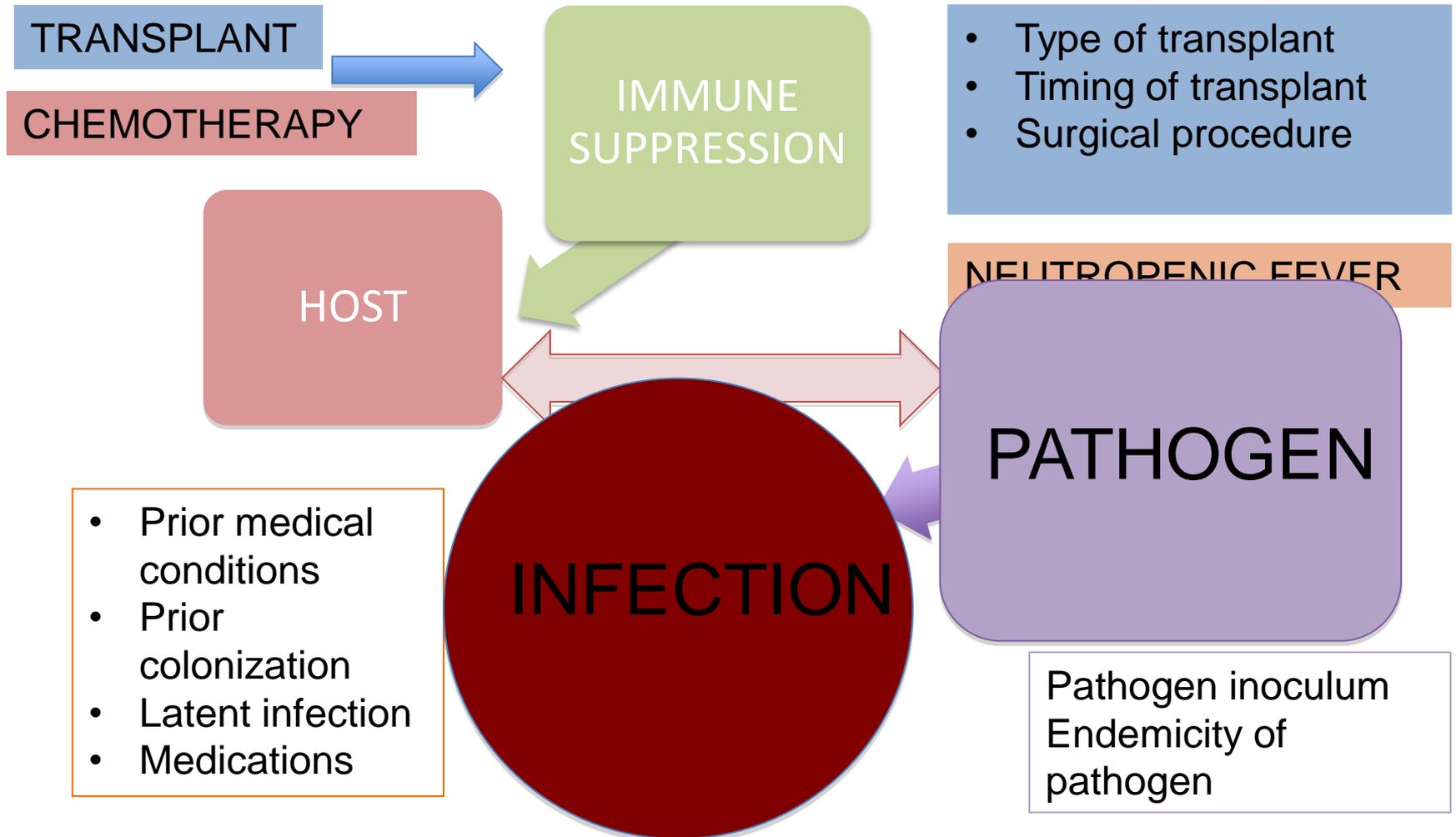
- A. A nosocomial infection
- B. An opportunistic infection
- C. A donor-derived infection
- D. Reactivation of latent infection

What do you think he has?

- A. A nosocomial infection
- B. An opportunistic infection
- C. A donor-derived infection**
- D. Reactivation of latent infection

- The CDC requested stored pre-transplant serum from all organ recipients, along with stored donor serum for testing, to determine if infection with *Strongyloides* in the recipients was donor derived or reactivation of chronic infection.
- Evaluation of these specimens revealed that the **donor** had evidence of chronic infection based on positive serologic results.

PATHOGENESIS OF INFECTION



SOT

- Most infections occur in the first few months after transplantation.
- Infections may be donor or recipient-derived, community or hospital acquired.
- Similar to HSCT patients, infections follow a “timeline”

TIMELINE OF INFECTIONS

Day 0-30:

- Usually either donor-derived infection or nosocomial infections.
- The longer the transplant surgery, the higher the risk of infection. Infections may be associated with surgical technique
- *Opportunistic infections are generally absent during the first month after transplantation*

Day 31- 4 mos

- Viral pathogens and allograft rejection are responsible for the majority of febrile episodes that occur during this period
- Trimethoprim–sulfamethoxazole prophylaxis generally prevents most urinary tract infections and opportunistic infections such as pneumocystis pneumonia

> 6 months

- The risk of infection diminishes 6 months after transplantation, since immunosuppressive therapy is usually tapered in recipients who have satisfactory allograft function.
- Transplant recipients have a persistently increased risk of infection due to community-acquired pathogens.

“Never Do Wells”

- Recurrent infection may develop in some patients despite minimization of their immunosuppression.
- These patients are at increased risk for opportunistic infection with listeria or nocardia species, invasive fungal pathogens such as zygomycetes and dematiaceous molds, and unusual organisms

TABLE 169-4 COMMON INFECTIONS AFTER SOLID ORGAN TRANSPLANTATION, BY SITE OF INFECTION

Infected Site	Period after Transplantation		
	Early (<1 Month)	Middle (1–4 Months)	Late (>6 Months)
Donor organ	Bacterial and fungal infections of the graft, anastomotic site, and surgical wound	CMV infection	EBV infection (may present in allograft organ)
Systemic	Bacteremia and candidemia (often resulting from central venous catheter colonization)	CMV infection (fever, bone marrow suppression)	CMV infection, especially in patients given early posttransplantation prophylaxis; EBV proliferative syndromes (may occur in donor organs)
Lung	Bacterial aspiration pneumonia with prevalent nosocomial organisms associated with intubation and sedation (highest risk in lung transplantation)	<i>Pneumocystis</i> infection; CMV pneumonia (highest risk in lung transplantation); <i>Aspergillus</i> infection (highest risk in lung transplantation)	<i>Pneumocystis</i> infection; granulomatous lung diseases (nocardial and reactivated fungal and mycobacterial diseases)
Kidney	Bacterial and fungal (<i>Candida</i>) infections (cystitis, pyelonephritis) associated with urinary tract catheters (highest risk in kidney transplantation)	Kidney transplantation: BK virus infection (associated with nephropathy); JC virus infection	Kidney transplantation: bacterial infections (late urinary tract infections, usually not associated with bacteremia); BK virus infection (nephropathy, graft failure, generalized vasculopathy)
Liver and biliary tract	Cholangitis	CMV hepatitis	CMV hepatitis
Heart		<i>Toxoplasma gondii</i> infection (highest risk in heart transplantation); endocarditis (<i>Aspergillus</i> and gram-negative organisms more common than in general population)	<i>T. gondii</i> (highest risk in heart transplantation)
Gastrointestinal tract	Peritonitis, especially after liver transplantation	Colitis secondary to <i>Clostridium difficile</i> infection (risk can persist)	Colitis secondary to <i>C. difficile</i> infection (risk can persist)
Central nervous system		<i>Listeria</i> infection (meningitis); <i>T. gondii</i> infection; CMV infection	Listerial meningitis; cryptococcal meningitis; nocardial abscess; JC virus–associated PML

Nosocomial, technical
(donor, recipient)

Activation of latent infection
(relapsed, residual, opportunistic)

Community acquired

< 1 month

1 - 6 months

> 6 months

Infection w/ MDROs:
MRSA, VRE, ESBL
G-neg, KPC,
Candida spp (non-
albicans)
Aspiration, catheter &
wound infections
Anastomotic leaks &
ischemia
C difficile colitis
Donor derived infection
(uncommon):
HSV, LCMV, rabies,
WNV, HIV,
Trypanosoma, cruzii
Plasmodium spp,
Wucheria bancrofti,
Schistosoma spp.
Recipient derived
infection (colonization):
Aspergillus,
Pseudomonas
Acinetobacter

With PCP & antiviral (CMV,
HBV) prophylaxis:
Polyomavirus BK infection,
nephropathy
C. Difficile colitis
HCV infection
Adenovirus infection,
Influenza
Cryptococcosis
TB
Anastomotic complications
Without prophylaxis:
PCP
Infection with herpesvirus
(HSV, VZV, CMV, EBV)
HBV infection
Infection with listeria,
nocardia, toxoplasma,
strongyloides, leishmania,
T. cruzii

Pneumonia, UTI
Infection with
aspergillus, atypical
molds, Mucor spp
Infection with nocardia,
rhodococcus spp
Late viral infections:
CMV infection (colitis,
retinitis)
Hepatitis (HCV, HBV)
HSV encephalitis
Community acquired
(SARS, West Nile,
dengue)
JC polyomavirus
(PML)
Skin cancer, lymphoma
(PTLD)

INFECTIONS IN HEMATOPOIETIC STEM CELL TRANSPLANT (HSCT)
RECIPIENTS

HEMATOLOGIC TRANSPLANTS

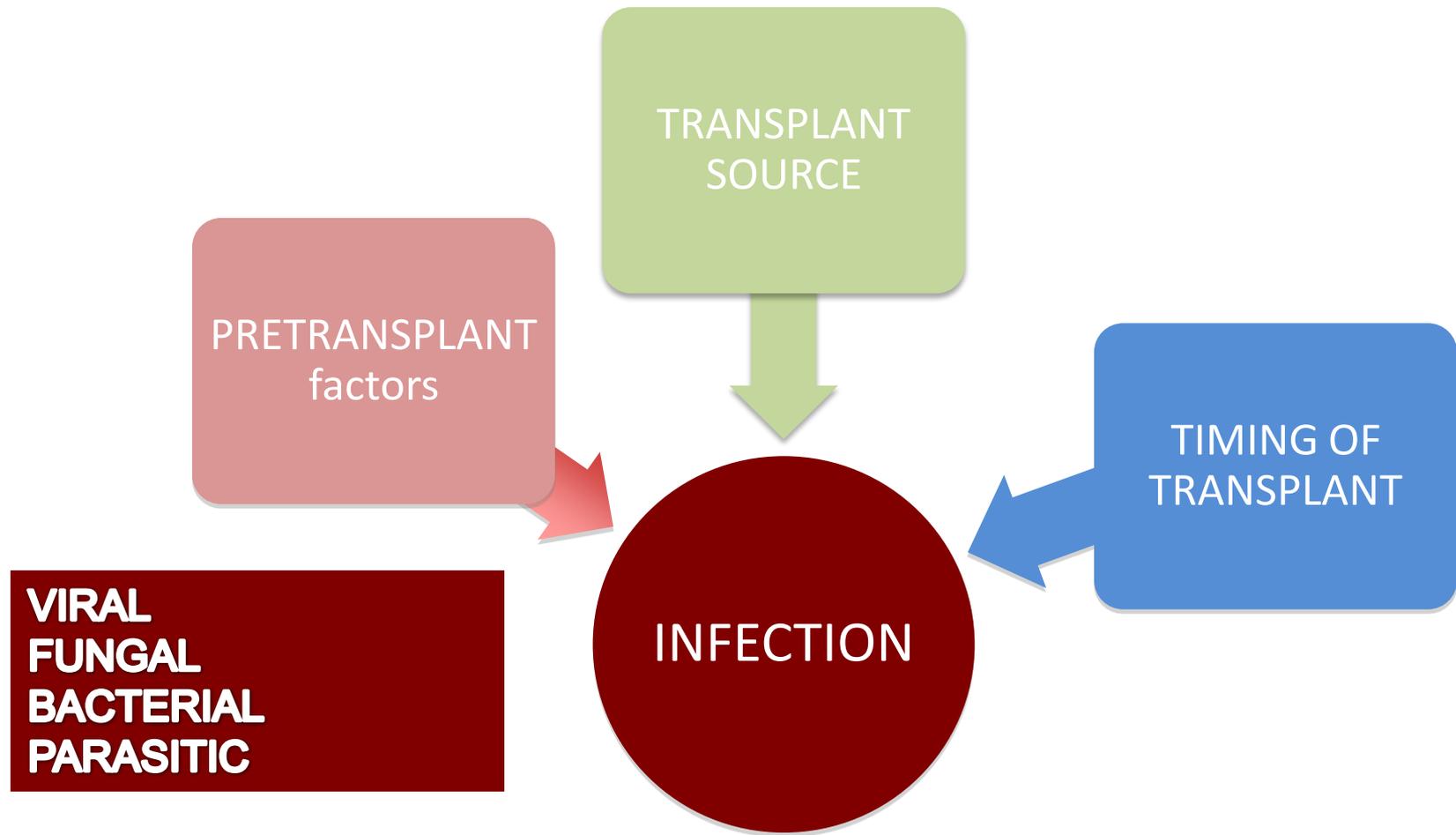
DEFINITION OF TERMS

TERM	DEFINITION
SYNGENEIC	Transplant from an <i>identical</i> twin
ALLOGENEIC	Transplant from a sibling or unrelated donor
AUTOLOGOUS	Transplant from “self”
ENGRAFTMENT	Donor transplant is accepted by the recipient
GRAFT versus HOST DISEASE (GVHD)	An immunologic reaction by the donor lymphocytes against the recipient, causing inflammation of the target tissues

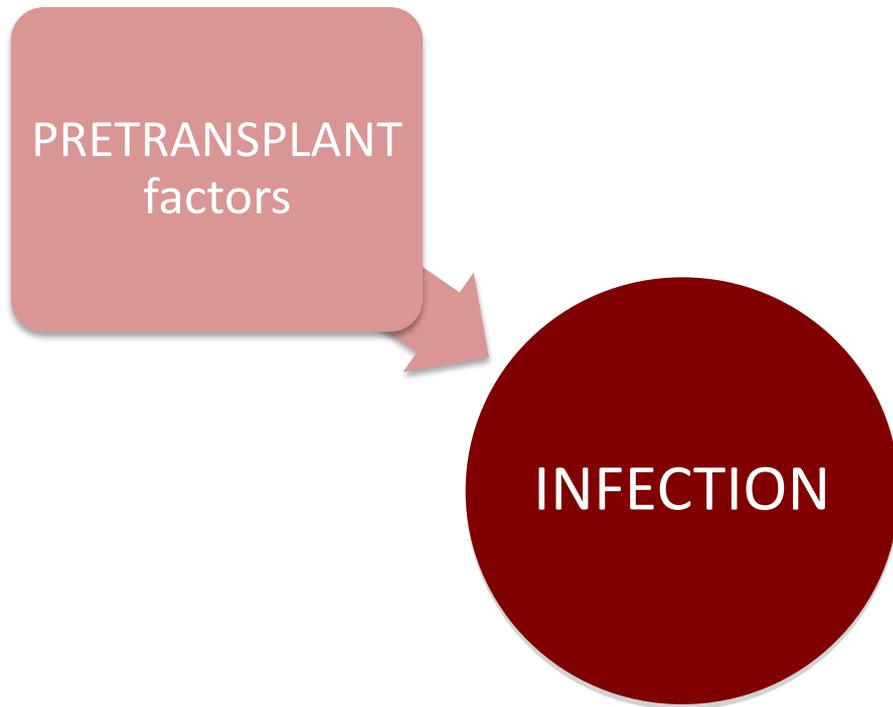
TABLE 169-1 RISK OF INFECTION, BY TYPE OF HEMATOPOIETIC STEM CELL TRANSPLANT

Type of Hematopoietic Stem Cell Transplant	Source of Stem Cells	Risk of Early Infection: Neutrophil Depletion	Risk of Late Infection: Impaired T and B Cell Function	Risk of Ongoing Infection: GVHD and Iatrogenic Immunosuppression	Graft vs. Tumor Effect
Autologous	Recipient (self)	High risk; neutrophil recovery sometimes prolonged	~1 year	Minimal to no risk of GVHD and late-onset severe infection	None (-)
Syngeneic (genetic twin)	Identical twin	Low risk; 1–2 weeks for neutrophil recovery	~1 year	Minimal risk of GVHD and late-onset severe infection	+/-
Allogeneic related	Sibling	Low risk; 1–2 weeks for neutrophil recovery	~1 year	Minimal to moderate risk of GVHD and late-onset severe infection	++
Allogeneic related	Child/parent (haploidentical)	Intermediate risk; 2–3 weeks for neutrophil recovery	1–2 years	Moderate risk of GVHD and late-onset severe infection	++++
Allogeneic unrelated adult	Unrelated donor	Intermediate risk; 2–3 weeks for neutrophil recovery	1–2 years	High risk of GVHD and late-onset severe infection	++++
Allogeneic unrelated cord blood	Unrelated cord-blood units (x2)	Intermediate to high risk; neutrophil recovery sometimes prolonged	Prolonged	Minimal to moderate risk of GVHD and late-onset severe infection	++++
Allogeneic mini (nonmyeloablative)	Donor (transiently coexisting with recipient cells)	Low risk; neutrophil counts close to normal	1–2+ years	Variable risk of GVHD and late-onset severe infection ^a	++++ (but develops slowly)

RISK FACTORS OF INFECTION in HSCT

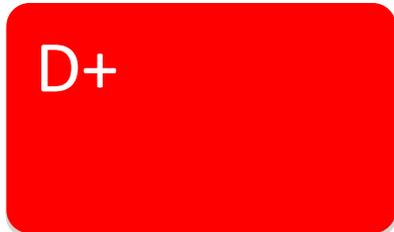


RISK FACTORS OF INFECTION in HSCT



PRE-TRANSPLANT FACTORS

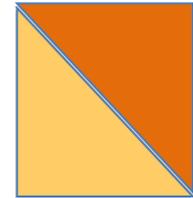
- Includes viral serologic status of the transplant recipient (and donor)
 - DONOR = D / RECIPIENT = R
- The donor may accidentally transmit infection to the recipient OR
- There are *latent* infections that may reactivate and proliferate once the recipient is immunosuppressed



D+/R+



D-/R-



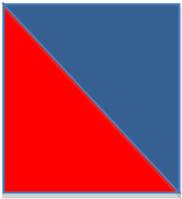
D+/R-



D-/R+

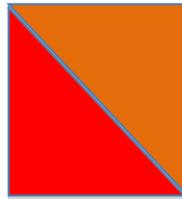


D+/R+



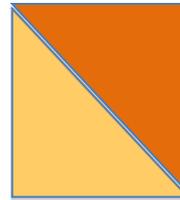
A

D+/R-



B

D-/R-



C

D-/R+



D

Which combination is **LOWEST RISK** for
CMV INFECTION?

- Herpes viruses are most common after transplantation because many patients are latently infected w/ one or more species that reactivate

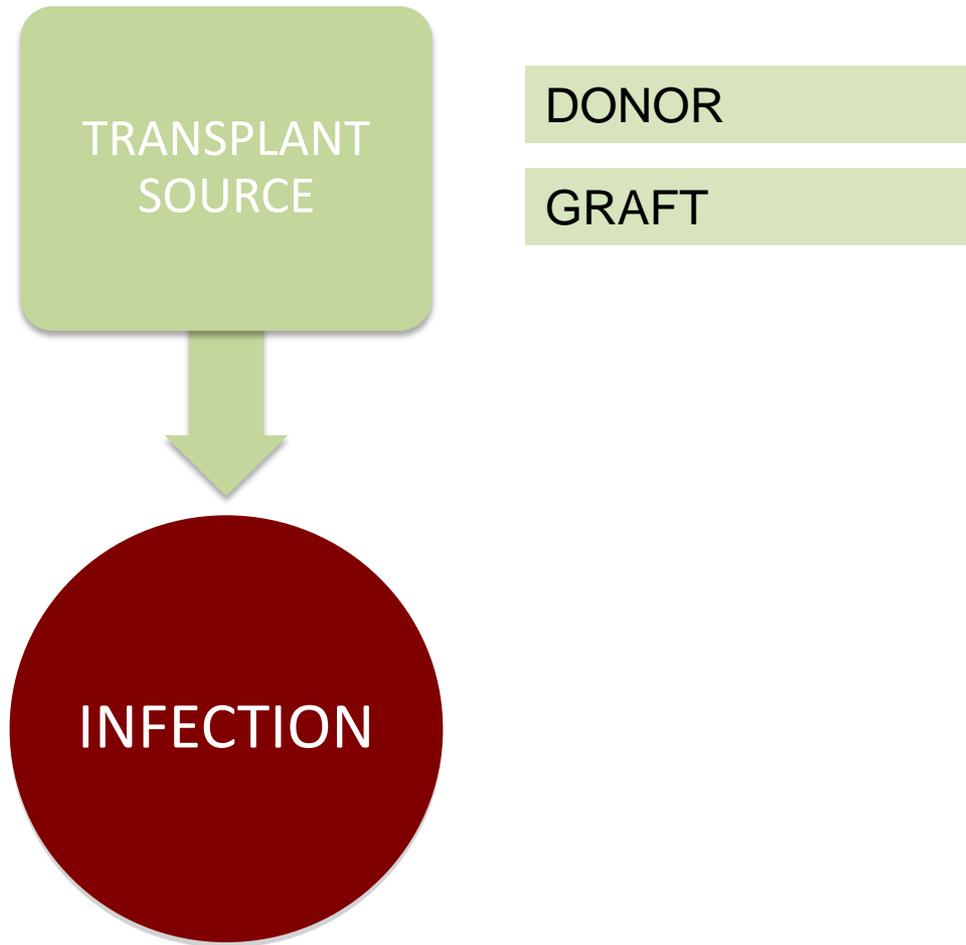
TABLE 169-3 HERPESVIRUS SYNDROMES OF TRANSPLANT RECIPIENTS

Virus	Reactivation Disease
Herpes simplex virus type 1	Oral lesions Esophageal lesions Pneumonia (primarily HSC transplant recipients) Hepatitis (rare)
Herpes simplex virus type 2	Anogenital lesions Hepatitis (rare)
Varicella-zoster virus	Zoster (can disseminate)
Cytomegalovirus	Associated with graft rejection Fever and malaise Bone marrow failure Pneumonitis Gastrointestinal disease
Epstein-Barr virus	B cell lymphoproliferative disease/ lymphoma Oral hairy leukoplakia (rare)
Human herpesvirus type 6	Fever Delayed monocyte/platelet engraftment Encephalitis (rare)
Human herpesvirus type 7	Undefined
Kaposi's sarcoma-associated virus	Kaposi's sarcoma Primary effusion lymphoma (rare) Multicentric Castleman's disease (rare) Marrow aplasia (rare)

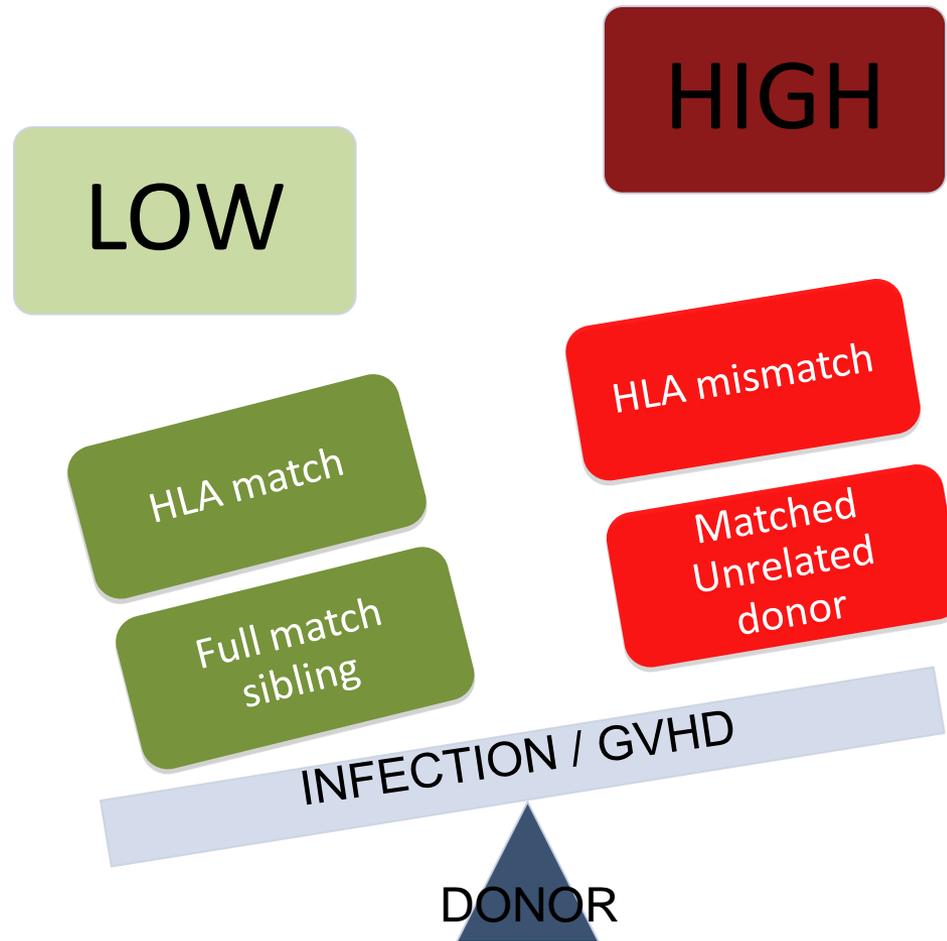
PRE-TRANSPLANT FACTORS

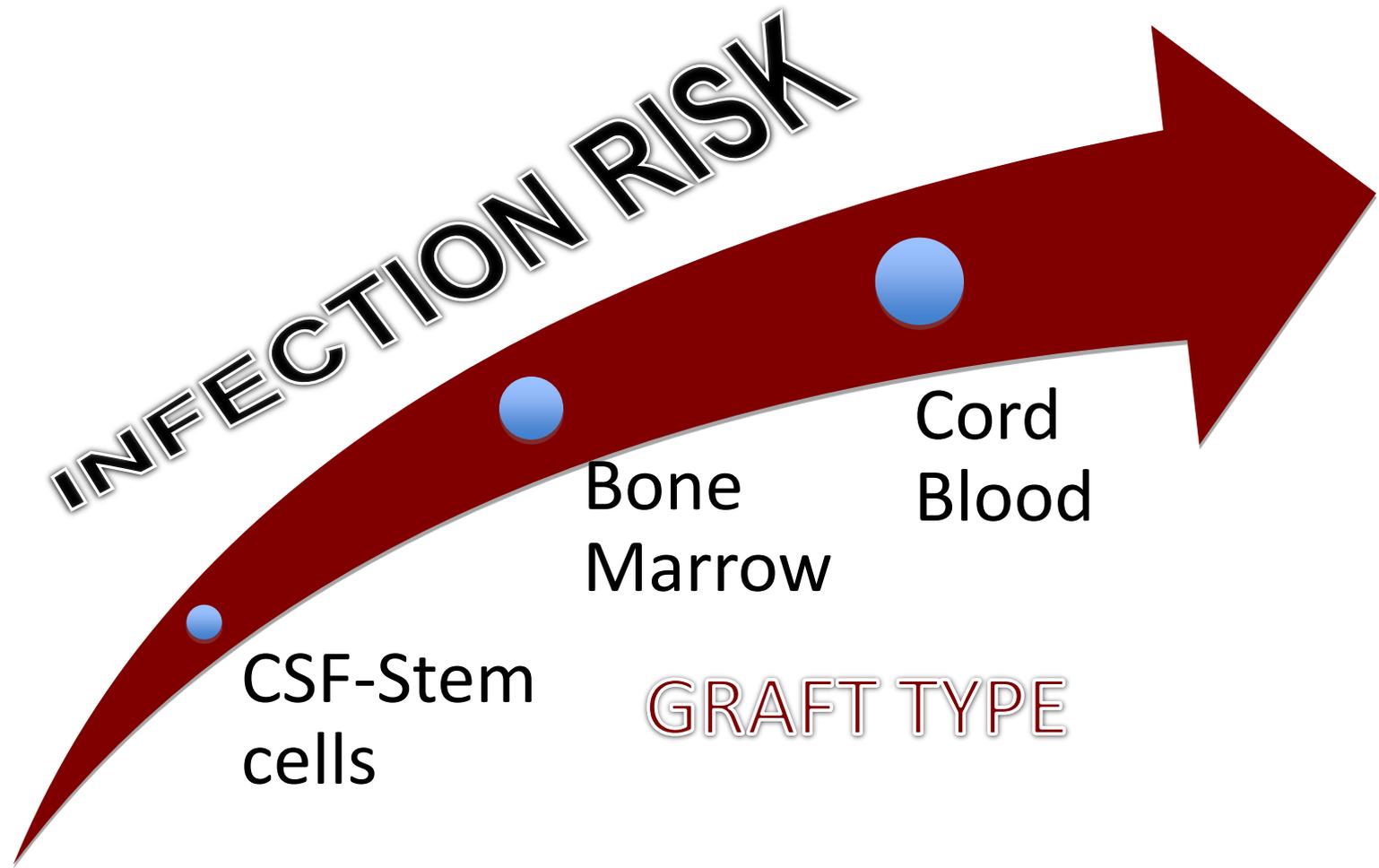
- Higher risk with extensive pretransplant immunosuppressive therapy (eg, fludarabine, clofaribine), prolonged pretransplant neutropenia, or pretransplant infection
- Higher risk with more advanced disease at the time of transplant

RISK FACTORS OF INFECTION in HSCT



TRANSPLANT SOURCE

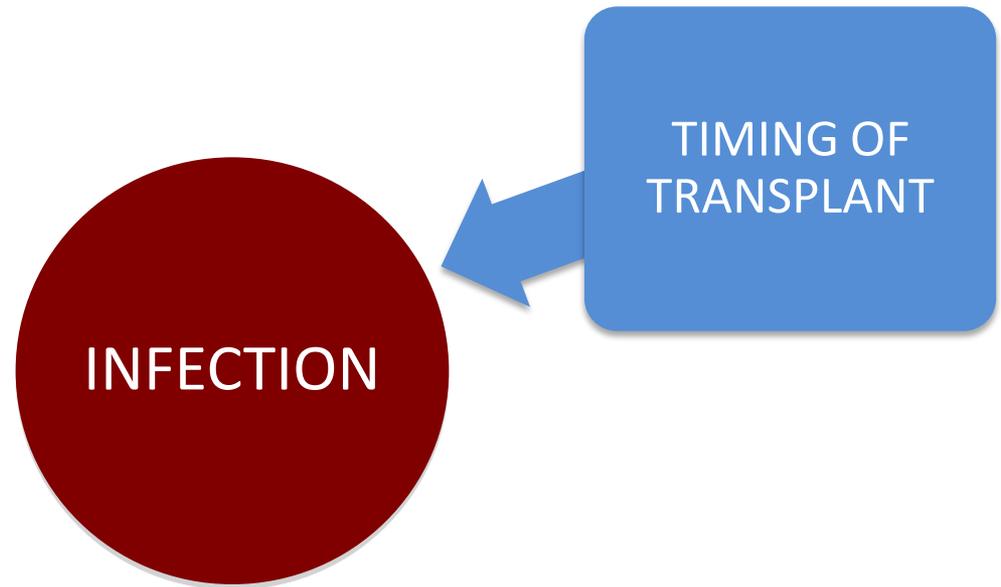




TRANSPLANT SOURCE

- The distinguishing determinant of infectious risk between between *autologous* and *allogeneic* grafts is the associated risk by ongoing immunosuppression from GVHD and its therapy

ELEMENTS OF INFECTION in HSCT



TIMING OF TRANSPLANT

- There are “3” periods of immunologic deficiency in HSCT recipients
 - Pre-engraftment (0-30 days)
 - Engraftment (30-100)
 - Post engraftment (>100)
- Understanding the immune deficiency in each period helps in recognizing uncommon presentation of infectious pathogens

Phases of Opportunistic Infections

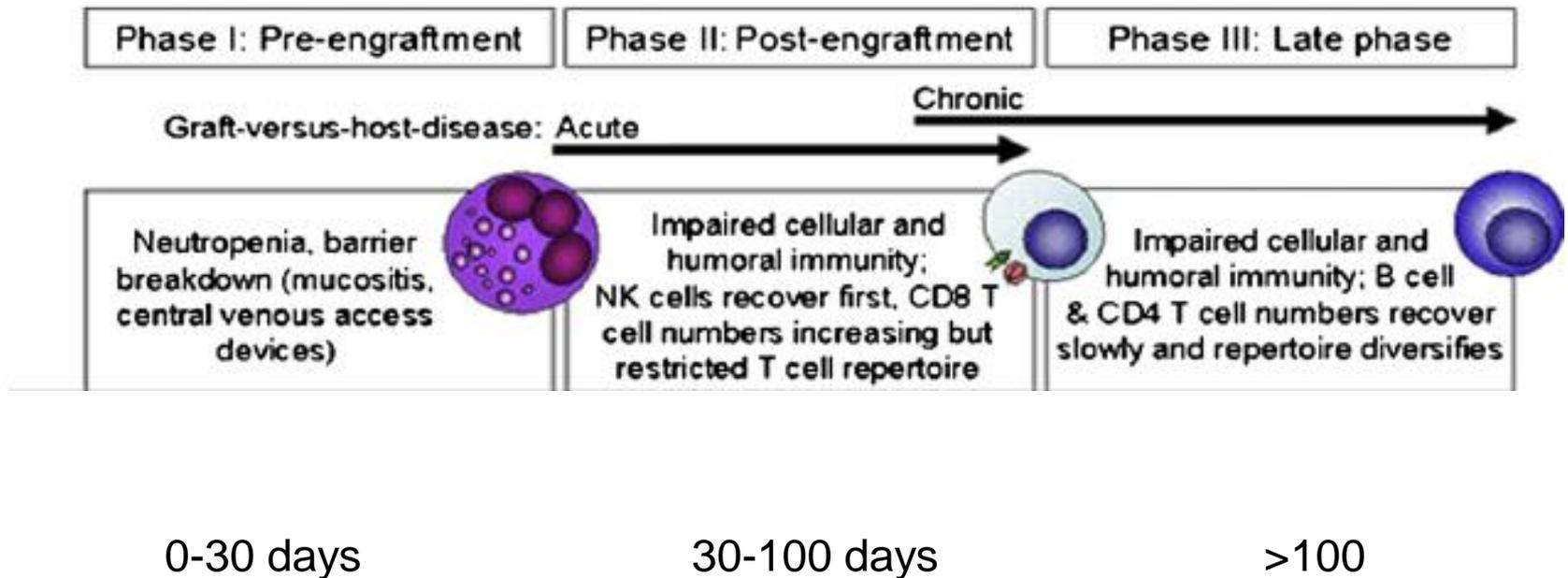
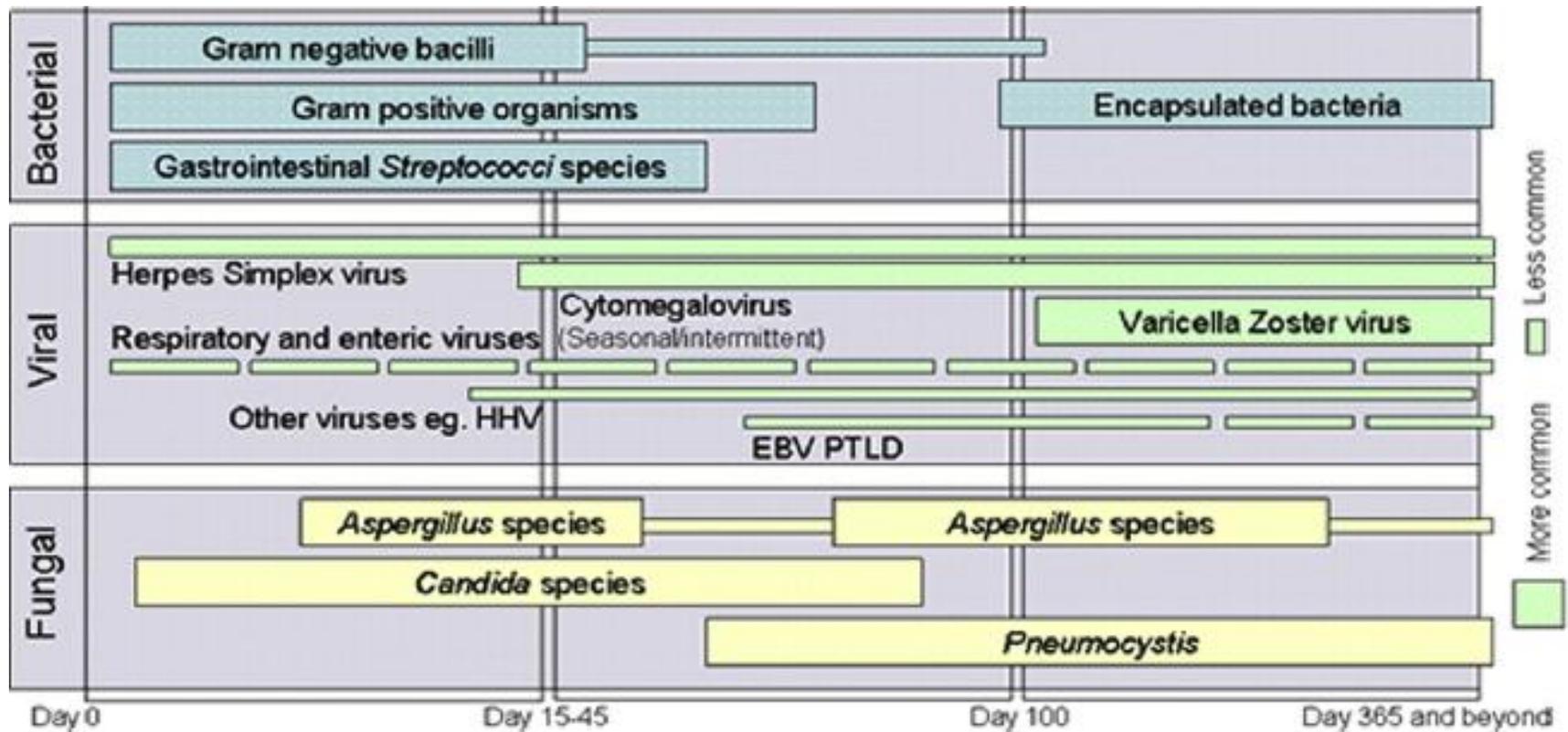


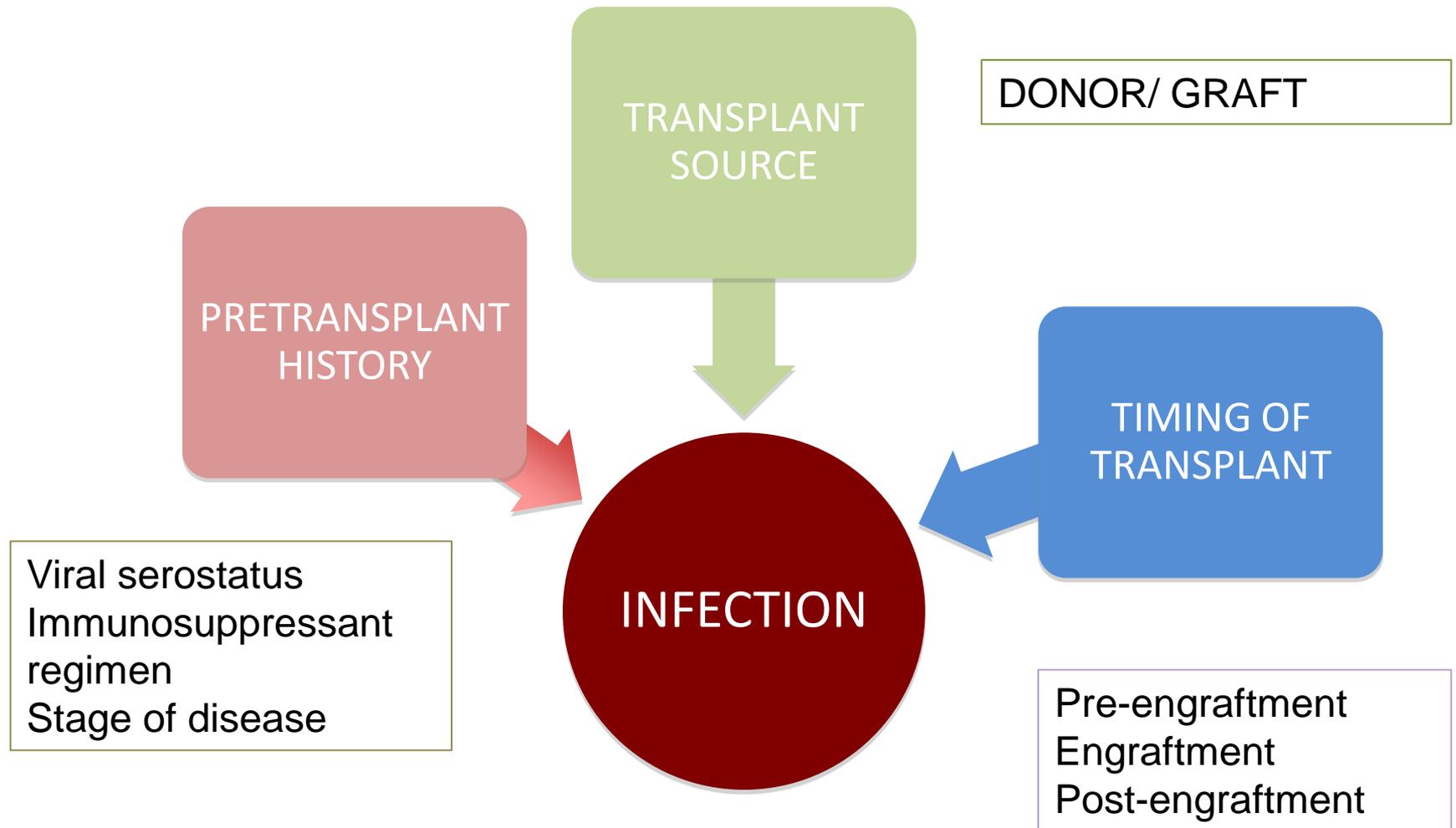
TABLE 169-2 COMMON SOURCES OF INFECTIONS AFTER HEMATOPOIETIC STEM CELL TRANSPLANTATION

Infection Site	Period after Transplantation		
	Early (<1 Month)	Middle (1–4 Months)	Late (>6 Months)
Disseminated	Aerobic bacteria (gram-negative, gram-positive)	<i>Candida</i> , <i>Aspergillus</i> , EBV	Encapsulated bacteria (<i>Streptococcus pneumoniae</i> , <i>Haemophilus influenzae</i> , <i>Neisseria meningitidis</i>)
Skin and mucous membranes	HSV	HHV-6	VZV, HPV (warts)
Lungs	Aerobic bacteria (gram-negative, gram-positive), <i>Candida</i> , <i>Aspergillus</i> , other molds, HSV	CMV, seasonal respiratory viruses, <i>Pneumocystis</i> , <i>Toxoplasma</i>	<i>Pneumocystis</i> , <i>Nocardia</i> , <i>S. pneumoniae</i>
Gastrointestinal tract	<i>Clostridium difficile</i>	CMV, adenovirus, <i>Bradyrhizobium enterica</i> (cord blood cells)	EBV, CMV, <i>B. enterica</i> (cord blood cells)
Kidney		BK virus, adenovirus	
Brain		HHV-6, <i>Toxoplasma</i>	<i>Toxoplasma</i> , JC virus (rare)
Bone marrow		CMV, HHV-6	CMV, HHV-6

Timeline



SUMMARY OF KEY RISK FACTORS



Reducing the risk of infection from transplant immunosuppression

PREVENTIVE STRATEGIES

- Ways to reduce risk of infection for SOT recipients
 - Donor selection/Donor and recipient screening
 - Vaccination
 - Pre-emptive treatment – starting treatment ONCE there is evidence of infection or disease
 - Universal prophylaxis – starting treatment for primary prevention BEFORE there is evidence of infection

TABLE 169-6 VACCINATION OF HEMATOPOIETIC STEM CELL TRANSPLANT (HSCT) AND SOLID ORGAN TRANSPLANT (SOT) RECIPIENTS

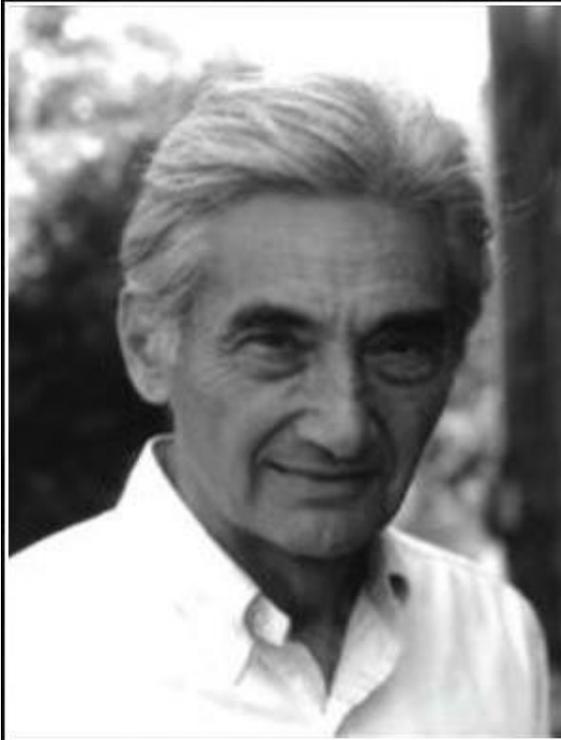
Vaccine	Type of Transplantation	
	HSCT	SOT ^a
<i>Streptococcus pneumoniae</i> , <i>Haemophilus influenzae</i> , <i>Neisseria meningitidis</i>	Immunize after transplantation. See CDC-ACIP recommendations. (For <i>S. pneumoniae</i> , a new primary series may be indicated.)	Immunize before transplantation. See CDC-ACIP recommendations. (For <i>S. pneumoniae</i> , a booster dose of polysaccharide vaccine after 5 years is recommended.)
Influenza	Vaccinate in the fall. Vaccinate close contacts.	Vaccinate in the fall. Vaccinate close contacts.
Polio	Administer inactivated vaccine.	Administer inactivated vaccine.
Measles/mumps/rubella	Immunize 24 months after transplantation if GVHD is absent.	Immunize before transplantation.
Diphtheria, pertussis, tetanus	Reimmunize after transplantation with primary series, DTaP. See IDSA 2013 recommendations (www.idsociety.org/Other_Guidelines/#immunizationFortheCompromisedHost).	Immunize or boost before transplantation with Tdap; give boosters at 10-year intervals or as required.
Hepatitis B and A	Reimmunize after transplantation. See recommendations.	Immunize before transplantation.
Human papillomavirus	Recommendations are pending (www.cdc.gov/std/hpv/stdfact-hpv-vaccine-hcp.htm).	Recommendations are pending.

TAKE HOME POINTS

- Individuals who undergo chemotherapy and transplant comprise a special population who are at increased risk of infection
- Both pre-transplant and transplant factors contribute to the increased risk of infection in SOT/HSCT patients.
- The TIMING OF INFECTION is critical in trying to determine the type of infection

TAKE HOME POINTS

- Understanding the underlying immune deficiency is KEY in identifying possible pathogens.
- SOT recipients are immune suppressed FOR LIFE, (while HSCT recipients are NOT, though recovery is prolonged).



History is important. If you don't know history it is as if you were born yesterday. And if you were born yesterday, anybody up there in a position of power can tell you anything, and you have no way of checking up on it.

— *Howard Zinn* —

AZ QUOTES

WHAT HAPPENED AUGUST 21, 1983?
(And no, It's not JUST Eid al-Adha (Feast
of the Sacrifice))

MAG-ARAL. MAGBASA.
(Facebook not counted)

QUESTIONS?

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